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## SCHEDULE - Scandinavian Heart Transplant Everolimus de Novo Study With Early Calcineurin Inhibitor (CNI) Avoidance (SCHEDULE)

**This study has been completed.****Sponsor:**

Novartis Pharmaceuticals

**Information provided by (Responsible Party):**

Novartis ( Novartis Pharmaceuticals )

**ClinicalTrials.gov Identifier:**

NCT01266148

First received: August 9, 2010

Last updated: May 15, 2015

Last verified: May 2015

[History of Changes](#)[Full Text View](#)[Tabular View](#)[Study Results](#)[Disclaimer](#)[How to Read a Study Record](#)

Results First Received: April 11, 2014

<b>Study Type:</b>	Interventional
<b>Study Design:</b>	Allocation: Randomized; Endpoint Classification: Efficacy Study; Intervention Model: Parallel Assignment; Masking: Open Label; Primary Purpose: Treatment
<b>Condition:</b>	Renal Function and Chronic Allograft Vasculopathy
<b>Interventions:</b>	Drug: Cyclosporine Drug: Mycophenolate mofetil Drug: Corticosteroids Drug: Everolimus Drug: Anti Thymocyte Globulin

### Participant Flow

[Hide Participant Flow](#)**Recruitment Details**

Key information relevant to the recruitment process for the overall study, such as dates of the recruitment period and locations

115 patients (56 in the everolimus group, 59 in the control group) were randomized and received study treatment.

**Pre-Assignment Details**

Significant events and approaches for the overall study following participant enrollment, but prior to group assignment

Group A (control) received treatment with Cyclosporine A (CsA), Mycophenolate mofetil (MMF), and corticosteroids.

Group B (everolimus), received: low-dose CsA and everolimus, reduced dose MMF, and corticosteroids.

After week 7-11, CsA was discontinued in Group B, while the standard triple-drug immunosuppressive regimen was maintained in Group A.

**Reporting Groups**

	Description
<b>Everolimus</b>	Participants started immunosuppressive regimen consisting of low dose CsA, everolimus, MMF and CS. After week 11, the participants regimen consisted of everolimus, MMF and CS.
<b>Control</b>	Participants received an immunosuppressive regimen consisting of CsA, MMF and CS throughout the study.

**Participant Flow: Overall Study**

	Everolimus	Control
<b>STARTED</b>	<b>56</b>	<b>59</b>
<b>COMPLETED</b>	<b>49</b>	<b>56</b>
<b>NOT COMPLETED</b>	<b>7</b>	<b>3</b>
Adverse Event	2	0
Ongoing rejection	1	0
2 2R rejections	1	0
Death	2	3
missing mGFR value + AE	1	0

**Baseline Characteristics** [Hide Baseline Characteristics](#)**Population Description**

Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.

No text entered.

**Reporting Groups**

	Description
<b>Everolimus</b>	Participants started immunosuppressive regimen consisting of low dose CsA, everolimus, MMF and CS. After week 11, the participants regimen consisted of everolimus, MMF and CS.
<b>Control</b>	Participants received an immunosuppressive regimen consisting of CsA, MMF and CS throughout the study.
<b>Total</b>	Total of all reporting groups

**Baseline Measures**

	Everolimus	Control	Total
<b>Number of Participants</b> [units: participants]	<b>56</b>	<b>59</b>	<b>115</b>
<b>Age</b> [units: years] Mean (Standard Deviation)	<b>51.02 (12.93)</b>	<b>51.47 (12.36)</b>	<b>51.25 (12.59)</b>
<b>Gender</b> [units: participants]			
Female	17	14	31
Male	39	45	84

**Outcome Measures** [Hide All Outcome Measures](#)

1. Primary: Measured Glomerular Filtration Rate (mGFR), 12 Months After Heart Transplantation [ Time Frame: Week 52 ]

<b>Measure Type</b>	Primary
<b>Measure Title</b>	Measured Glomerular Filtration Rate (mGFR), 12 Months After Heart Transplantation

<b>Measure Description</b>	Measured Glomerular Filtration Rate (mGFR) describes the flow rate of filtered fluid through the kidney. GFR is equal to the clearance rate when any solute is freely filtered and is neither reabsorbed nor secreted by the kidneys. The rate therefore measured is the quantity of the substance in the urine that originated from a calculable volume of blood. Participants' urine was used for this assessment at week 52 after heart transplant.
<b>Time Frame</b>	Week 52
<b>Safety Issue</b>	No

**Population Description**

**Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.**

The intent to treat population includes the full analysis set patients with available data and without any major protocol deviations or criteria causing exclusion and for which data was available for analysis. Patients were analyzed according to the treatment to which they were randomized.

**Reporting Groups**

	Description
<b>Everolimus</b>	Participants started immunosuppressive regimen consisting of low dose CsA, everolimus, MMF and CS. After week 11, the participants regimen consisted of everolimus, MMF and CS.
<b>Control</b>	Participants received an immunosuppressive regimen consisting of CsA, MMF and CS throughout the study.

**Measured Values**

	Everolimus	Control
<b>Number of Participants Analyzed</b> [units: participants]	51	56
<b>Measured Glomerular Filtration Rate (mGFR), 12 Months After Heart Transplantation</b> [units: mGFR ml/min] Mean (Standard Deviation)	79.8 (17.7)	61.5 (19.6)

No statistical analysis provided for Measured Glomerular Filtration Rate (mGFR), 12 Months After Heart Transplantation

2. Secondary: Progression of Chronic Allograft Vasculopathy (CAV) Based on Maximal Intimal Thickness (MIT) From Baseline to Week 52 [ Time Frame: Baseline and week 52 ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Progression of Chronic Allograft Vasculopathy (CAV) Based on Maximal Intimal Thickness (MIT) From Baseline to Week 52
<b>Measure Description</b>	The progression of chronic allograft vasculopathy (CAV) was assessed by intravascular ultrasound (IVUS) examinations and measured Maximal Intimal Thickness (MIT)(in mm). A major coronary epicardial artery (preferentially the left-anterior descending coronary artery) was imaged, and the MIT parameters were recorded at baseline and at week 52.
<b>Time Frame</b>	Baseline and week 52
<b>Safety Issue</b>	No

**Population Description**

**Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.**

The intent to treat population includes the full analysis set patients with available data and without any major protocol deviations or criteria causing exclusion and for which data was available for analysis. Patients were analyzed according to the treatment to which they were randomized.

**Reporting Groups**

	Description
<b>Everolimus</b>	Participants started immunosuppressive regimen consisting of low dose CsA, everolimus, MMF and CS. After week 11, the participants regimen consisted of everolimus, MMF and CS.
<b>Control</b>	Participants received an immunosuppressive regimen consisting of CsA, MMF and CS throughout the study.

**Measured Values**

	Everolimus	Control
<b>Number of Participants Analyzed</b> [units: participants]	<b>46</b>	<b>48</b>
<b>Progression of Chronic Allograft Vasculopathy (CAV) Based on Maximal Intimal Thickness (MIT) From Baseline to Week 52</b> [units: mm] Mean (Standard Deviation)		
<b>Baseline (Week 7)</b>	<b>0.52 (0.22)</b>	<b>0.56 (0.24)</b>
<b>Week 52</b>	<b>0.55 (0.24)</b>	<b>0.65 (0.25)</b>

No statistical analysis provided for Progression of Chronic Allograft Vasculopathy (CAV) Based on Maximal Intimal Thickness (MIT) From Baseline to Week 52

3. Secondary: Progression of Chronic Allograft Vasculopathy (CAV) Based on Incidence of Chronic Allograft Vasculopathy (CAV) From Baseline to Week 52 [ Time Frame: Baseline and week 52 ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Progression of Chronic Allograft Vasculopathy (CAV) Based on Incidence of Chronic Allograft Vasculopathy (CAV) From Baseline to Week 52
<b>Measure Description</b>	the progression of chronic allograft vasculopathy (CAV) assessed by intravascular ultrasound (IVUS) examinations, measured the incidence of CAV (in percent of patients) at baseline and at week 52. Incidence of CAV represents percent of patients having a MIT (maximal intima thickness) > 0.5 mm.
<b>Time Frame</b>	Baseline and week 52
<b>Safety Issue</b>	No

**Population Description**

<b>Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.</b>
The intent to treat population includes the full analysis set patients with available data and without any major protocol deviations or criteria causing exclusion and for which data was available for analysis. Patients were analyzed according to the treatment to which they were randomized.

**Reporting Groups**

	Description
<b>Everolimus</b>	Participants started immunosuppressive regimen consisting of low dose CsA, everolimus, MMF and CS. After week 11, the participants regimen consisted of everolimus, MMF and CS.
<b>Control</b>	Participants received an immunosuppressive regimen consisting of CsA, MMF and CS throughout the study.

**Measured Values**

	Everolimus	Control

<b>Number of Participants Analyzed</b> [units: participants]	<b>46</b>	<b>48</b>
<b>Progression of Chronic Allograft Vasculopathy (CAV) Based on Incidence of Chronic Allograft Vasculopathy (CAV) From Baseline to Week 52</b> [units: Percentage of patients]		
No CAV at baseline (week 7)	43.5	47.9
CAV at baseline (week 7)	56.5	52.1
No CAV at week 52	50	35.4
CAV at week 52	50	64.6

No statistical analysis provided for Progression of Chronic Allograft Vasculopathy (CAV) Based on Incidence of Chronic Allograft Vasculopathy (CAV) From Baseline to Week 52

4. Secondary: Change in Calculated Glomerular Filtration Rate From Pre-transplantation to Week 52 [ Time Frame: Day 1, weeks 7 to 11(baseline) and of week 52 ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Change in Calculated Glomerular Filtration Rate From Pre-transplantation to Week 52
<b>Measure Description</b>	Change in calculated glomerular filtration rate from pre-transplantation to week 52 was calculated according to the Modification of Diet in Renal Disease (MDRD) method. Measurements were taken prior to transplant (day 1), between weeks 7 to 11 and end week 52.
<b>Time Frame</b>	Day 1, weeks 7 to 11(baseline) and of week 52
<b>Safety Issue</b>	No

#### Population Description

**Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.**

The intent to treat population includes the full analysis set patients with available data and without any major protocol deviations or criteria causing exclusion and for which data was available for analysis. Patients were analyzed according to the treatment to which they were randomized.

#### Reporting Groups

	<b>Description</b>
<b>Everolimus</b>	Participants started immunosuppressive regimen consisting of low dose CsA, everolimus, MMF and CS. After week 11, the participants regimen consisted of everolimus, MMF and CS.
<b>Control</b>	Participants received an immunosuppressive regimen consisting of CsA, MMF and CS throughout the study.

#### Measured Values

	<b>Everolimus</b>	<b>Control</b>
<b>Number of Participants Analyzed</b> [units: participants]	<b>46</b>	<b>53</b>
<b>Change in Calculated Glomerular Filtration Rate From Pre-transplantation to Week 52</b> [units: mGFR mL/min] Mean (Standard Deviation)		
Day 1 (n= 43, 47)	-13.0 (28.2)	-12.6 (32.6)
Weeks 7 to 11 (n= 46, 49)	7.4 (32.6)	-6.8 (26.2)
Week 52 (n= 42, 53)	27.8 (49.9)	-8.0 (28.3)

**No statistical analysis provided for Change in Calculated Glomerular Filtration Rate From Pre-transplantation to Week 52**

5. Secondary: Calculated Glomerular Filtration Rate From Pre-Transplantation to Week 52 [ Time Frame: Day 1, weeks 7 to 11 and of week 52 ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Calculated Glomerular Filtration Rate From Pre-Transplantation to Week 52
<b>Measure Description</b>	Calculated Glomerular Filtration Rate from pre-transplantation to week 52 was calculated according to the Modification of Diet in Renal Disease (MDRD) method. Measurements were taken prior to transplant (day 1), between weeks 7 to 11 and end of week 52.
<b>Time Frame</b>	Day 1, weeks 7 to 11 and of week 52
<b>Safety Issue</b>	No

**Population Description**

**Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.**

The intent to treat population includes the full analysis set patients with available data and without any major protocol deviations or criteria causing exclusion and for which data was available for analysis. Patients were analyzed according to the treatment to which they were randomized.

**Reporting Groups**

	Description
<b>Everolimus</b>	Participants started immunosuppressive regimen consisting of low dose CsA, everolimus, MMF and CS. After week 11, the participants regimen consisted of everolimus, MMF and CS.
<b>Control</b>	Participants received an immunosuppressive regimen consisting of CsA, MMF and CS throughout the study.

**Measured Values**

	Everolimus	Control
<b>Number of Participants Analyzed</b> [units: participants]	50	55
<b>Calculated Glomerular Filtration Rate From Pre-Transplantation to Week 52</b> [units: mGFR mL/min] Mean (Standard Deviation)		
Day 1 (n= 46, 48)	65.4 (33.8)	66.1 (28.7)
Weeks 7 to 11 (n=50, 51)	84.9 (40.5)	69.6 (19.9)
Week 52 (n= 45, 55)	104.5 (54.0)	69.3 (20.4)

**No statistical analysis provided for Calculated Glomerular Filtration Rate From Pre-Transplantation to Week 52**

6. Secondary: Number of Rejections Leading to Hemodynamic Compromise [ Time Frame: 52 weeks ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Number of Rejections Leading to Hemodynamic Compromise
<b>Measure Description</b>	Number of all rejections were recorded through the duration of the study with the intent to identify rejections leading to hemodynamic compromise.
<b>Time Frame</b>	52 weeks

<b>Safety Issue</b>	No
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**Population Description**

**Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.**

The intent to treat population includes the full analysis set patients with available data and without any major protocol deviations or criteria causing exclusion and for which data was available for analysis. Patients were analyzed according to the treatment to which they were randomized.

**Reporting Groups**

	Description
<b>Everolimus</b>	Participants started immunosuppressive regimen consisting of low dose CsA, everolimus, MMF and CS. After week 11, the participants regimen consisted of everolimus, MMF and CS.
<b>Control</b>	Participants received an immunosuppressive regimen consisting of CsA, MMF and CS throughout the study.

**Measured Values**

	Everolimus	Control
<b>Number of Participants Analyzed</b> [units: participants]	52	56
<b>Number of Rejections Leading to Hemodynamic Compromise</b> [units: rejections]		
<b>Total rejection</b>	185	128
<b>Treated rejection</b>	43	17
<b>Rejections with hemodynamic compromise</b>	0	0

No statistical analysis provided for Number of Rejections Leading to Hemodynamic Compromise

7. Secondary: Occurrence of Treatment Failures up to 12 Months After Transplant [ Time Frame: 52 weeks ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Occurrence of Treatment Failures up to 12 Months After Transplant
<b>Measure Description</b>	Treatment failure was defined as the number of participants who died or lost their graft at any timepoint throughout the duration of the study.
<b>Time Frame</b>	52 weeks
<b>Safety Issue</b>	Yes

**Population Description**

**Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.**

The intent to treat population includes the full analysis set patients with available data and without any major protocol deviations or criteria causing exclusion and for which data was available for analysis. Patients were analyzed according to the treatment to which they were randomized.

**Reporting Groups**

	Description
<b>Everolimus</b>	Participants started immunosuppressive regimen consisting of low dose CsA, everolimus, MMF and CS. After week 11, the participants regimen consisted of everolimus, MMF and CS.
<b>Control</b>	Participants received an immunosuppressive regimen consisting of CsA, MMF and CS throughout the study.

**Measured Values**

	Everolimus	Control
<b>Number of Participants Analyzed</b> [units: participants]	56	59
<b>Occurrence of Treatment Failures up to 12 Months After Transplant</b> [units: participants]		
<b>Treatment failure (death)</b>	2	3
<b>Graft loss</b>	0	0
<b>Total treatment failures (graft loss + death)</b>	2	3

No statistical analysis provided for Occurrence of Treatment Failures up to 12 Months After Transplant

8. Secondary: Average Level of Proteinuria at Week 52 [ Time Frame: 52 weeks ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Average Level of Proteinuria at Week 52
<b>Measure Description</b>	Proteinuria is measured as the ratio of albumin/creatinine mg/mmol. Measurements were taken from participants urine samples.
<b>Time Frame</b>	52 weeks
<b>Safety Issue</b>	Yes

**Population Description**

Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.

The safety set include all randomized participants who received at least one dose of study medication and were able to provide urine samples at week 52.

**Reporting Groups**

	Description
<b>Everolimus</b>	Participants started immunosuppressive regimen consisting of low dose CsA, everolimus, MMF and CS. After week 11, the participants regimen consisted of everolimus, MMF and CS.
<b>Control</b>	Participants received an immunosuppressive regimen consisting of CsA, MMF and CS throughout the study.

**Measured Values**

	Everolimus	Control
<b>Number of Participants Analyzed</b> [units: participants]	52	56
<b>Average Level of Proteinuria at Week 52</b> [units: mg/mmol] Mean (Standard Deviation)	7.2 (12.8)	1.2 (1.4)

No statistical analysis provided for Average Level of Proteinuria at Week 52

9. Secondary: Lipid Profile at 12 Months [ Time Frame: 52 weeks ]

<b>Measure Type</b>	Secondary
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<b>Measure Title</b>	Lipid Profile at 12 Months
<b>Measure Description</b>	Total Cholesterol, LDL-Chol, HDL-Chol and TG at week 52. Measurements were taken via participants blood samples.
<b>Time Frame</b>	52 weeks
<b>Safety Issue</b>	No

**Population Description**

**Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.**

The safety set include all randomized participants who received at least one dose of study medication and had blood samples taken at week 52.

**Reporting Groups**

	<b>Description</b>
<b>Everolimus</b>	Participants started immunosuppressive regimen consisting of low dose CsA, everolimus, MMF and CS. After week 11, the participants regimen consisted of everolimus, MMF and CS.
<b>Control</b>	Participants received an immunosuppressive regimen consisting of CsA, MMF and CS throughout the study.

**Measured Values**

	<b>Everolimus</b>	<b>Control</b>
<b>Number of Participants Analyzed</b> [units: participants]	<b>53</b>	<b>56</b>
<b>Lipid Profile at 12 Months</b> [units: mmol/L] <b>Mean (Standard Deviation)</b>		
<b>Total cholesterol</b>	<b>5.3 (1.1)</b>	<b>5.1 (1.0)</b>
<b>LDL-C</b>	<b>2.9 (1.0)</b>	<b>2.8 (0.8)</b>
<b>HDL-C</b>	<b>1.6 (0.5)</b>	<b>1.6 (0.5)</b>

**No statistical analysis provided for Lipid Profile at 12 Months**

10. Secondary: Change in Quality of Life Assessed by SF-36 (Minnesota Living With Heart Failure Questionnaire ([MLHF])) From Pre-transplant to Week 52 of Treatment [ Time Frame: Pre transplant and 52 weeks ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Change in Quality of Life Assessed by SF-36 (Minnesota Living With Heart Failure Questionnaire ([MLHF])) From Pre-transplant to Week 52 of Treatment
<b>Measure Description</b>	Change in Quality of Life was assessed via the SF-36 (Minnesota Living with Heart Failure questionnaire ([MLHF])) before transplant surgery and at week 52 of treatment. The SF-36 is a validated, self-administered questionnaire. The questionnaire, which includes 36 questions measures 8 dimensions of health: physical function, role-physical, bodily pain, general health, vitality, social function, role-emotional, and mental health. Scores can be summarized in 2 summary components assessing physical and mental health. Items in each dimension are coded, aggregated, summed, and transformed into a scale ranging from 0 (worse health) to 100 (best health).
<b>Time Frame</b>	Pre transplant and 52 weeks
<b>Safety Issue</b>	No

**Population Description**

**Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.**

The intent to treat population includes the full analysis set patients with available data and without any major protocol deviations or criteria

causing exclusion and for which data was available for analysis. Patients were analyzed according to the treatment to which they were randomized.

#### Reporting Groups

	Description
<b>Everolimus</b>	Participants started immunosuppressive regimen consisting of low dose CsA, everolimus, MMF and CS. After week 11, the participants regimen consisted of everolimus, MMF and CS.
<b>Control</b>	Participants received an immunosuppressive regimen consisting of CsA, MMF and CS throughout the study.

#### Measured Values

	Everolimus	Control
<b>Number of Participants Analyzed</b> [units: participants]	<b>41</b>	<b>45</b>
<b>Change in Quality of Life Assessed by SF-36 (Minnesota Living With Heart Failure Questionnaire ([MLHF])) From Pre-transplant to Week 52 of Treatment</b> [units: Units on a scale] Mean (Standard Deviation)		
<b>Physical Health pre- transplant</b>	<b>30.8</b> (11.1)	<b>32.9</b> (8.0)
<b>Physical Health at week 52</b>	<b>48.8 (9.6)</b>	<b>48.8</b> (8.3)
<b>Mental Health pre- transplant</b>	<b>46.2</b> (11.8)	<b>38.7</b> (12.4)
<b>Mental Health at week 52</b>	<b>51.5</b> (12.2)	<b>53.9</b> (7.2)

No statistical analysis provided for Change in Quality of Life Assessed by SF-36 (Minnesota Living With Heart Failure Questionnaire ([MLHF])) From Pre-transplant to Week 52 of Treatment

11. Secondary: Change in Quality of Life - Euro Quality of Life 5D (EQ-5D) [ Time Frame: Pre transplant and 52 weeks ]

<b>Measure Type</b>	Secondary
<b>Measure Title</b>	Change in Quality of Life - Euro Quality of Life 5D (EQ-5D)
<b>Measure Description</b>	Change in Quality of Life was assessed via the EQ-5D questionnaire which consists of: EQ-5D-5L descriptive system and EQ Visual Analogue scale (EQ VAS). The EQ-5D-5L comprises 5 dimensions (mobility, self-care, usual activities, pain/discomfort, anxiety/depression). Each dimension has 5 levels (no problems, slight problems, moderate problems, severe problems, and extreme problems). The patient indicates his/her health state by checking the most appropriate statement. This decision results in a 1-digit number expressing the level selected for that dimension. The digits for 5 dimensions are combined in a 5-digit number describing the respondent's health state. The possible score is 1 to 5 where a lower number indicates improvement. The EQ VAS records the patient's self-rated health on a 20 cm vertical, visual analogue scale with endpoints labelled 'the best health you can imagine' and 'the worst health you can imagine'. The score is 0 to 100 where a higher score represents improvement.
<b>Time Frame</b>	Pre transplant and 52 weeks
<b>Safety Issue</b>	No

#### Population Description

Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.

The intent to treat population includes the full analysis set patients with available data and without any major protocol deviations or criteria causing exclusion and for which data was available for analysis. Patients were analyzed according to the treatment to which they were

randomized.

## Reporting Groups

	Description
<b>Everolimus</b>	Participants started immunosuppressive regimen consisting of low dose CsA, everolimus, MMF and CS. After week 11, the participants regimen consisted of everolimus, MMF and CS.
<b>Control</b>	Participants received an immunosuppressive regimen consisting of CsA, MMF and CS throughout the study.

## Measured Values

	Everolimus	Control
<b>Number of Participants Analyzed</b> [units: participants]	<b>45</b>	<b>49</b>
<b>Change in Quality of Life - Euro Quality of Life 5D (EQ-5D)</b> [units: Units on a scale] Mean (Standard Deviation)		
EQ-5D-5L pre- transplant (n=45,49)	0.5750 (0.3387)	0.5069 (0.3209)
EQ-5D-5L at week 52 (n=41,44)	0.8329 (0.2638)	0.8367 (0.2234)
EQ VAS pre- transplant (n=41,48)	46.0 (24.3)	38.9 (20.8)
EQ VAS at week 52 (n=41,42)	80.0 (15.0)	79.4 (11.5)

No statistical analysis provided for Change in Quality of Life - Euro Quality of Life 5D (EQ-5D)

## ► Serious Adverse Events

Hide Serious Adverse Events

<b>Time Frame</b>	No text entered.
<b>Additional Description</b>	No text entered.

## Reporting Groups

	Description
<b>Controls</b>	Participants received an immunosuppressive regimen consisting of CsA, MMF and CS throughout the study
<b>Everolimus</b>	Participants started immunosuppressive regimen consisting of low dose CsA, everolimus, MMF and CS. After week 11, the participants regimen consisted of everolimus, MMF and CS.

## Serious Adverse Events

	Controls	Everolimus
<b>Total, serious adverse events</b>		
# participants affected / at risk	27/59 (45.76%)	27/56 (48.21%)
<b>Blood and lymphatic system disorders</b>		
Neutropenia † 1		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
<b>Cardiac disorders</b>		
Arrhythmia † 1		
# participants affected / at risk	1/59 (1.69%)	1/56 (1.79%)
Atrial fibrillation † 1		

# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
Atrioventricular block complete † 1		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
Cardiac arrest † 1		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
Cardiac disorder † 1		
# participants affected / at risk	1/59 (1.69%)	3/56 (5.36%)
Palpitations † 1		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
Gastrointestinal disorders		
Abdominal hernia † 1		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
Constipation † 1		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
Diarrhoea † 1		
# participants affected / at risk	3/59 (5.08%)	0/56 (0.00%)
Gastrointestinal haemorrhage † 1		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
Gastrointestinal pain † 1		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
Large intestine perforation † 1		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
Megacolon † 1		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
Melaena † 1		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
General disorders		
Device malfunction † 1		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
Impaired healing † 1		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
Multi-organ failure † 1		
# participants affected / at risk	2/59 (3.39%)	1/56 (1.79%)
Pyrexia † 1		
# participants affected / at risk	3/59 (5.08%)	0/56 (0.00%)
Infections and infestations		
Bronchitis † 1		
# participants affected / at risk	1/59 (1.69%)	1/56 (1.79%)
Cytomegalovirus infection † 1		
# participants affected / at risk	3/59 (5.08%)	0/56 (0.00%)
Gastroenteritis † 1		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
Gastroenteritis norovirus † 1		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)

Haemophilus infection †1		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
Infection †1		
# participants affected / at risk	3/59 (5.08%)	1/56 (1.79%)
Nasopharyngitis †1		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
Osteomyelitis †1		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
Pneumonia †1		
# participants affected / at risk	1/59 (1.69%)	5/56 (8.93%)
Sepsis †1		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
Urinary tract infection †1		
# participants affected / at risk	1/59 (1.69%)	1/56 (1.79%)
Wound infection †1		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
Injury, poisoning and procedural complications		
Graft complication †1		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
Hip fracture †1		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
Multiple fractures †1		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
Rib fracture †1		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
Metabolism and nutrition disorders		
Dehydration †1		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
Diabetes mellitus †1		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
Hyperglycaemia †1		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
Musculoskeletal and connective tissue disorders		
Tendonitis †1		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
Neoplasms benign, malignant and unspecified (incl cysts and polyps)		
Skin cancer †1		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
Nervous system disorders		
Brain stem syndrome †1		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
Cerebral haemorrhage †1		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
Cerebrovascular accident †1		

# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
<b>Epilepsy</b> † <sup>1</sup>		
# participants affected / at risk	2/59 (3.39%)	0/56 (0.00%)
<b>Headache</b> † <sup>1</sup>		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
<b>Presyncope</b> † <sup>1</sup>		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
<b>Syncope</b> † <sup>1</sup>		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
<b>Psychiatric disorders</b>		
<b>Confusional state</b> † <sup>1</sup>		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
<b>Depression</b> † <sup>1</sup>		
# participants affected / at risk	0/59 (0.00%)	2/56 (3.57%)
<b>Psychotic disorder</b> † <sup>1</sup>		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
<b>Renal and urinary disorders</b>		
<b>Renal failure</b> † <sup>1</sup>		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
<b>Renal failure acute</b> † <sup>1</sup>		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
<b>Respiratory, thoracic and mediastinal disorders</b>		
<b>Acute respiratory distress syndrome</b> † <sup>1</sup>		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
<b>Chylothorax</b> † <sup>1</sup>		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
<b>Pleural effusion</b> † <sup>1</sup>		
# participants affected / at risk	1/59 (1.69%)	2/56 (3.57%)
<b>Pleural haemorrhage</b> † <sup>1</sup>		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
<b>Pneumonitis</b> † <sup>1</sup>		
# participants affected / at risk	1/59 (1.69%)	1/56 (1.79%)
<b>Pneumothorax</b> † <sup>1</sup>		
# participants affected / at risk	2/59 (3.39%)	0/56 (0.00%)
<b>Surgical and medical procedures</b>		
<b>Pericardial drainage</b> † <sup>1</sup>		
# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
<b>Suture removal</b> † <sup>1</sup>		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
<b>Vascular disorders</b>		
<b>Air embolism</b> † <sup>1</sup>		
# participants affected / at risk	1/59 (1.69%)	0/56 (0.00%)
<b>Femoral artery occlusion</b> † <sup>1</sup>		

# participants affected / at risk	0/59 (0.00%)	1/56 (1.79%)
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† Events were collected by systematic assessment

1 Term from vocabulary, 15.1

## Other Adverse Events

 Hide Other Adverse Events

Time Frame	No text entered.
Additional Description	No text entered.

### Frequency Threshold

Threshold above which other adverse events are reported	5%
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### Reporting Groups

	Description
Controls	Participants received an immunosuppressive regimen consisting of CsA, MMF and CS throughout the study
Everolimus	Participants started immunosuppressive regimen consisting of low dose CsA, everolimus, MMF and CS. After week 11, the participants regimen consisted of everolimus, MMF and CS.

### Other Adverse Events

	Controls	Everolimus
Total, other (not including serious) adverse events		
# participants affected / at risk	53/59 (89.83%)	47/56 (83.93%)
Blood and lymphatic system disorders		
Anaemia † 1		
# participants affected / at risk	5/59 (8.47%)	8/56 (14.29%)
Leukopenia † 1		
# participants affected / at risk	13/59 (22.03%)	11/56 (19.64%)
Thrombocytopenia † 1		
# participants affected / at risk	3/59 (5.08%)	2/56 (3.57%)
Cardiac disorders		
Arrhythmia † 1		
# participants affected / at risk	9/59 (15.25%)	6/56 (10.71%)
Cardiac disorder † 1		
# participants affected / at risk	1/59 (1.69%)	7/56 (12.50%)
Pericardial effusion † 1		
# participants affected / at risk	2/59 (3.39%)	4/56 (7.14%)
Gastrointestinal disorders		
Diarrhoea † 1		
# participants affected / at risk	2/59 (3.39%)	10/56 (17.86%)
General disorders		
Oedema † 1		
# participants affected / at risk	1/59 (1.69%)	4/56 (7.14%)
Oedema peripheral † 1		

# participants affected / at risk	10/59 (16.95%)	12/56 (21.43%)
<b>Pyrexia</b> † <sup>1</sup>		
# participants affected / at risk	1/59 (1.69%)	3/56 (5.36%)
<b>Infections and infestations</b>		
<b>Candidiasis</b> † <sup>1</sup>		
# participants affected / at risk	0/59 (0.00%)	3/56 (5.36%)
<b>Cytomegalovirus infection</b> † <sup>1</sup>		
# participants affected / at risk	15/59 (25.42%)	3/56 (5.36%)
<b>Herpes simplex</b> † <sup>1</sup>		
# participants affected / at risk	3/59 (5.08%)	1/56 (1.79%)
<b>Infection</b> † <sup>1</sup>		
# participants affected / at risk	9/59 (15.25%)	10/56 (17.86%)
<b>Nasopharyngitis</b> † <sup>1</sup>		
# participants affected / at risk	7/59 (11.86%)	9/56 (16.07%)
<b>Pneumonia</b> † <sup>1</sup>		
# participants affected / at risk	1/59 (1.69%)	4/56 (7.14%)
<b>Urinary tract infection</b> † <sup>1</sup>		
# participants affected / at risk	1/59 (1.69%)	5/56 (8.93%)
<b>Metabolism and nutrition disorders</b>		
<b>Diabetes mellitus</b> † <sup>1</sup>		
# participants affected / at risk	0/59 (0.00%)	4/56 (7.14%)
<b>Gout</b> † <sup>1</sup>		
# participants affected / at risk	3/59 (5.08%)	2/56 (3.57%)
<b>Hypercholesterolaemia</b> † <sup>1</sup>		
# participants affected / at risk	2/59 (3.39%)	3/56 (5.36%)
<b>Musculoskeletal and connective tissue disorders</b>		
<b>Musculoskeletal pain</b> † <sup>1</sup>		
# participants affected / at risk	4/59 (6.78%)	5/56 (8.93%)
<b>Osteoporosis</b> † <sup>1</sup>		
# participants affected / at risk	0/59 (0.00%)	3/56 (5.36%)
<b>Pain in extremity</b> † <sup>1</sup>		
# participants affected / at risk	3/59 (5.08%)	3/56 (5.36%)
<b>Nervous system disorders</b>		
<b>Headache</b> † <sup>1</sup>		
# participants affected / at risk	1/59 (1.69%)	3/56 (5.36%)
<b>Tremor</b> † <sup>1</sup>		
# participants affected / at risk	8/59 (13.56%)	3/56 (5.36%)
<b>Renal and urinary disorders</b>		
<b>Nephropathy toxic</b> † <sup>1</sup>		
# participants affected / at risk	3/59 (5.08%)	2/56 (3.57%)
<b>Renal failure</b> † <sup>1</sup>		
# participants affected / at risk	3/59 (5.08%)	2/56 (3.57%)
<b>Respiratory, thoracic and mediastinal disorders</b>		
<b>Pleural effusion</b> † <sup>1</sup>		



# participants affected / at risk	7/59 (11.86%)	11/56 (19.64%)
Pneumonitis † 1		
# participants affected / at risk	3/59 (5.08%)	0/56 (0.00%)
Pneumothorax † 1		
# participants affected / at risk	1/59 (1.69%)	3/56 (5.36%)
Skin and subcutaneous tissue disorders		
Acne † 1		
# participants affected / at risk	1/59 (1.69%)	6/56 (10.71%)
Hirsutism † 1		
# participants affected / at risk	4/59 (6.78%)	0/56 (0.00%)
Rash † 1		
# participants affected / at risk	5/59 (8.47%)	5/56 (8.93%)
Vascular disorders		
Hypertension † 1		
# participants affected / at risk	20/59 (33.90%)	10/56 (17.86%)

† Events were collected by systematic assessment

1 Term from vocabulary, 15.1

## Limitations and Caveats

 Hide Limitations and Caveats

Limitations of the study, such as early termination leading to small numbers of participants analyzed and technical problems with measurement leading to unreliable or uninterpretable data

No text entered.

## More Information

 Hide More Information

### Certain Agreements:

Principal Investigators are **NOT** employed by the organization sponsoring the study.

There **IS** an agreement between Principal Investigators and the Sponsor (or its agents) that restricts the PI's rights to discuss or publish trial results after the trial is completed.

The agreement is:

- ☐ The only disclosure restriction on the PI is that the sponsor can review results communications prior to public release and can embargo communications regarding trial results for a period that is **less than or equal to 60 days**. The sponsor cannot require changes to the communication and cannot extend the embargo.
- ☐ The only disclosure restriction on the PI is that the sponsor can review results communications prior to public release and can embargo communications regarding trial results for a period that is **more than 60 days but less than or equal to 180 days**. The sponsor cannot require changes to the communication and cannot extend the embargo.
- Other disclosure agreement that restricts the right of the PI to discuss or publish trial results after the trial is completed.
- ☒ **Restriction Description:** The terms and conditions of Novartis' agreements with its investigators may vary. However, Novartis does not prohibit any investigator from publishing. Any publications from a single-site are postponed until the publication of pooled data (i.e., data from all sites) in clinical trial or disclosure of trial results in their entirety.

### Results Point of Contact:

Name/Title: Study director

Organization: Novartis Pharmaceuticals  
phone: 862-778-8300

**No publications provided by Novartis**

**Publications automatically indexed to this study:**

Andreassen AK, Andersson B, Gustafsson F, Eiskjaer H, Radegran G, Gude E, Jansson K, Solbu D, Sigurdardottir V, Arora S, Dellgren G, Gullestad L; SCHEDULE Investigators. Everolimus initiation and early calcineurin inhibitor withdrawal in heart transplant recipients: a randomized trial. *Am J Transplant*. 2014 Aug;14(8):1828-38.

Responsible Party: Novartis ( Novartis Pharmaceuticals )  
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2009-013074-41 ( EudraCT Number )  
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Health Authority: United States: Food and Drug Administration  
Norway: Norwegian Institute of Public Health