

Trial record **1 of 1** for: CZOL446N2312

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**Zoledronic Acid in the Prevention of Bone Loss in Postmenopausal Women With Osteopenia, 45 Years of Age and Older**

**This study has been completed.**

**Sponsor:**  
Novartis Pharmaceuticals

**Information provided by (Responsible Party):**  
Novartis ( Novartis Pharmaceuticals )

**ClinicalTrials.gov Identifier:**  
NCT00132808  
  
First received: August 18, 2005  
Last updated: July 31, 2012  
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[History of Changes](#)

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Results First Received: December 10, 2010

<b>Study Type:</b>	Interventional
<b>Study Design:</b>	Allocation: Randomized; Endpoint Classification: Safety/Efficacy Study; Intervention Model: Parallel Assignment; Masking: Double Blind (Subject, Caregiver, Investigator, Outcomes Assessor); Primary Purpose: Treatment
<b>Condition:</b>	Osteopenia
<b>Interventions:</b>	Drug: Zoledronic Acid Drug: Placebo

**Participant Flow**

[Hide Participant Flow](#)

**Recruitment Details**

Key information relevant to the recruitment process for the overall study, such as dates of the recruitment period and locations

No text entered.

**Pre-Assignment Details**

Significant events and approaches for the overall study following participant enrollment, but prior to group assignment

Eligible patients were stratified according to their duration of menopause (those less than 5 years from menopause were included in Stratum I, while those 5 or more years from menopause were included in Stratum II), and randomized equally to one of the three treatment groups.

**Reporting Groups**

	Description
<b>Zoledronic Acid 2x5 mg</b>	Zoledronic acid 5 mg intravenous (i.v.) given at randomization and Month 12
<b>Zoledronic Acid 1x5 mg</b>	Zoledronic acid 5 mg i.v. given at randomization and placebo at Month 12
<b>Placebo</b>	Placebo given at randomization and Month 12

**Participant Flow for 2 periods**

**Period 1: Stratum I**

	Zoledronic Acid 2x5 mg	Zoledronic Acid 1x5 mg	Placebo
STARTED	77	70	77
COMPLETED	68	58	72
NOT COMPLETED	9	12	5
Adverse Event	2	1	0
Lost to Follow-up	3	4	1
Withdrawal by Subject	4	7	3
Abnormal test procedure result (s)	0	0	1

**Period 2: Stratum II**

	Zoledronic Acid 2x5 mg	Zoledronic Acid 1x5 mg	Placebo
STARTED	121	111	125
COMPLETED	113	96	116
NOT COMPLETED	8	15	9
Adverse Event	1	2	1
Death	1	0	0
Lost to Follow-up	2	2	1
Protocol Violation	0	2	1
Withdrawal by Subject	4	9	6

**Baseline Characteristics**

 Hide Baseline Characteristics

**Population Description**

Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.

No text entered.

**Reporting Groups**

	Description
Zoledronic Acid 2x5 mg	Zoledronic acid 5 mg intravenous (i.v.) given at randomization and Month 12
Zoledronic Acid 1x5 mg	Zoledronic acid 5 mg i.v. given at randomization and placebo at Month 12
Placebo	Placebo given at randomization and Month 12
Total	Total of all reporting groups

**Baseline Measures**

	Zoledronic Acid 2x5 mg	Zoledronic Acid 1x5 mg	Placebo	Total
Number of Participants [units: participants]	198	181	202	581
Age [units: years] Mean (Standard Deviation)				
Stratum I (Women < 5 Years From Menopause)	53.6 (3.62)	53.7 (3.59)	54.4 (3.83)	53.9 (3.68)
	63.9 (6.62)	63.4 (7.74)		

Stratum II (Women >= 5 Years From Menopause)			64.2 (7.65)	63.8 (7.34)
Gender <sup>[1]</sup> [units: participants]				
Female	198	181	202	581
Male	0	0	0	0

[1] Data presented for Overall number of Participants and Gender include participants from both strata of the study.

**Outcome Measures**

[Hide All Outcome Measures](#)

1. Primary: Percentage Change in Lumbar Spine Bone Mineral Density (BMD) at Month 24 Relative to Baseline, by Stratum [ Time Frame: Baseline, Month 24 ]

Measure Type	Primary
Measure Title	Percentage Change in Lumbar Spine Bone Mineral Density (BMD) at Month 24 Relative to Baseline, by Stratum
Measure Description	The percentage change in lumbar spine BMD at Month 24 relative to baseline was derived as 100 x (lumbar spine BMD at 24 Month – lumbar spine BMD at baseline) / (lumbar spine BMD at baseline).
Time Frame	Baseline, Month 24
Safety Issue	No

**Population Description**

Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.

Intent to treat population. Last observation carried forward (LOCF) was utilized to impute missing data.

**Reporting Groups**

	Description
Zoledronic Acid 2x5 mg	Zoledronic acid 5 mg intravenous (i.v.) given at randomization and Month 12
Zoledronic Acid 1x5 mg	Zoledronic acid 5 mg i.v. given at randomization and placebo at Month 12
Placebo	Placebo given at randomization and Month 12

**Measured Values**

	Zoledronic Acid 2x5 mg	Zoledronic Acid 1x5 mg	Placebo
Number of Participants Analyzed [units: participants]	198	181	202
Percentage Change in Lumbar Spine Bone Mineral Density (BMD) at Month 24 Relative to Baseline, by Stratum [units: Percentage change in BMD] Least Squares Mean (Standard Error)			
Stratum I (Women < 5 Years From Menopause)	4.62 (0.444)	4.03 (0.444)	-2.24 (0.428)
Stratum II (Women >= 5 Years From Menopause)	5.60 (0.343)	4.76 (0.356)	-0.65 (0.339)

No statistical analysis provided for Percentage Change in Lumbar Spine Bone Mineral Density (BMD) at Month 24 Relative to Baseline, by Stratum

2. Secondary: Percentage Change in Total Hip BMD at Month 24 Relative to Baseline, by Stratum. [ Time Frame: Baseline, Month 24 ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Percentage Change in Total Hip BMD at Month 24 Relative to Baseline, by Stratum.
<b>Measure Description</b>	The percentage change in total hip BMD at Month 24 relative to baseline was derived as $100 \times (\text{total hip BMD at 24 Month} - \text{total hip BMD at baseline}) / (\text{total hip BMD at baseline})$ .
<b>Time Frame</b>	Baseline, Month 24
<b>Safety Issue</b>	No

**Population Description**

Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.

Intent to treat population with available data.

**Reporting Groups**

	Description
<b>Zoledronic Acid 2x5 mg</b>	Zoledronic acid 5 mg intravenous (i.v.) given at randomization and Month 12
<b>Zoledronic Acid 1x5 mg</b>	Zoledronic acid 5 mg i.v. given at randomization and placebo at Month 12
<b>Placebo</b>	Placebo given at randomization and Month 12

**Measured Values**

	Zoledronic Acid 2x5 mg	Zoledronic Acid 1x5 mg	Placebo
<b>Number of Participants Analyzed</b> [units: participants]	198	181	202
<b>Percentage Change in Total Hip BMD at Month 24 Relative to Baseline, by Stratum.</b> [units: Percentage change in BMD] Least Squares Mean (Standard Error)			
<b>Stratum I (Women &lt; 5 Years From Menopause)</b>	2.66 (0.318)	2.55 (0.317)	-2.10 (0.293)
<b>Stratum II (Women &gt;= 5 Years From Menopause)</b>	3.04 (0.265)	2.11 (0.282)	-1.04 (0.265)

No statistical analysis provided for Percentage Change in Total Hip BMD at Month 24 Relative to Baseline, by Stratum.

3. Secondary: Percentage Change in Femoral Neck BMD at Month 24 Relative to Baseline, by Stratum. [ Time Frame: Baseline, Month 24 ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Percentage Change in Femoral Neck BMD at Month 24 Relative to Baseline, by Stratum.
<b>Measure Description</b>	The percentage change in femoral neck BMD at Month 24 relative to baseline was derived as $100 \times (\text{femoral neck BMD at 24 Month} - \text{femoral neck BMD at baseline}) / (\text{femoral neck BMD at baseline})$ .
<b>Time Frame</b>	Baseline, Month 24
<b>Safety Issue</b>	No

**Population Description**

Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.

Intent to treat population with available data.

**Reporting Groups**

	Description
<b>Zoledronic Acid 2x5 mg</b>	Zoledronic acid 5 mg intravenous (i.v.) given at randomization and Month 12
<b>Zoledronic Acid 1x5 mg</b>	Zoledronic acid 5 mg i.v. given at randomization and placebo at Month 12
<b>Placebo</b>	Placebo given at randomization and Month 12

**Measured Values**

	Zoledronic Acid 2x5 mg	Zoledronic Acid 1x5 mg	Placebo
<b>Number of Participants Analyzed</b> [units: participants]	198	181	202
<b>Percentage Change in Femoral Neck BMD at Month 24 Relative to Baseline, by Stratum.</b> [units: Percentage change in BMD] Least Squares Mean (Standard Error)			
<b>Stratum I (Women &lt; 5 Years From Menopause)</b>	2.04 (0.550)	2.01 (0.549)	-1.55 (0.508)
<b>Stratum II (Women &gt;= 5 Years From Menopause)</b>	2.35 (0.344)	1.46 (0.366)	-1.18 (0.343)

No statistical analysis provided for Percentage Change in Femoral Neck BMD at Month 24 Relative to Baseline, by Stratum.

4. Secondary: Biochemical Marker of Bone Resorption: Serum Beta C-telopeptides (b-CTx), by Stratum [ Time Frame: Months 6, 12, 18 and 24 ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Biochemical Marker of Bone Resorption: Serum Beta C-telopeptides (b-CTx), by Stratum
<b>Measure Description</b>	Biomarker: Serum b-CTx levels at Months 6, 12, 18 and 24 by stratum.
<b>Time Frame</b>	Months 6, 12, 18 and 24
<b>Safety Issue</b>	Yes

**Population Description**

Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.

Intent to treat population with available data.

**Reporting Groups**

	Description
<b>Zoledronic Acid 2x5 mg</b>	Zoledronic acid 5 mg intravenous (i.v.) given at randomization and Month 12
<b>Zoledronic Acid 1x5 mg</b>	Zoledronic acid 5 mg i.v. given at randomization and placebo at Month 12
<b>Placebo</b>	Placebo given at randomization and Month 12

**Measured Values**

	Zoledronic Acid 2x5 mg	Zoledronic Acid 1x5 mg	Placebo
<b>Number of Participants Analyzed</b> [units: participants]	198	181	202

Biochemical Marker of Bone Resorption: Serum Beta C-telopeptides (b-CTX), by Stratum [units: ng/mL] Mean (Standard Deviation)			
Stratum I - Month 6	0.2217 (0.11791)	0.2286 (0.09630)	0.6439 (0.27902)
Stratum I - Month 12	0.2861 (0.13776)	0.3111 (0.13195)	0.6634 (0.25433)
Stratum I - Month 18	0.2187 (0.16812)	0.3605 (0.14847)	0.6444 (0.28254)
Stratum I - Month 24	0.2864 (0.12242)	0.3777 (0.14943)	0.6640 (0.27538)
Stratum II - Month 6	0.1918 (0.12648)	0.1888 (0.10625)	0.5802 (0.25034)
Stratum II - Month 12	0.2696 (0.18247)	0.2484 (0.11435)	0.5634 (0.23442)
Stratum II - Month 18	0.1986 (0.14900)	0.2854 (0.14391)	0.5742 (0.24399)
Stratum II - Month 24	0.2554 (0.17049)	0.3254 (0.15260)	0.6012 (0.26942)

No statistical analysis provided for Biochemical Marker of Bone Resorption: Serum Beta C-telopeptides (b-CTX), by Stratum

5. Secondary: Biochemical Marker of Bone Formation: Serum N-terminal Propeptide of Type 1 Collagen (P1NP), by Stratum [ Time Frame: Months 6, 12, 18 and 24 ]

Measure Type	Secondary
Measure Title	Biochemical Marker of Bone Formation: Serum N-terminal Propeptide of Type 1 Collagen (P1NP), by Stratum
Measure Description	Biomarker: Serum P1NP levels at Months 6, 12, 18 and 24 by stratum.
Time Frame	Months 6, 12, 18 and 24
Safety Issue	Yes

**Population Description**

Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.

Intent to treat population with available data.

**Reporting Groups**

	Description
Zoledronic Acid 2x5 mg	Zoledronic acid 5 mg intravenous (i.v.) given at randomization and Month 12
Zoledronic Acid 1x5 mg	Zoledronic acid 5 mg i.v. given at randomization and placebo at Month 12
Placebo	Placebo given at randomization and Month 12

**Measured Values**

	Zoledronic Acid 2x5 mg	Zoledronic Acid 1x5 mg	Placebo
Number of Participants Analyzed [units: participants]	198	181	202
Biochemical Marker of Bone Formation: Serum N-terminal Propeptide of Type 1 Collagen (P1NP), by Stratum			

[units: ng/mL] Mean (Standard Deviation)			
Stratum I - Month 6	20.851 (9.7724)	20.752 (9.7560)	59.449 (20.3291)
Stratum I - Month 12	28.231 (12.3748)	30.500 (14.8217)	55.166 (20.5274)
Stratum I - Month 18	20.102 (12.6635)	35.561 (14.1588)	55.775 (19.8842)
Stratum I - Month 24	28.288 (12.2706)	38.743 (14.7626)	56.315 (20.3715)
Stratum II - Month 6	19.369 (14.1819)	19.423 (16.6028)	50.271 (22.6624)
Stratum II - Month 12	28.333 (15.8193)	26.363 (13.1112)	49.581 (20.6559)
Stratum II - Month 18	19.031 (14.8270)	29.569 (14.7631)	46.943 (18.8147)
Stratum II - Month 24	26.211 (11.8566)	34.418 (15.4474)	51.621 (20.9281)

No statistical analysis provided for Biochemical Marker of Bone Formation: Serum N-terminal Propeptide of Type 1 Collagen (P1NP), by Stratum

6. Secondary: Biochemical Marker of Bone Formation: Bone Serum Alkaline Phosphatase (BSAP), by Stratum [ Time Frame: Months 6, 12, 18 and 24 ]

Measure Type	Secondary
Measure Title	Biochemical Marker of Bone Formation: Bone Serum Alkaline Phosphatase (BSAP), by Stratum
Measure Description	Biomarker: BSAP levels at Months 6, 12, 18 and 24 by stratum.
Time Frame	Months 6, 12, 18 and 24
Safety Issue	Yes

**Population Description**

Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.

Intent to treat population with available data.

**Reporting Groups**

	Description
Zoledronic Acid 2x5 mg	Zoledronic acid 5 mg intravenous (i.v.) given at randomization and Month 12
Zoledronic Acid 1x5 mg	Zoledronic acid 5 mg i.v. given at randomization and placebo at Month 12
Placebo	Placebo given at randomization and Month 12

**Measured Values**

	Zoledronic Acid 2x5 mg	Zoledronic Acid 1x5 mg	Placebo
Number of Participants Analyzed [units: participants]	198	181	202
Biochemical Marker of Bone Formation: Bone Serum Alkaline Phosphatase (BSAP), by Stratum [units: ng/mL] Mean (Standard Deviation)			

Stratum I - Month 6	8.718 (2.5827)	8.841 (2.2434)	13.982 (4.7106)
Stratum I - Month 12	9.945 (2.9027)	10.539 (2.9800)	14.127 (4.8981)
Stratum I - Month 18	8.365 (2.5574)	11.233 (3.1563)	14.149 (4.8878)
Stratum I - Month 24	9.799 (2.5836)	11.764 (3.8401)	14.353 (4.9089)
Stratum II - Month 6	8.219 (2.8126)	7.925 (2.2847)	13.394 (5.2169)
Stratum II - Month 12	9.678 (3.0216)	9.139 (2.4558)	13.650 (4.8295)
Stratum II - Month 18	8.357 (2.2152)	10.023 (2.8237)	13.222 (4.9167)
Stratum II - Month 24	9.730 (2.7591)	10.916 (3.5878)	13.902 (4.6302)

No statistical analysis provided for Biochemical Marker of Bone Formation: Bone Serum Alkaline Phosphatase (BSAP), by Stratum

**Serious Adverse Events**

 Hide Serious Adverse Events

Time Frame	No text entered.
Additional Description	No text entered.

**Reporting Groups**

	Description
Zoledronic Acid 2x5 mg	Zoledronic acid 5 mg intravenous (i.v.) given at randomization and Month 12
Zoledronic Acid 1x5 mg	Zoledronic acid 5 mg i.v. given at randomization and placebo at Month 12
Placebo	Placebo given at randomization and Month 12

**Serious Adverse Events**

	Zoledronic Acid 2x5 mg	Zoledronic Acid 1x5 mg	Placebo
<b>Total, serious adverse events</b>			
# participants affected / at risk	21/198 (10.61%)	17/181 (9.39%)	23/202 (11.39%)
<b>Cardiac disorders</b>			
Angina pectoris <sup>†1</sup>			
# participants affected / at risk	2/198 (1.01%)	1/181 (0.55%)	1/202 (0.50%)
<b>Endocrine disorders</b>			
Thyroid mass <sup>†1</sup>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Eye disorders</b>			
Cataract <sup>†1</sup>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Gastrointestinal disorders</b>			

<b>Abdominal pain</b> † <sup>1</sup>			
# participants affected / at risk	2/198 (1.01%)	0/181 (0.00%)	1/202 (0.50%)
<b>Crohn's disease</b> † <sup>1</sup>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Diverticulum intestinal</b> † <sup>1</sup>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Duodenal ulcer haemorrhage</b> † <sup>1</sup>			
# participants affected / at risk	0/198 (0.00%)	1/181 (0.55%)	0/202 (0.00%)
<b>Dyspepsia</b> † <sup>1</sup>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Gastroesophageal reflux disease</b> † <sup>1</sup>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Hiatus hernia</b> † <sup>1</sup>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Ileus</b> † <sup>1</sup>			
# participants affected / at risk	0/198 (0.00%)	1/181 (0.55%)	0/202 (0.00%)
<b>Ileus paralytic</b> † <sup>1</sup>			
# participants affected / at risk	0/198 (0.00%)	1/181 (0.55%)	0/202 (0.00%)
<b>Intestinal polyp</b> † <sup>1</sup>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Intestinal prolapse</b> † <sup>1</sup>			
# participants affected / at risk	0/198 (0.00%)	1/181 (0.55%)	0/202 (0.00%)
<b>Large intestine perforation</b> † <sup>1</sup>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Nausea</b> † <sup>1</sup>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Pancreatitis</b> † <sup>1</sup>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Rectal haemorrhage</b> † <sup>1</sup>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Rectal prolapse</b> † <sup>1</sup>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Vomiting</b> † <sup>1</sup>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>General disorders</b>			
<b>Non-cardiac chest pain</b> † <sup>1</sup>			
# participants affected / at risk	2/198 (1.01%)	3/181 (1.66%)	1/202 (0.50%)
<b>Hepatobiliary disorders</b>			
<b>Cholecystitis</b> † <sup>1</sup>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Immune system disorders</b>			
<b>Hypersensitivity</b> † <sup>1</sup>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Infections and infestations</b>			
<b>Bronchitis</b> † <sup>1</sup>			

# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Cystitis</b> <sup>†1</sup>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Osteomyelitis</b> <sup>†1</sup>			
# participants affected / at risk	0/198 (0.00%)	1/181 (0.55%)	0/202 (0.00%)
<b>Parotitis</b> <sup>†1</sup>			
# participants affected / at risk	0/198 (0.00%)	1/181 (0.55%)	0/202 (0.00%)
<b>Pelvic abscess</b> <sup>†1</sup>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Sepsis</b> <sup>†1</sup>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Sinusitis</b> <sup>†1</sup>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Injury, poisoning and procedural complications</b>			
<b>Collapse of lung</b> <sup>†1</sup>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Femur fracture</b> <sup>†1</sup>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Subdural haematoma</b> <sup>†1</sup>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Wrist fracture</b> <sup>†1</sup>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Metabolism and nutrition disorders</b>			
<b>Dehydration</b> <sup>†1</sup>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Hypocalcaemia</b> <sup>†1</sup>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Hyponatraemia</b> <sup>†1</sup>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Musculoskeletal and connective tissue disorders</b>			
<b>Arthralgia</b> <sup>†1</sup>			
# participants affected / at risk	0/198 (0.00%)	2/181 (1.10%)	0/202 (0.00%)
<b>Arthritis</b> <sup>†1</sup>			
# participants affected / at risk	1/198 (0.51%)	1/181 (0.55%)	0/202 (0.00%)
<b>Intervertebral disc protrusion</b> <sup>†1</sup>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Loose body in joint</b> <sup>†1</sup>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Lumbar spinal stenosis</b> <sup>†1</sup>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Osteoarthritis</b> <sup>†1</sup>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Osteonecrosis</b> <sup>†1</sup>			
# participants affected / at risk	0/198 (0.00%)	1/181 (0.55%)	0/202 (0.00%)
<b>Pain in extremity</b> <sup>†1</sup>			

# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Tendon disorder <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	1/181 (0.55%)	0/202 (0.00%)
<b>Neoplasms benign, malignant and unspecified (incl cysts and polyps)</b>			
<b>Basal cell carcinoma <sup>†1</sup></b>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Breast cancer <sup>†1</sup></b>			
# participants affected / at risk	1/198 (0.51%)	1/181 (0.55%)	1/202 (0.50%)
<b>Cardiac neoplasm unspecified <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Colon cancer <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	1/181 (0.55%)	0/202 (0.00%)
<b>Laryngeal cancer <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	1/181 (0.55%)	0/202 (0.00%)
<b>Malignant melanoma <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Malignant peritoneal neoplasm <sup>†1</sup></b>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Metastases to spine <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Metastatic neoplasm <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Nasopharyngeal cancer <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Neurilemmoma <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	1/181 (0.55%)	0/202 (0.00%)
<b>Ovarian cancer <sup>†1</sup></b>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Pleural mesothelioma malignant <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Nervous system disorders</b>			
<b>Cerebral haemorrhage <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	1/181 (0.55%)	0/202 (0.00%)
<b>Convulsion <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Encephalopathy <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Global amnesia <sup>†1</sup></b>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Hypoaesthesia <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Lumbar radiculopathy <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	1/181 (0.55%)	0/202 (0.00%)
<b>Syncope <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	1/181 (0.55%)	2/202 (0.99%)

<b>Psychiatric disorders</b>			
<b>Bipolar disorder <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	1/181 (0.55%)	0/202 (0.00%)
<b>Depression <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Psychotic disorder <sup>†1</sup></b>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Renal and urinary disorders</b>			
<b>Bladder prolapse <sup>†1</sup></b>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Pollakiuria <sup>†1</sup></b>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Renal failure acute <sup>†1</sup></b>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Reproductive system and breast disorders</b>			
<b>Endometrial metaplasia <sup>†1</sup></b>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Uterine prolapse <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Respiratory, thoracic and mediastinal disorders</b>			
<b>Asthma <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Pneumothorax <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Pulmonary embolism <sup>†1</sup></b>			
# participants affected / at risk	0/198 (0.00%)	0/181 (0.00%)	1/202 (0.50%)
<b>Vascular disorders</b>			
<b>Arterial occlusive disease <sup>†1</sup></b>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Hypertension <sup>†1</sup></b>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Leriche syndrome <sup>†1</sup></b>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)
<b>Varicose vein <sup>†1</sup></b>			
# participants affected / at risk	1/198 (0.51%)	0/181 (0.00%)	0/202 (0.00%)

<sup>†</sup> Events were collected by systematic assessment

<sup>1</sup> Term from vocabulary, MedDRA

**Other Adverse Events**

 Hide Other Adverse Events

<b>Time Frame</b>	No text entered.
<b>Additional Description</b>	No text entered.

**Frequency Threshold**

Threshold above which other adverse events are reported	5%
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**Reporting Groups**

	Description
Zoledronic Acid 2x5 mg	Zoledronic acid 5 mg intravenous (i.v.) given at randomization and Month 12
Zoledronic Acid 1x5 mg	Zoledronic acid 5 mg i.v. given at randomization and placebo at Month 12
Placebo	Placebo given at randomization and Month 12

**Other Adverse Events**

	Zoledronic Acid 2x5 mg	Zoledronic Acid 1x5 mg	Placebo
<b>Total, other (not including serious) adverse events</b>			
# participants affected / at risk	177/198 (89.39%)	158/181 (87.29%)	160/202 (79.21%)
<b>Gastrointestinal disorders</b>			
Abdominal pain <sup>†1</sup>			
# participants affected / at risk	11/198 (5.56%)	6/181 (3.31%)	6/202 (2.97%)
Constipation <sup>†1</sup>			
# participants affected / at risk	13/198 (6.57%)	13/181 (7.18%)	14/202 (6.93%)
Diarrhoea <sup>†1</sup>			
# participants affected / at risk	16/198 (8.08%)	12/181 (6.63%)	16/202 (7.92%)
Dyspepsia <sup>†1</sup>			
# participants affected / at risk	13/198 (6.57%)	12/181 (6.63%)	10/202 (4.95%)
Gastroesophageal reflux disease <sup>†1</sup>			
# participants affected / at risk	9/198 (4.55%)	5/181 (2.76%)	12/202 (5.94%)
Nausea <sup>†1</sup>			
# participants affected / at risk	34/198 (17.17%)	21/181 (11.60%)	16/202 (7.92%)
Vomiting <sup>†1</sup>			
# participants affected / at risk	14/198 (7.07%)	9/181 (4.97%)	9/202 (4.46%)
<b>General disorders</b>			
Asthenia <sup>†1</sup>			
# participants affected / at risk	12/198 (6.06%)	5/181 (2.76%)	2/202 (0.99%)
Chills <sup>†1</sup>			
# participants affected / at risk	36/198 (18.18%)	33/181 (18.23%)	6/202 (2.97%)
Fatigue <sup>†1</sup>			
# participants affected / at risk	29/198 (14.65%)	18/181 (9.94%)	8/202 (3.96%)
Non-cardiac chest pain <sup>†1</sup>			
# participants affected / at risk	6/198 (3.03%)	12/181 (6.63%)	6/202 (2.97%)
Oedema peripheral <sup>†1</sup>			
# participants affected / at risk	11/198 (5.56%)	7/181 (3.87%)	7/202 (3.47%)
Pain <sup>†1</sup>			
# participants affected / at risk	48/198 (24.24%)	27/181 (14.92%)	7/202 (3.47%)
Pyrexia <sup>†1</sup>			
# participants affected / at risk	43/198 (21.72%)	38/181 (20.99%)	9/202 (4.46%)
<b>Infections and infestations</b>			

<b>Bronchitis</b> † <sup>1</sup>			
# participants affected / at risk	12/198 (6.06%)	14/181 (7.73%)	22/202 (10.89%)
<b>Influenza</b> † <sup>1</sup>			
# participants affected / at risk	12/198 (6.06%)	15/181 (8.29%)	12/202 (5.94%)
<b>Nasopharyngitis</b> † <sup>1</sup>			
# participants affected / at risk	27/198 (13.64%)	17/181 (9.39%)	23/202 (11.39%)
<b>Sinusitis</b> † <sup>1</sup>			
# participants affected / at risk	16/198 (8.08%)	12/181 (6.63%)	24/202 (11.88%)
<b>Upper respiratory tract infection</b> † <sup>1</sup>			
# participants affected / at risk	27/198 (13.64%)	19/181 (10.50%)	23/202 (11.39%)
<b>Urinary tract infection</b> † <sup>1</sup>			
# participants affected / at risk	22/198 (11.11%)	16/181 (8.84%)	25/202 (12.38%)
<b>Metabolism and nutrition disorders</b>			
<b>Hypercholesterolaemia</b> † <sup>1</sup>			
# participants affected / at risk	7/198 (3.54%)	10/181 (5.52%)	4/202 (1.98%)
<b>Musculoskeletal and connective tissue disorders</b>			
<b>Arthralgia</b> † <sup>1</sup>			
# participants affected / at risk	54/198 (27.27%)	34/181 (18.78%)	39/202 (19.31%)
<b>Back pain</b> † <sup>1</sup>			
# participants affected / at risk	36/198 (18.18%)	30/181 (16.57%)	24/202 (11.88%)
<b>Bone pain</b> † <sup>1</sup>			
# participants affected / at risk	10/198 (5.05%)	6/181 (3.31%)	2/202 (0.99%)
<b>Muscle spasms</b> † <sup>1</sup>			
# participants affected / at risk	11/198 (5.56%)	5/181 (2.76%)	10/202 (4.95%)
<b>Musculoskeletal pain</b> † <sup>1</sup>			
# participants affected / at risk	11/198 (5.56%)	10/181 (5.52%)	11/202 (5.45%)
<b>Myalgia</b> † <sup>1</sup>			
# participants affected / at risk	38/198 (19.19%)	41/181 (22.65%)	14/202 (6.93%)
<b>Neck pain</b> † <sup>1</sup>			
# participants affected / at risk	10/198 (5.05%)	12/181 (6.63%)	10/202 (4.95%)
<b>Osteoarthritis</b> † <sup>1</sup>			
# participants affected / at risk	5/198 (2.53%)	3/181 (1.66%)	16/202 (7.92%)
<b>Pain in extremity</b> † <sup>1</sup>			
# participants affected / at risk	22/198 (11.11%)	29/181 (16.02%)	20/202 (9.90%)
<b>Nervous system disorders</b>			
<b>Dizziness</b> † <sup>1</sup>			
# participants affected / at risk	15/198 (7.58%)	11/181 (6.08%)	7/202 (3.47%)
<b>Headache</b> † <sup>1</sup>			
# participants affected / at risk	29/198 (14.65%)	37/181 (20.44%)	23/202 (11.39%)
<b>Hypoaesthesia</b> † <sup>1</sup>			
# participants affected / at risk	11/198 (5.56%)	4/181 (2.21%)	3/202 (1.49%)
<b>Psychiatric disorders</b>			
<b>Insomnia</b> † <sup>1</sup>			
# participants affected / at risk	6/198 (3.03%)	5/181 (2.76%)	12/202 (5.94%)
<b>Respiratory, thoracic and mediastinal disorders</b>			

<b>Cough</b> † <sup>1</sup>			
<b># participants affected / at risk</b>	<b>17/198 (8.59%)</b>	<b>11/181 (6.08%)</b>	<b>10/202 (4.95%)</b>
<b>Vascular disorders</b>			
<b>Hypertension</b> † <sup>1</sup>			
<b># participants affected / at risk</b>	<b>9/198 (4.55%)</b>	<b>15/181 (8.29%)</b>	<b>14/202 (6.93%)</b>

† Events were collected by systematic assessment

<sup>1</sup> Term from vocabulary, MedDRA

### ▶ Limitations and Caveats

▢ Hide Limitations and Caveats

Limitations of the study, such as early termination leading to small numbers of participants analyzed and technical problems with measurement leading to unreliable or uninterpretable data

No text entered.

### ▶ More Information

▢ Hide More Information

#### Certain Agreements:

Principal Investigators are **NOT** employed by the organization sponsoring the study.

There **IS** an agreement between Principal Investigators and the Sponsor (or its agents) that restricts the PI's rights to discuss or publish trial results after the trial is completed.

The agreement is:

The only disclosure restriction on the PI is that the sponsor can review results communications prior to public release and can embargo communications regarding trial results for a period that is **less than or equal to 60 days**. The sponsor cannot require changes to the communication and cannot extend the embargo.

The only disclosure restriction on the PI is that the sponsor can review results communications prior to public release and can embargo communications regarding trial results for a period that is **more than 60 days but less than or equal to 180 days**. The sponsor cannot require changes to the communication and cannot extend the embargo.

Other disclosure agreement that restricts the right of the PI to discuss or publish trial results after the trial is completed.

**Restriction Description:** The terms and conditions of Novartis' agreements with its investigators may vary. However, Novartis does not prohibit any investigator from publishing. Any publications from a single-site are postponed until the publication of the pooled data (i.e., data from all sites) in the clinical trial.

#### Results Point of Contact:

Name/Title: Study Director

Organization: Novartis Pharmaceuticals

phone: 862-778-8300

#### No publications provided by Novartis

#### Publications automatically indexed to this study:

Grbic JT, Black DM, Lyles KW, Reid DM, Orwoll E, McClung M, Bucci-Rechtweg C, Su G. The incidence of osteonecrosis of the jaw in patients receiving 5 milligrams of zoledronic acid: data from the health outcomes and reduced incidence with zoledronic acid once yearly clinical trials program. *J Am Dent Assoc.* 2010 Nov;141(11):1365-70.

McClung M, Miller P, Recknor C, Mesenbrink P, Bucci-Rechtweg C, Benhamou CL. Zoledronic acid for the prevention of bone loss in postmenopausal women with low bone mass: a randomized controlled trial. *Obstet Gynecol.* 2009 Nov;114(5):999-1007. doi: 10.1097/AOG.0b013e3181bdce0a.

Responsible Party: Novartis ( Novartis Pharmaceuticals )

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Last Updated: July 31, 2012  
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