

Full Title

A Study into the Effect of Mechanical Bowel Preparation on Aerobic Exercise Capacity as Measured by Cardiopulmonary Exercise Testing (PicoPEX)

Publication of clinical trial results

An abstract of the PicoPEX trial was published in the Colorectal Disease journal and the British Journal of Surgery.

Reference: Challand, C.P., Lai, C.W., Minto, G., Hosie, K., Sneyd, J.R. & Struthers, R. (2011) Mechanical bowel preparation and fasting may influence aerobic capacity in cardiopulmonary exercise testing. *Colorectal Disease*; 13(Suppl 5): 46

Lai, C.W., Challand, C., Minto, G., Hosie, K., Sneyd, J.R. & Struthers, R. (2011) Mechanical bowel preparation and fasting may influence aerobic capacity in cardiopulmonary exercise testing. *British Journal of Surgery*; 98(S3): 177

In addition, there have been three conference poster presentations.

Reference: Challand CP, Lai CW, Minto G, Hosie K, Sneyd JR & Struthers R (2011) Mechanical bowel preparation and fasting may influence aerobic capacity in cardiopulmonary exercise testing. *Tripartite Colorectal Meeting*, Cairns (July 2011)

Lai CW, Challand C, Struthers R, Mellor N, Hosie K, Sneyd JR & Minto G (2011) Mechanical bowel preparation and fasting may influence aerobic capacity in cardiopulmonary exercise testing. *PreOperative Association* (November 2011)

Lai CW, Challand CP, Minto G, Hosie K, Sneyd JR & Struthers R (2011) Mechanical bowel preparation and fasting may influence aerobic capacity in cardiopulmonary exercise testing. *Association of Surgeons of Great Britain & Ireland* (May 2011)

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