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 <b>BERLIN-CHEMIE MENARINI</b>	EudraCT Number:	2005-000736-24
	Trial Number:	BCBe/03/Pan-CPI/003
Synopsis of the Clinical Trial Report		

**Pancreatin in patients with pancreatic exocrine insufficiency**

## 1 Study Synopsis

**Clinical Trial Number:** BCBe/03/Pan-CPI/003

**Sponsor's Responsible Persons:** [REDACTED]  
[REDACTED]  
[REDACTED]  
[REDACTED]  
[REDACTED]  
[REDACTED]  
[REDACTED]  
[REDACTED]

**Test Drug:** Helopanflat® mono 10.000 (Nordmark).  
Dose Test Drug: 4 enteric-coated tablets with porcine pancreatin with a total activity of 40.000 Ph.Eur. units lipase, at least 36.000 Ph.Eur. units amylase, at least 2.000 Ph.Eur. units protease.

Dose Comparator Drug: 4 enteric-coated placebo tablets.

Active ingredient: pancreatin

Mode of administration: oral

Dose: 4 tablets for 1 single administration

Batch no.: 280104

**Comparator Drug:** matching Placebo

Dose: 4 gastro-resistant film-coated placebo tablets.

Batch no.: 101203

**Indication Studied:** Pancreatic exocrine insufficiency due to chronic pancreatitis

**Clinical Trial Phase:** Phase IV

**Number of Patients:** Planned: 20 evaluable patients  
Analyzed: 7 patients after study discontinuation

(study was discontinued because in a parallel performed similar study the used screening elastase testing showed false positive results, hence the efficacy of the test product was not significant)

**Enrolment of First Patient:** 01.02.2005

**Last Visit of Last Patient:** 21.07.2005

**Date of Early Termination** The study was prematurely discontinued on 31.10.05

**Duration of Treatment for Each Patient:** 2 single applications separated by a wash-out phase of three days (cross-over design vs. placebo)

9-19 days

**Number of Clinical Trial Centers:** 3 centres in Ger and CZ PL

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**Coordinating Investigator:**

[REDACTED]

**Investigators:**

[REDACTED]

**Objectives / Criteria for evaluation (efficacy and safety)**

Primary objective:

- To evaluate the difference between <sup>13</sup>C-exhalation (in terms of cumulative percentage of <sup>13</sup>C-dose exhaled per hour after 6 hours starting with the end of the test meal) as a marker of lipid digestion and absorption during treatment with verum and placebo.

Secondary objective(s):

- Difference between the maximum percentage of <sup>13</sup>C-dose exhaled per hour within 8 hours during treatment with verum and placebo.
- Difference between <sup>13</sup>C-exhalation (in terms of cumulative percentage of <sup>13</sup>C-dose exhaled per hour in 1h-intervals, for 8 hours) during treatment with verum and placebo.
- Safety and tolerability of trial medication versus placebo (vital signs, laboratory parameters, physical examinations, ECG, Adverse Events).

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**Pancreatin in patients with pancreatic exocrine insufficiency**

**Methodology**

- Standardised <sup>13</sup>C-mixed triglyceride breath test performed twice with patients with known and documented pancreatic exocrine insufficiency, once with verum, once with placebo in a randomised double blind cross-over design.
- Collection of breath samples before and every 30 min for 8 hours after ingestion of a test meal with <sup>13</sup>C-mixed triglycerides, additional standardised meal allowed after 6.5 h.
- Trial medication should be taken unchewed in the middle of the test meal at 08:00 +/- 2 hrs.
- Measurement of <sup>13</sup>C-concentration in all breath samples by isotope-selective non-dispersive infrared spectrometry.
- Documentation of Adverse Events by the investigator.

**Diagnosis and main inclusion criteria**

1. Chronic pancreatitis documented by a score of 4 or more added-up using the following scoring system (modified according to Layer et al. (1994)):
2. Faecal elastase 1 test result < 100 µg/g faeces at Screening.

**Statistical method**

The primary objective of the double blind, randomised cross-over trial is to confirm the superiority of the trial drug versus placebo with regard to the difference in <sup>13</sup>C-exhalation (in terms of cumulative percentage of <sup>13</sup>C-dose exhaled per hour after 6 hours starting with the end of the test meal). The difference in <sup>13</sup>C-exhalation will be assessed by an Analysis of Covariance (or similar non-parametric approaches).

**summary conclusions**

**Efficacy results**

Due to the prematurely discontinuation of the study only 7 patients instead of 20 patients were enrolled. Superiority of Helopanflat@mono vs. placebo could not be shown for the primary efficacy parameter. All data were listed but the planned statistical tests were not performed. At visit 4 after 6 h the CO<sub>2</sub> in the placebo group was 3,13% and in the Pancreatin group 3,45 and at Visit 5 for the placebo group 3,35 and for the pancreatin group 2,93.

**Safety results**

No SAE occurred during the course of the trial. No remarkable changes in vital signs, ECG or physical findings occurred during the trial. The evaluation of routine laboratory examination, physical examinations, ECG recordings and measurement of vital signs (blood pressure, pulse rate and body weight) revealed that administration of gastro-resistant film-coated tablet with porcine pancreatin (Helopanflat®mono) was well tolerated and safe.