



Fondazione IRCCS
Istituto Nazionale dei Tumori

Sistema Socio Sanitario



Regione
Lombardia

Object: EUDRACT 2008-000080-42 _ **A Phase II study of Ketoconazole in patients with Metastatic Hormone-Refractory Prostate Cancer. Pilot study**” . Principal Investigator: Bajetta

This phase 2 trial was designed to assess the efficacy of ketoconazole in patients with castration-resistant prostate cancer (CRPC).

Patients and methods: • From April 2008 to November 2009, 37 patients with CRPC have been treated with ketoconazole in a monocentric experience. The primary endpoint was the prostate-specific antigen (PSA) response; the secondary endpoints were progression-free survival and safety profile. • Ketoconazole was administered by oral route at a dose of 200 mg every 8 h continuous dosing until the onset of serious adverse events or disease progression. • The study was based on a two-step design with an interim efficacy analysis carried out on the first 12 patients accrued.

Results: • Main characteristics of population were: median age 75 years (range 60-88); baseline mean PSA 28.8 ng/mL (4.3-1000); 30 patients previously challenged with at least two lines of hormone therapy; 15 patients previously treated with chemotherapy. • Biochemical responses accounted for: two complete responses (5%), six partial responses (16%), 13 patients with stable disease (35%), and 14 with progressive disease (38%). Of 15 patients resistant to chemotherapy, overall disease control (complete plus partial responses plus stable disease) was recorded in seven of them. • Treatment was feasible without inducing grade 3-4 adverse events. The most common grade 1-2 adverse events were asthenia (27%), vomiting (8%) and abdominal pain (8%).

Conclusion: • Treatment with low-dose ketoconazole was feasible and well tolerated. The efficacy was satisfactory in patients previously treated with chemotherapy


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