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Trial record **1 of 1** for: CZOL446EIT14

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## Safety and Efficacy of Zoledronic Acid in Patients With Breast Cancer With Metastatic Bone Lesions

**This study has been completed.**

**Sponsor:**

Novartis Pharmaceuticals

**Information provided by (Responsible Party):**

Novartis ( Novartis Pharmaceuticals )

**ClinicalTrials.gov Identifier:**

NCT00375427

First received: September 12, 2006

Last updated: April 9, 2012

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Results First Received: February 28, 2011

<b>Study Type:</b>	Interventional
<b>Study Design:</b>	Allocation: Randomized; Endpoint Classification: Safety/Efficacy Study; Intervention Model: Parallel Assignment; Masking: Open Label; Primary Purpose: Treatment
<b>Condition:</b>	Breast Cancer With Bone Metastasis
<b>Intervention:</b>	Drug: Zoledronic acid

### Participant Flow

 Hide Participant Flow

### Recruitment Details

Key information relevant to the recruitment process for the overall study, such as dates of the recruitment period and locations

Total enrollment was 430; five participants were screened but not treated.

### Pre-Assignment Details

Significant events and approaches for the overall study following participant enrollment, but prior to group assignment

No text entered.

### Reporting Groups

	Description
<b>Zoledronic Acid Every 3 Months</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every three months. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Randomized participants received a maximum of 4 infusions in this group.
<b>Zoledronic Acid Every 4 Weeks</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every 4 weeks. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Participants randomized to this group received up to 12 infusions.

### Participant Flow: Overall Study

	Zoledronic Acid Every 3 Months	Zoledronic Acid Every 4 Weeks
<b>STARTED</b>	209 <sup>[1]</sup>	216
<b>COMPLETED</b>	149	142
<b>NOT COMPLETED</b>	60	74
<b>Adverse Event</b>	21	27
<b>Abnormal test procedure result(s)</b>	0	1
<b>Abnormal laboratory value(s)</b>	1	2

<b>Unsatisfactory therapeutic effect</b>	<b>4</b>	<b>4</b>
<b>Patient no longer requires study drug</b>	<b>3</b>	<b>7</b>
<b>Protocol Violation</b>	<b>10</b>	<b>8</b>
<b>Withdrawal by Subject</b>	<b>9</b>	<b>13</b>
<b>Lost to Follow-up</b>	<b>1</b>	<b>1</b>
<b>Administrative reasons</b>	<b>0</b>	<b>1</b>
<b>Death</b>	<b>11</b>	<b>10</b>

[1] Total enrollment was 430 but five patients were screened but not treated.

## ▶ Baseline Characteristics

▢ Hide Baseline Characteristics

### Population Description

Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.

No text entered.

### Reporting Groups

	Description
<b>Zoledronic Acid Every 3 Months</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every three months. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Randomized participants received a maximum of 4 infusions in this group.
<b>Zoledronic Acid Every 4 Weeks</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every 4 weeks. The dose of study drug was the as same administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Participants randomized to this group received up to 12 infusions.
<b>Total</b>	Total of all reporting groups

**Baseline Measures**

	Zoledronic Acid Every 3 Months	Zoledronic Acid Every 4 Weeks	Total
<b>Number of Participants</b> [units: participants]	<b>209</b>	<b>216</b>	<b>425</b>
<b>Age</b> [units: years] Mean (Standard Deviation)	<b>60.4 (11.9)</b>	<b>59.8 (11.8)</b>	<b>60.1 (11.9)</b>
<b>Gender</b> [units: participants]			
<b>Female</b>	<b>209</b>	<b>216</b>	<b>425</b>
<b>Male</b>	<b>0</b>	<b>0</b>	<b>0</b>

**▶ Outcome Measures**

 [Hide All Outcome Measures](#)

## 1. Primary: Annual Overall Skeletal Morbidity Rate (SMR) [ Time Frame: 12 months ]

<b>Measure Type</b>	Primary
<b>Measure Title</b>	Annual Overall Skeletal Morbidity Rate (SMR)
<b>Measure Description</b>	<p>The SMR was computed by summing all Skeletal Related Event(s) (SREs) which occurred during the observation period and dividing it by the ratio “days of observation period / 365.25”, for each participant. SRE was defined as: pathologic bone fracture, spinal cord compression, surgery to bone both curative and prophylactic, radiation therapy to bone, or hypercalcemia of malignancy.</p> <p>SMR (years) = 365.25 x SMR(days) where SMR (days) = total number of SREs / total SRE risk period (days). Risk period for SMR was computed as the days from randomization date to the date of last visit.</p>
<b>Time Frame</b>	12 months

**Safety Issue**

No

**Population Description**

**Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.**

Intent-to-treat (ITT) population will include all randomized patients.

**Reporting Groups**

	Description
<b>Zoledronic Acid Every 3 Months</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every three months. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Randomized participants received a maximum of 4 infusions in this group.
<b>Zoledronic Acid Every 4 Weeks</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every 4 weeks. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Participants randomized to this group received up to 12 infusions.

**Measured Values**

	Zoledronic Acid Every 3 Months	Zoledronic Acid Every 4 Weeks
<b>Number of Participants Analyzed [units: participants]</b>	209	216
<b>Annual Overall Skeletal Morbidity Rate (SMR) [units: Number of Skeletal Events per Year] Mean (Standard Deviation)</b>	0.26 (0.81)	0.22 (0.57)

No statistical analysis provided for Annual Overall Skeletal Morbidity Rate (SMR)

2. Secondary: Percentage of Participants Experiencing Skeletal Related Event(s) (SREs) [ Time Frame: 12 month ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Percentage of Participants Experiencing Skeletal Related Event(s) (SREs)
<b>Measure Description</b>	<p>Skeletal Related Events (SREs) are defined as a:</p> <ul style="list-style-type: none"> <li>• pathologic bone fracture such as non-vertebral and vertebral compression fractures</li> <li>• spinal cord compression identified by positive diagnosis documented by X-ray evidence</li> <li>• surgery to bone both curative and prophylactic</li> <li>• radiation therapy to bone including palliative, therapeutic or prophylactic</li> <li>• hypercalcemia of malignancy, defined as a corrected serum calcium &gt; 12 mg/dl (3.00 mmol/l) or a lower level of hypercalcemia which is symptomatic and which requires active treatment other than rehydration.</li> </ul>
<b>Time Frame</b>	12 month
<b>Safety Issue</b>	No

#### Population Description

**Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.**

Intent-to-treat (ITT) population will include all randomized patients.

#### Reporting Groups

	Description
<b>Zoledronic Acid Every 3 Months</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every three months. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Randomized participants received a maximum of 4 infusions in this group.
<b>Zoledronic Acid Every 4 Weeks</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every 4 weeks. The dose of study drug was the as same administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Participants randomized to this group received up to 12 infusions.

#### Measured Values

	Zoledronic Acid Every 3 Months	Zoledronic Acid Every 4 Weeks

<b>Number of Participants Analyzed</b> [units: participants]	<b>209</b>	<b>216</b>
<b>Percentage of Participants Experiencing Skeletal Related Event(s) (SREs)</b> [units: Percentage of Participants]		
<b>Patient with any SRE</b>	<b>14.83</b>	<b>15.28</b>
<b>Vertebral pathological fracture</b>	<b>1.44</b>	<b>1.85</b>
<b>Non vertebral pathological fracture</b>	<b>3.35</b>	<b>2.31</b>
<b>Spinal cord compression</b>	<b>0.96</b>	<b>0.46</b>
<b>Radiation to bone</b>	<b>10.53</b>	<b>11.11</b>
<b>Surgery to bone</b>	<b>0.96</b>	<b>0.46</b>
<b>Hypercalcemia of malignancy</b>	<b>0.48</b>	<b>1.85</b>

**No statistical analysis provided for Percentage of Participants Experiencing Skeletal Related Event(s) (SREs)**

### 3. Secondary: Annual Incidence of Any Skeletal Related Events (SREs) [ Time Frame: 12 months ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Annual Incidence of Any Skeletal Related Events (SREs)
<b>Measure Description</b>	<p>Skeletal Related Events (SREs) are defined as a:</p> <ul style="list-style-type: none"> <li>• pathologic bone fracture such as non-vertebral and vertebral</li> <li>• spinal cord compression identified by X-rays evidence</li> <li>• surgery to bone both curative and prophylactic</li> <li>• radiation therapy to bone including palliative, therapeutic or prophylactic</li> </ul>

- hypercalcemia of malignancy, defined as a corrected serum calcium > 12 mg/dl (3.00 mmol/l) or a lower level of hypercalcemia which is symptomatic and which requires active treatment other than rehydration. Annual incidence for each SRE was computed in the same way as annual overall SMR.

<b>Time Frame</b>	12 months
<b>Safety Issue</b>	No

### Population Description

**Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.**

Intent-to-treat (ITT) population will include all randomized patients.

### Reporting Groups

	Description
<b>Zoledronic Acid Every 3 Months</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every three months. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Randomized participants received a maximum of 4 infusions in this group.
<b>Zoledronic Acid Every 4 Weeks</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every 4 weeks. The dose of study drug was the as same administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Participants randomized to this group received up to 12 infusions.

### Measured Values

	Zoledronic Acid Every 3 Months	Zoledronic Acid Every 4 Weeks
<b>Number of Participants Analyzed [units: participants]</b>	<b>209</b>	<b>216</b>
<b>Annual Incidence of Any Skeletal Related Events (SREs) [units: Number of SRE per Year] Mean (Standard Deviation)</b>		
<b>Vertebral pathological fracture rate</b>	<b>0.02 (0.19)</b>	<b>0.02 (0.15)</b>

<b>Non-vertebral pathological fracture rate</b>	<b>0.08 (0.58)</b>	<b>0.03 (0.20)</b>
<b>Spinal cord compression rate</b>	<b>0.01 (0.10)</b>	<b>0.00 (0.07)</b>
<b>Radiation to bone rate</b>	<b>0.17 (0.67)</b>	<b>0.14 (0.43)</b>
<b>Surgery to bone rate</b>	<b>0.02 (0.21)</b>	<b>0.00 (0.07)</b>
<b>Hypercalcemia of malignancy rate</b>	<b>0.01 (0.08)</b>	<b>0.02 (0.16)</b>

No statistical analysis provided for Annual Incidence of Any Skeletal Related Events (SREs)

#### 4. Secondary: Median Time to First Skeletal Related Event(s) (SRE) [ Time Frame: 12 month ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Median Time to First Skeletal Related Event(s) (SRE)
<b>Measure Description</b>	Median Time to first skeletal related event (SRE) is defined as the time from randomization to the date of first occurrence of any SRE which includes at least one of the following: radiation therapy to bone, pathologic bone fracture, spinal cord compression, surgery to bone, and hypercalcemia of malignancy (HCM). Due to the few numbers of SRE, Kaplan-Meier estimate never reaches a failure probability $\geq 25\%$ ; so median time, 25th and 75th percentiles are not determined. For this reason only the estimated percentage of patient SRE free are reported at each time point.
<b>Time Frame</b>	12 month
<b>Safety Issue</b>	No

#### Population Description

**Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.**

No text entered.

#### Reporting Groups

	Description

<b>Zoledronic Acid Every 3 Months</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every three months. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Randomized participants received a maximum of 4 infusions in this group.
<b>Zoledronic Acid Every 4 Weeks</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every 4 weeks. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Participants randomized to this group received up to 12 infusions.

**Measured Values**

	<b>Zoledronic Acid Every 3 Months</b>	<b>Zoledronic Acid Every 4 Weeks</b>
<b>Number of Participants Analyzed</b> [units: participants]	<b>209</b>	<b>216</b>
<b>Median Time to First Skeletal Related Event(s) (SRE)</b> [units: Day]	<b>NA [1]</b>	<b>NA [1]</b>

[1] NA=Not evaluable. Due to the low incidence of SRE, K-M estimates never reach a failure probability  $\geq 25\%$ ; so median time, 25th and 75th percentiles aren't determined. Time can't be estimated because of insufficient SRE to reach the quartiles

**No statistical analysis provided for Median Time to First Skeletal Related Event(s) (SRE)**

## 5. Secondary: Percentage of Participants Skeletal Related Event (SRE) Free [ Time Frame: 12 months ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Percentage of Participants Skeletal Related Event (SRE) Free
<b>Measure Description</b>	<p>Percentage of participants SRE free is defined as the Kaplan-Meier estimate of participants free of any Skeletal Related Events(SRE) at each time point.</p> <p>Skeletal Related Events (SREs) are:</p> <ul style="list-style-type: none"> <li>• pathologic bone fracture; non-vertebral and vertebral</li> <li>• spinal cord compression identified by X-rays</li> <li>• surgery to bone both curative and prophylactic</li> </ul>

	<ul style="list-style-type: none"> <li>radiation therapy to bone (palliative, therapeutic or prophylactic)</li> <li>hypercalcemia of malignancy, defined as a corrected serum calcium &gt; 12 mg/dl (3.00 mmol/l) or a lower level which is symptomatic and requires treatment other than rehydration.</li> </ul>
<b>Time Frame</b>	12 months
<b>Safety Issue</b>	No

### Population Description

**Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.**

Intent-to-treat (ITT) population will include all randomized patients.

### Reporting Groups

	Description
<b>Zoledronic Acid Every 3 Months</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every three months. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Randomized participants received a maximum of 4 infusions in this group.
<b>Zoledronic Acid Every 4 Weeks</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every 4 weeks. The dose of study drug was the as same administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Participants randomized to this group received up to 12 infusions.

### Measured Values

	Zoledronic Acid Every 3 Months	Zoledronic Acid Every 4 Weeks
<b>Number of Participants Analyzed [units: participants]</b>	<b>209</b>	<b>216</b>
<b>Percentage of Participants Skeletal Related Event (SRE) Free [units: Percentage of participants] Number (95% Confidence Interval)</b>		
<b>At Month 1</b>	<b>99 (96 to 100)</b>	<b>98 (95 to 99)</b>

<b>At Month 2</b>	<b>98</b> <b>(94 to 99)</b>	<b>98</b> <b>(94 to 99)</b>
<b>At Month 3</b>	<b>96</b> <b>(92 to 98)</b>	<b>97</b> <b>(93 to 98)</b>
<b>At Month 4</b>	<b>94</b> <b>(90 to 97)</b>	<b>95</b> <b>(91 to 97)</b>
<b>At Month 5</b>	<b>94</b> <b>(89 to 96)</b>	<b>93</b> <b>(89 to 96)</b>
<b>At Month 6</b>	<b>93</b> <b>(89 to 96)</b>	<b>92</b> <b>(87 to 95)</b>
<b>At Month 7</b>	<b>88</b> <b>(83 to 92)</b>	<b>90</b> <b>(85 to 93)</b>
<b>At Month 8</b>	<b>86</b> <b>(80 to 90)</b>	<b>88</b> <b>(83 to 92)</b>
<b>At Month 9</b>	<b>85</b> <b>(79 to 90)</b>	<b>85</b> <b>(79 to 89)</b>
<b>At Month 10</b>	<b>84</b> <b>(78 to 89)</b>	<b>83</b> <b>(77 to 88)</b>
<b>At Month 11</b>	<b>83</b> <b>(77 to 88)</b>	<b>83</b> <b>(77 to 88)</b>
<b>At Month 12</b>	<b>78</b> <b>(63 to 87)</b>	<b>82</b> <b>(75 to 87)</b>

**No statistical analysis provided for Percentage of Participants Skeletal Related Event (SRE) Free**

6. Secondary: Composite Bone Pain Score According to the Brief Pain Inventory (BPI) Questionnaire [ Time Frame: At Baseline, Month 3, Month 6, Month 9 and Month 12 ]

<b>Measure Type</b>	Secondary
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<b>Measure Title</b>	Composite Bone Pain Score According to the Brief Pain Inventory (BPI) Questionnaire
<b>Measure Description</b>	Bone pain was assessed by means of a pain score obtained using the Brief Pain Inventory (BPI) questionnaire. The BPI can produce three pain scores: worst pain, a composite pain score, and a pain interference score. The composite pain score, which is the average of questions 3, 4, 5 and 6 of the questionnaire was used in this study. Pain was rated on a scale of 0 (no pain) to 10 (pain as bad as you can imagine). The outcome is given as the median score for participants at baseline, and 3, 6, 9 and 12 months of treatment
<b>Time Frame</b>	At Baseline, Month 3, Month 6, Month 9 and Month 12
<b>Safety Issue</b>	No

### Population Description

**Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.**

Intent-to-treat (ITT) population will include all randomized patients. All ITT patients with BPI questionnaire filled up at baseline were included.

### Reporting Groups

	Description
<b>Zoledronic Acid Every 3 Months</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every three months. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Randomized participants received a maximum of 4 infusions in this group.
<b>Zoledronic Acid Every 4 Weeks</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every 4 weeks. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Participants randomized to this group received up to 12 infusions.

### Measured Values

	Zoledronic Acid Every 3 Months	Zoledronic Acid Every 4 Weeks
<b>Number of Participants Analyzed [units: participants]</b>	186	185
<b>Composite Bone Pain Score According to the Brief Pain Inventory (BPI)</b>		

<b>Questionnaire</b> <b>[units: score on a scale]</b> <b>Mean (Standard Deviation)</b>		
<b>Baseline (N= 186, 185)</b>	<b>2.0 (1.8)</b>	<b>2.1 (1.9)</b>
<b>Month 3 (N= 156, 163)</b>	<b>2.3 (2.0)</b>	<b>2.2 (1.9)</b>
<b>Month 6 (N= 143, 160)</b>	<b>2.3 (2.2)</b>	<b>1.9 (1.8)</b>
<b>Month 9 (N= 131, 130)</b>	<b>2.3 (2.2)</b>	<b>2.1 (2.0)</b>
<b>Month 12 (N= 135, 124)</b>	<b>2.4 (2.3)</b>	<b>2.1 (2.0)</b>

**No statistical analysis provided for Composite Bone Pain Score According to the Brief Pain Inventory (BPI) Questionnaire**

7. Secondary: Evaluation of Pain According to Verbal Rating Scale (VRS) Based on Median Score Value [ Time Frame: At Baseline, Month 3, Month 6, Month 9 and Month 12 ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Evaluation of Pain According to Verbal Rating Scale (VRS) Based on Median Score Value
<b>Measure Description</b>	Pain intensity at rest and on movement is rated by the patient by means of a validated 6-point Verbal Rating Scale (VRS) and refers to the pain which occurred during the last week before the assessment. Median score value is the median of all the observed scores (none=0, very mild=1, mild=2, moderate=3, severe=5 and very severe=6) at each time point.
<b>Time Frame</b>	At Baseline, Month 3, Month 6, Month 9 and Month 12
<b>Safety Issue</b>	No

#### **Population Description**

**Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.**

Intent-to-treat (ITT) population will include all randomized patients.

**Reporting Groups**

	Description
<b>Zoledronic Acid Every 3 Months</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every three months. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Randomized participants received a maximum of 4 infusions in this group.
<b>Zoledronic Acid Every 4 Weeks</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every 4 weeks. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Participants randomized to this group received up to 12 infusions.

**Measured Values**

	Zoledronic Acid Every 3 Months	Zoledronic Acid Every 4 Weeks
<b>Number of Participants Analyzed</b> [units: participants]	<b>209</b>	<b>216</b>
<b>Evaluation of Pain According to Verbal Rating Scale (VRS) Based on Median Score Value</b> [units: score on a scale] <b>Median (Full Range)</b>		
<b>At Rest: Baseline</b>	<b>1</b> <b>(1.00 to 5.00)</b>	<b>1</b> <b>(1.00 to 6.00)</b>
<b>At Rest: Month 3</b>	<b>2</b> <b>(1.00 to 6.00)</b>	<b>2</b> <b>(1.00 to 5.00)</b>
<b>At Rest: Month 6</b>	<b>2</b> <b>(1.00 to 5.00)</b>	<b>1</b> <b>(1.00 to 6.00)</b>
<b>At Rest: Month 9</b>	<b>1</b> <b>(1.00 to 5.00)</b>	<b>1</b> <b>(1.00 to 5.00)</b>
<b>At Rest: Month 12</b>	<b>2</b> <b>(1.00 to 6.00)</b>	<b>1</b> <b>(1.00 to 6.00)</b>
<b>At Movement : Baseline</b>	<b>2</b>	<b>2</b>

	(1.00 to 5.00)	(1.00 to 6.00)
<b>At Movement : Month 3</b>	2 (1.00 to 6.00)	2 (1.00 to 6.00)
<b>At Movement : Month 6</b>	2 (1.00 to 6.00)	2 (1.00 to 6.00)
<b>At Movement : Month 9</b>	2 (1.00 to 6.00)	2 (1.00 to 6.00)
<b>At Movement : Month 12</b>	2.5 (1.00 to 6.00)	2 (1.00 to 6.00)

**No statistical analysis provided for Evaluation of Pain According to Verbal Rating Scale (VRS) Based on Median Score Value**

8. Secondary: Use Of Analgesic Medications According to the Analgesic Score Scale [ Time Frame: At Baseline, Month 3, Month 6, Month 9 and Month 12 ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Use Of Analgesic Medications According to the Analgesic Score Scale
<b>Measure Description</b>	<p>The analgesic score used for this study is modified from the Radiation Therapy Oncology Group (RTOG) analgesic score scale. The scale represents type of medication administered from 0 to 4 where:</p> <p>0 = None</p> <ol style="list-style-type: none"> <li>1. = Minor analgesics (aspirin, NSAID, acetaminophen, propoxyphene, etc.)</li> <li>2. = Tranquilisers, antidepressants, muscle relaxants, and steroids</li> <li>3. = Mild narcotics (oxycodone, meperidine, codeine, etc.)</li> <li>4. = Strong narcotics (morphine, hydromorphone, etc.)</li> </ol> <p>The outcome is given as the median score for the participants at Baseline and 3, 6, 9 and 12 months of treatment</p>
<b>Time Frame</b>	At Baseline, Month 3, Month 6, Month 9 and Month 12
<b>Safety Issue</b>	No

**Population Description**

**Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.**

Intent-to-treat (ITT) population will include all randomized patients.

**Reporting Groups**

	Description
<b>Zoledronic Acid Every 3 Months</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every three months. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Randomized participants received a maximum of 4 infusions in this group.
<b>Zoledronic Acid Every 4 Weeks</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every 4 weeks. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Participants randomized to this group received up to 12 infusions.

**Measured Values**

	Zoledronic Acid Every 3 Months	Zoledronic Acid Every 4 Weeks
<b>Number of Participants Analyzed</b> [units: participants]	<b>209</b>	<b>216</b>
<b>Use Of Analgesic Medications According to the Analgesic Score Scale</b> [units: score on a scale] <b>Median (Full Range)</b>		
<b>Baseline</b>	<b>0</b> <b>(0 to 4)</b>	<b>0</b> <b>(0 to 4)</b>
<b>Month 3</b>	<b>0</b> <b>(0 to 4)</b>	<b>0</b> <b>(0 to 4)</b>
<b>Month 6</b>	<b>0</b> <b>(0 to 4)</b>	<b>0</b> <b>(0 to 4)</b>

<b>Month 9</b>	<b>0</b> <b>(0 to 4)</b>	<b>0</b> <b>(0 to 4)</b>
<b>Month 12</b>	<b>0</b> <b>(0 to 4)</b>	<b>0</b> <b>(0 to 4)</b>

**No statistical analysis provided for Use Of Analgesic Medications According to the Analgesic Score Scale**

9. Secondary: Assessment of the Eastern Cooperative Oncology Group (ECOG) Performance Score [ Time Frame: At Baseline, Month 3, Month 6, Month 9 and Month 12 ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Assessment of the Eastern Cooperative Oncology Group (ECOG) Performance Score
<b>Measure Description</b>	ECOG Performance Score has 4 grades. 0 = Fully active, able to carry out all pre-disease activities; 1 = Restricted in strenuous activity but ambulatory and able to carry out work of light or sedentary nature; 2 = Ambulatory and capable of all self-care but unable to carry out work activities. Active about 50% of waking hours; 3 = Capable of limited self-care, confined to bed/chair more than 50% of waking hours; 4 = Completely disabled; cannot carry on self-care. Totally confined to bed/chair. Outcome is given as median score for participants at Baseline and 3, 6, 9 and 12 months of treatment
<b>Time Frame</b>	At Baseline, Month 3, Month 6, Month 9 and Month 12
<b>Safety Issue</b>	No

**Population Description**

**Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.**

Intent-to-treat (ITT) population will include all randomized patients.

**Reporting Groups**

	Description

<b>Zoledronic Acid Every 3 Months</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every three months. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Randomized participants received a maximum of 4 infusions in this group.
<b>Zoledronic Acid Every 4 Weeks</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every 4 weeks. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Participants randomized to this group received up to 12 infusions.

**Measured Values**

	<b>Zoledronic Acid Every 3 Months</b>	<b>Zoledronic Acid Every 4 Weeks</b>
<b>Number of Participants Analyzed</b> [units: participants]	<b>209</b>	<b>216</b>
<b>Assessment of the Eastern Cooperative Oncology Group (ECOG) Performance Score</b> [units: score on a scale] Median (Full Range)		
<b>Baseline</b>	<b>0</b> (0 to 2)	<b>0</b> (0 to 2)
<b>Month 3</b>	<b>0</b> (0 to 3)	<b>0</b> (0 to 3)
<b>Month 6</b>	<b>0</b> (0 to 2)	<b>0</b> (0 to 2)
<b>Month 9</b>	<b>0</b> (0 to 2)	<b>0</b> (0 to 2)
<b>Month 12</b>	<b>0</b> (0 to 4)	<b>0</b> (0 to 4)

**No statistical analysis provided for Assessment of the Eastern Cooperative Oncology Group (ECOG) Performance Score**

## ▶ Serious Adverse Events

▢ Hide Serious Adverse Events

<b>Time Frame</b>	No text entered.
<b>Additional Description</b>	No text entered.

### Reporting Groups

	Description
<b>Zoledronic Acid Every 3 Months</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every three months. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Randomized participants received a maximum of 4 infusions in this group.
<b>Zoledronic Acid Every 4 Weeks</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every 4 weeks. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Participants randomized to this group received up to 12 infusions

### Serious Adverse Events

	Zoledronic Acid Every 3 Months	Zoledronic Acid Every 4 Weeks
<b>Total, serious adverse events</b>		
<b># participants affected / at risk</b>	<b>21/209 (10.05%)</b>	<b>29/216 (13.43%)</b>
<b>Blood and lymphatic system disorders</b>		
<b>Anaemia † 1</b>		
<b># participants affected / at risk</b>	<b>0/209 (0.00%)</b>	<b>2/216 (0.93%)</b>
<b>Febrile neutropenia † 1</b>		
<b># participants affected / at risk</b>	<b>0/209 (0.00%)</b>	<b>2/216 (0.93%)</b>
<b>Thrombocytopenia † 1</b>		
<b># participants affected / at risk</b>	<b>0/209 (0.00%)</b>	<b>2/216 (0.93%)</b>

<b>Cardiac disorders</b>		
<b>Acute myocardial infarction † 1</b>		
# participants affected / at risk	0/209 (0.00%)	1/216 (0.46%)
<b>Cardiac failure † 1</b>		
# participants affected / at risk	0/209 (0.00%)	1/216 (0.46%)
<b>Eye disorders</b>		
<b>Diplopia † 1</b>		
# participants affected / at risk	0/209 (0.00%)	1/216 (0.46%)
<b>Gastrointestinal disorders</b>		
<b>Gastric haemorrhage † 1</b>		
# participants affected / at risk	0/209 (0.00%)	1/216 (0.46%)
<b>Nausea † 1</b>		
# participants affected / at risk	0/209 (0.00%)	1/216 (0.46%)
<b>Oral pain † 1</b>		
# participants affected / at risk	0/209 (0.00%)	2/216 (0.93%)
<b>Vomiting † 1</b>		
# participants affected / at risk	1/209 (0.48%)	2/216 (0.93%)
<b>General disorders</b>		
<b>Mucosal inflammation † 1</b>		
# participants affected / at risk	0/209 (0.00%)	1/216 (0.46%)
<b>Pain † 1</b>		
# participants affected / at risk	1/209 (0.48%)	0/216 (0.00%)
<b>Hepatobiliary disorders</b>		
<b>Jaundice † 1</b>		
# participants affected / at risk	0/209 (0.00%)	1/216 (0.46%)

<b>Infections and infestations</b>		
<b>Acute sinusitis † 1</b>		
<b># participants affected / at risk</b>	<b>1/209 (0.48%)</b>	<b>0/216 (0.00%)</b>
<b>Pneumonia † 1</b>		
<b># participants affected / at risk</b>	<b>0/209 (0.00%)</b>	<b>1/216 (0.46%)</b>
<b>Sepsis † 1</b>		
<b># participants affected / at risk</b>	<b>0/209 (0.00%)</b>	<b>1/216 (0.46%)</b>
<b>Skin infection † 1</b>		
<b># participants affected / at risk</b>	<b>0/209 (0.00%)</b>	<b>1/216 (0.46%)</b>
<b>Injury, poisoning and procedural complications</b>		
<b>Femur fracture † 1</b>		
<b># participants affected / at risk</b>	<b>2/209 (0.96%)</b>	<b>1/216 (0.46%)</b>
<b>Humerus fracture † 1</b>		
<b># participants affected / at risk</b>	<b>0/209 (0.00%)</b>	<b>1/216 (0.46%)</b>
<b>Metabolism and nutrition disorders</b>		
<b>Cachexia † 1</b>		
<b># participants affected / at risk</b>	<b>1/209 (0.48%)</b>	<b>1/216 (0.46%)</b>
<b>Hypercalcaemia † 1</b>		
<b># participants affected / at risk</b>	<b>0/209 (0.00%)</b>	<b>1/216 (0.46%)</b>
<b>Musculoskeletal and connective tissue disorders</b>		
<b>Bone pain † 1</b>		
<b># participants affected / at risk</b>	<b>1/209 (0.48%)</b>	<b>2/216 (0.93%)</b>
<b>Jaw disorder † 1</b>		
<b># participants affected / at risk</b>	<b>0/209 (0.00%)</b>	<b>1/216 (0.46%)</b>
<b>Musculoskeletal chest pain † 1</b>		

<b># participants affected / at risk</b>	<b>1/209 (0.48%)</b>	<b>0/216 (0.00%)</b>
<b>Osteitis † 1</b>		
<b># participants affected / at risk</b>	<b>0/209 (0.00%)</b>	<b>1/216 (0.46%)</b>
<b>Osteonecrosis † 1</b>		
<b># participants affected / at risk</b>	<b>4/209 (1.91%)</b>	<b>3/216 (1.39%)</b>
<b>Neoplasms benign, malignant and unspecified (incl cysts and polyps)</b>		
<b>Malignant neoplasm progression † 1</b>		
<b># participants affected / at risk</b>	<b>2/209 (0.96%)</b>	<b>1/216 (0.46%)</b>
<b>Metastases to central nervous system † 1</b>		
<b># participants affected / at risk</b>	<b>1/209 (0.48%)</b>	<b>0/216 (0.00%)</b>
<b>Nervous system disorders</b>		
<b>Cranial nerve paralysis † 1</b>		
<b># participants affected / at risk</b>	<b>0/209 (0.00%)</b>	<b>1/216 (0.46%)</b>
<b>Epilepsy † 1</b>		
<b># participants affected / at risk</b>	<b>1/209 (0.48%)</b>	<b>0/216 (0.00%)</b>
<b>Ischaemic cerebral infarction † 1</b>		
<b># participants affected / at risk</b>	<b>0/209 (0.00%)</b>	<b>1/216 (0.46%)</b>
<b>Paraparesis † 1</b>		
<b># participants affected / at risk</b>	<b>0/209 (0.00%)</b>	<b>1/216 (0.46%)</b>
<b>Psychiatric disorders</b>		
<b>Depression † 1</b>		
<b># participants affected / at risk</b>	<b>1/209 (0.48%)</b>	<b>0/216 (0.00%)</b>
<b>Sopor † 1</b>		
<b># participants affected / at risk</b>	<b>0/209 (0.00%)</b>	<b>1/216 (0.46%)</b>

<b>Respiratory, thoracic and mediastinal disorders</b>		
<b>Dyspnoea † 1</b>		
# participants affected / at risk	2/209 (0.96%)	2/216 (0.93%)
<b>Dyspnoea exertional † 1</b>		
# participants affected / at risk	0/209 (0.00%)	1/216 (0.46%)
<b>Haemoptysis † 1</b>		
# participants affected / at risk	0/209 (0.00%)	1/216 (0.46%)
<b>Pleural effusion † 1</b>		
# participants affected / at risk	0/209 (0.00%)	1/216 (0.46%)
<b>Pulmonary embolism † 1</b>		
# participants affected / at risk	1/209 (0.48%)	0/216 (0.00%)
<b>Surgical and medical procedures</b>		
<b>Breast operation † 1</b>		
# participants affected / at risk	1/209 (0.48%)	0/216 (0.00%)
<b>Laparoscopic surgery † 1</b>		
# participants affected / at risk	0/209 (0.00%)	1/216 (0.46%)
<b>Vascular disorders</b>		
<b>Deep vein thrombosis † 1</b>		
# participants affected / at risk	1/209 (0.48%)	1/216 (0.46%)

† Events were collected by systematic assessment

1 Term from vocabulary, MedDRA

## Other Adverse Events

 Hide Other Adverse Events

<b>Time Frame</b>	No text entered.
<b>Additional Description</b>	No text entered.

### Frequency Threshold

<b>Threshold above which other adverse events are reported</b>	5%
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### Reporting Groups

	Description
<b>Zoledronic Acid Every 3 Months</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every three months. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Randomized participants received a maximum of 4 infusions in this group.
<b>Zoledronic Acid Every 4 Weeks</b>	Zoledronic acid given as a 15-minute (at least) i.v. infusion every 4 weeks. The dose of study drug was the same as administered before study entry; that is, 4 mg or a reduced dose, i.e. 3.5 mg, or 3.3 mg or 3.0 mg. Participants randomized to this group received up to 12 infusions

### Other Adverse Events

	Zoledronic Acid Every 3 Months	Zoledronic Acid Every 4 Weeks
<b>Total, other (not including serious) adverse events</b>		
<b># participants affected / at risk</b>	<b>133/209 (63.64%)</b>	<b>161/216 (74.54%)</b>
<b>Blood and lymphatic system disorders</b>		
<b>Anaemia † 1</b>		
<b># participants affected / at risk</b>	<b>13/209 (6.22%)</b>	<b>21/216 (9.72%)</b>
<b>Neutropenia † 1</b>		
<b># participants affected / at risk</b>	<b>11/209 (5.26%)</b>	<b>18/216 (8.33%)</b>
<b>Ear and labyrinth disorders</b>		
<b>Vertigo † 1</b>		

# participants affected / at risk	2/209 (0.96%)	11/216 (5.09%)
<b>Gastrointestinal disorders</b>		
<b>Abdominal pain † 1</b>		
# participants affected / at risk	12/209 (5.74%)	15/216 (6.94%)
<b>Abdominal pain upper † 1</b>		
# participants affected / at risk	16/209 (7.66%)	20/216 (9.26%)
<b>Constipation † 1</b>		
# participants affected / at risk	12/209 (5.74%)	15/216 (6.94%)
<b>Diarrhoea † 1</b>		
# participants affected / at risk	12/209 (5.74%)	17/216 (7.87%)
<b>Nausea † 1</b>		
# participants affected / at risk	24/209 (11.48%)	32/216 (14.81%)
<b>Vomiting † 1</b>		
# participants affected / at risk	13/209 (6.22%)	21/216 (9.72%)
<b>General disorders</b>		
<b>Asthenia † 1</b>		
# participants affected / at risk	18/209 (8.61%)	33/216 (15.28%)
<b>Fatigue † 1</b>		
# participants affected / at risk	10/209 (4.78%)	12/216 (5.56%)
<b>Pain † 1</b>		
# participants affected / at risk	10/209 (4.78%)	15/216 (6.94%)
<b>Pyrexia † 1</b>		
# participants affected / at risk	22/209 (10.53%)	28/216 (12.96%)
<b>Investigations</b>		
<b>Gamma-glutamyltransferase increased † 1</b>		

<b># participants affected / at risk</b>	<b>8/209 (3.83%)</b>	<b>12/216 (5.56%)</b>
<b>Metabolism and nutrition disorders</b>		
<b>Anorexia † 1</b>		
<b># participants affected / at risk</b>	<b>5/209 (2.39%)</b>	<b>12/216 (5.56%)</b>
<b>Musculoskeletal and connective tissue disorders</b>		
<b>Arthralgia † 1</b>		
<b># participants affected / at risk</b>	<b>9/209 (4.31%)</b>	<b>13/216 (6.02%)</b>
<b>Back pain † 1</b>		
<b># participants affected / at risk</b>	<b>7/209 (3.35%)</b>	<b>13/216 (6.02%)</b>
<b>Bone pain † 1</b>		
<b># participants affected / at risk</b>	<b>56/209 (26.79%)</b>	<b>64/216 (29.63%)</b>
<b>Pain in extremity † 1</b>		
<b># participants affected / at risk</b>	<b>8/209 (3.83%)</b>	<b>12/216 (5.56%)</b>
<b>Neoplasms benign, malignant and unspecified (incl cysts and polyps)</b>		
<b>Malignant neoplasm progression † 1</b>		
<b># participants affected / at risk</b>	<b>67/209 (32.06%)</b>	<b>68/216 (31.48%)</b>
<b>Nervous system disorders</b>		
<b>Headache † 1</b>		
<b># participants affected / at risk</b>	<b>14/209 (6.70%)</b>	<b>15/216 (6.94%)</b>
<b>Paraesthesia † 1</b>		
<b># participants affected / at risk</b>	<b>11/209 (5.26%)</b>	<b>8/216 (3.70%)</b>
<b>Respiratory, thoracic and mediastinal disorders</b>		
<b>Cough † 1</b>		
<b># participants affected / at risk</b>	<b>14/209 (6.70%)</b>	<b>12/216 (5.56%)</b>

<b>Dyspnoea † 1</b>		
<b># participants affected / at risk</b>	<b>9/209 (4.31%)</b>	<b>13/216 (6.02%)</b>
<b>Skin and subcutaneous tissue disorders</b>		
<b>Rash † 1</b>		
<b># participants affected / at risk</b>	<b>3/209 (1.44%)</b>	<b>12/216 (5.56%)</b>

† Events were collected by systematic assessment

1 Term from vocabulary, MedDRA

## ▶ Limitations and Caveats

▬ Hide Limitations and Caveats

Limitations of the study, such as early termination leading to small numbers of participants analyzed and technical problems with measurement leading to unreliable or uninterpretable data

No text entered.

## ▶ More Information

▬ Hide More Information

### Certain Agreements:

Principal Investigators are **NOT** employed by the organization sponsoring the study.

There **IS** an agreement between Principal Investigators and the Sponsor (or its agents) that restricts the PI's rights to discuss or publish trial results after the trial is completed.

The agreement is:

- The only disclosure restriction on the PI is that the sponsor can review results communications prior to public release and can embargo communications regarding trial results for a period that is **less than or equal to 60 days**. The sponsor cannot require changes to the communication and cannot extend the embargo.

The only disclosure restriction on the PI is that the sponsor can review results communications prior to public release and can

- embargo communications regarding trial results for a period that is **more than 60 days but less than or equal to 180 days**. The sponsor cannot require changes to the communication and cannot extend the embargo.
- Other disclosure agreement that restricts the right of the PI to discuss or publish trial results after the trial is completed.
- Restriction Description:** The terms and conditions of Novartis' agreements with its investigators may vary. However, Novartis does not prohibit any investigator from publishing. Any publications from a single-site are postponed until the publication of the pooled data (i.e., data from all sites) in the clinical trial.

**Results Point of Contact:**

Name/Title: Study Director

Organization: Novartis Pharmaceuticals

phone: 862-778-8300

**No publications provided**

Responsible Party: Novartis ( Novartis Pharmaceuticals )

ClinicalTrials.gov Identifier: [NCT00375427](#) [History of Changes](#)

Other Study ID Numbers: **CZOL446EIT14**

Study First Received: September 12, 2006

Results First Received: February 28, 2011

Last Updated: April 9, 2012

Health Authority: Italy: Ethics Committee