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Trial record **1 of 1** for: FPP4-DE-401

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## A Comparative Study of the Efficacy of Penciclovir 10mg/g (1%) Cream in Preventing the Appearance of Classical Lesion in Recurrent Cold Sore Sufferers

**This study has been completed.**

**Sponsor:**

Novartis

**Information provided by (Responsible Party):**

Novartis

**ClinicalTrials.gov Identifier:**

NCT00820534

First received: January 9, 2009

Last updated: April 18, 2012

Last verified: December 2010

[History of Changes](#)

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**[Study Results](#)**

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Results First Received: November 12, 2010

<b>Study Type:</b>	Interventional
<b>Study Design:</b>	Allocation: Randomized; Intervention Model: Parallel Assignment; Masking: Double Blind (Subject, Investigator); Primary Purpose: Prevention
<b>Condition:</b>	Cold Sore
<b>Interventions:</b>	Drug: Penciclovir Drug: Placebo

**▶ Participant Flow**

 [Hide Participant Flow](#)

**Recruitment Details**

**Key information relevant to the recruitment process for the overall study, such as dates of the recruitment period and locations**

Study start : 30 dec 2008 Study end : 16 Nov 2009 Hospital out patient clinic

**Pre-Assignment Details**

**Significant events and approaches for the overall study following participant enrollment, but prior to group assignment**

Cold Sore confirmed by local temperature measurement

**Reporting Groups**

	Description
<b>Penciclovir</b>	Penciclovir 10mg/g (1%) cream every 2 hours during waking hours for 96 hours
<b>Placebo</b>	Placebo cream every 2 hours during waking hours for 96 hours

**Participant Flow: Overall Study**

	Penciclovir	Placebo
<b>STARTED</b>	<b>64</b>	<b>62</b>
<b>COMPLETED</b>	<b>64</b>	<b>62</b>
<b>NOT COMPLETED</b>	<b>0</b>	<b>0</b>

**▶ Baseline Characteristics**

 [Hide Baseline Characteristics](#)

**Population Description**

**Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.**

No text entered.

### Reporting Groups

	Description
<b>Penciclovir</b>	Penciclovir 10mg/g (1%) cream every 2 hours during waking hours for 96 hours
<b>Placebo</b>	Placebo cream every 2 hours during waking hours for 96 hours
<b>Total</b>	Total of all reporting groups

### Baseline Measures

	Penciclovir	Placebo	Total
<b>Overall Participants Analyzed</b> [Units: Participants]	<b>64</b>	<b>62</b>	<b>126</b>
<b>Age</b> [Units: Participants]			
<=18 years	0	0	0
Between 18 and 65 years	63	62	125
>=65 years	1	0	1
<b>Age</b> [Units: Years] Mean (Standard Deviation)	<b>31.4 (11.3)</b>	<b>31.8 (9.3)</b>	<b>31.6 (10.4)</b>
<b>Gender</b> [Units: Participants]			
Female	43	40	83
Male	21	22	43
<b>Region of Enrollment</b> [Units: Participants]			

<b>United Kingdom</b>	<b>64</b>	<b>62</b>	<b>126</b>
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**▶ Outcome Measures**

 [Hide All Outcome Measures](#)

1. Primary: Clinical Assessment Performed by the Investigator and Skin Temperature at the Cold Sore. [ Time Frame: 72 hours ]

<b>Measure Type</b>	Primary
<b>Measure Title</b>	Clinical Assessment Performed by the Investigator and Skin Temperature at the Cold Sore.
<b>Measure Description</b>	Number of participants where the classical cold sore lesion was prevented at 72 hours after first treatment application. Lesion defined as having been prevented if clinical assessment is prodrome, macule or healed and skin temperature of the cold sore is negative (temperature difference of less than 0.5°C between initial site of cold sore and opposite side).
<b>Time Frame</b>	72 hours

**Population Description**

<b>Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.</b>
No text entered.

**Reporting Groups**

	<b>Description</b>
<b>Penciclovir</b>	Penciclovir 10mg/g (1%) cream every 2 hours during waking hours for 96 hours
<b>Placebo</b>	Placebo cream every 2 hours during waking hours for 96 hours

**Measured Values**

	<b>Penciclovir</b>	<b>Placebo</b>
<b>Participants Analyzed</b> [Units: Participants]	<b>64</b>	<b>62</b>

<b>Clinical Assessment Performed by the Investigator and Skin Temperature at the Cold Sore.</b> [Units: Participants]	<b>39</b>	<b>32</b>
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**No statistical analysis provided for Clinical Assessment Performed by the Investigator and Skin Temperature at the Cold Sore.**

2. Secondary: Size of the Cold Sore [ Time Frame: 72 hours ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Size of the Cold Sore
<b>Measure Description</b>	The size of the cold sore was measured as follows : a standardized photograph was taken before treatment and compared to a photograph taken 72 hours after the first treatment application. The difference was calculated for each participant within each treatment arm.
<b>Time Frame</b>	72 hours

**Population Description**

<b>Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.</b>
No text entered.

**Reporting Groups**

	<b>Description</b>
<b>Penciclovir</b>	Penciclovir 10mg/g (1%) cream every 2 hours during waking hours for 96 hours
<b>Placebo</b>	Placebo cream every 2 hours during waking hours for 96 hours

**Measured Values**

	<b>Penciclovir</b>	<b>Placebo</b>
<b>Participants Analyzed</b> [Units: Participants]	<b>64</b>	<b>62</b>

<b>Size of the Cold Sore</b> [Units: Square mm] Mean (95% Confidence Interval)	<b>31.7</b> (20.8 to 42.6)	<b>32.7</b> (21.3 to 44.2)
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No statistical analysis provided for Size of the Cold Sore

 **Serious Adverse Events**

 Hide Serious Adverse Events

<b>Time Frame</b>	No text entered.
<b>Additional Description</b>	No text entered.

**Reporting Groups**

	Description
<b>Penciclovir</b>	Penciclovir 10mg/g (1%) cream every 2 hours during waking hours for 96 hours
<b>Placebo</b>	Placebo cream every 2 hours during waking hours for 96 hours

**Serious Adverse Events**

	Penciclovir	Placebo
<b>Total, Serious Adverse Events</b>		
<b># participants affected / at risk</b>	<b>0/64 (0.00%)</b>	<b>0/62 (0.00%)</b>

 **Other Adverse Events**

 Hide Other Adverse Events

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<b>Time Frame</b>	No text entered.
<b>Additional Description</b>	No text entered.

**Frequency Threshold**

<b>Threshold above which other adverse events are reported</b>	2%
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**Reporting Groups**

	Description
<b>Penciclovir</b>	Penciclovir 10mg/g (1%) cream every 2 hours during waking hours for 96 hours
<b>Placebo</b>	Placebo cream every 2 hours during waking hours for 96 hours

**Other Adverse Events**

	Penciclovir	Placebo
<b>Total, Other (not including serious) Adverse Events</b>		
<b># participants affected / at risk</b>	<b>0/64 (0.00%)</b>	<b>0/62 (0.00%)</b>

 **Limitations and Caveats**

 Hide Limitations and Caveats

<b>Limitations of the study, such as early termination leading to small numbers of participants analyzed and technical problems with measurement leading to unreliable or uninterpretable data</b>
No text entered.

 **More Information**

 Hide More Information

**Certain Agreements:**

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Principal Investigators are **NOT** employed by the organization sponsoring the study.

There is **NOT** an agreement between Principal Investigators and the Sponsor (or its agents) that restricts the PI's rights to discuss or publish trial results after the trial is completed.

**Results Point of Contact:**

Name/Title: Head of Clinical Research

Organization: Novartis Consumer Health

phone: +4122363311

Responsible Party: Novartis

ClinicalTrials.gov Identifier: [NCT00820534](#) [History of Changes](#)

Other Study ID Numbers: **FPP4-DE-401**

Study First Received: January 9, 2009

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