

ClinicalTrials.gov Protocol and Results Registration System (PRS) Receipt  
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## Efficacy Assessment of Insulin Glargine Versus LiraglutidE After Oral Agents Failure (EAGLE)

This study has been completed.

Sponsor:	Sanofi
Collaborators:	
Information provided by (Responsible Party):	Sanofi
ClinicalTrials.gov Identifier:	NCT01117350

### Purpose

Primary objective:

To demonstrate the superiority of insulin glargine over liraglutide in terms of percentage of patients reaching a Glycosylated Haemoglobin (HbA1c) < 7% at the end of the comparative period (24 weeks) in Type 2 diabetic patients failing lifestyle management and oral agents

Secondary objectives of the comparative period (24 weeks):

>To assess the effect of insulin glargine in comparison with liraglutide on:

- HbA1c level
- Percentage of patients whose HbA1c has decreased but remains  $\geq 7\%$  at the end of the comparative period
- Percentage of patients whose HbA1c has increased at the end of the comparative period
- Fasting Plasma Glucose (FPG)
- 7-point Plasma Glucose (PG) profiles
- Hypoglycemia occurrence
- Body weight
- Adverse events

Objectives of the extension period (24 weeks):

>To assess the effect of insulin glargine in patients not adequately controlled with liraglutide on:

- HbA1c level
- FPG
- 7-point PG profiles
- Hypoglycemia occurrence
- Body weight
- Adverse events

Condition	Intervention	Phase
Diabetes Mellitus, Type 2	Drug: Insulin glargine Drug: Liraglutide Drug: Metformin	Phase 4

Study Type: Interventional

Study Design: Treatment, Parallel Assignment, Open Label, Randomized, Safety/Efficacy Study

Official Title: A 24-week, Multicenter, International, Randomized (1:1), Parallel-group, Open-label, Comparative Study of Insulin Glargine Versus Liraglutide in Insulin-naïve Patients With Type 2 Diabetes Treated With Oral Agents and Not Adequately Controlled, Followed by a 24-week Extension Period With Insulin Glargine for Patients Not Adequately Controlled With Liraglutide

Further study details as provided by Sanofi:

Primary Outcome Measure:

- Percentage of Patients Whose Glycosylated Haemoglobin (HbA1c) <7% at the End of the Comparative Period [Time Frame: week 12, week 24]  
[Designated as safety issue: No]  
The value at the end of the comparative period was defined as the last available HbA1c value measured during the comparative period plus 14 days after the last dose of Investigational Product (i.e. last-observation-carried-forward [LOCF] value).

Secondary Outcome Measures:

- Percentage of Patients Whose Glycosylated Haemoglobin (HbA1c) Has Decreased But Remains  $\geq 7\%$  at the End of the Comparative Period [Time Frame: baseline (week -2), week 12, week 24] [Designated as safety issue: No]  
Percentage of patients with: \* HbA1c value at end of the comparative period (LOCF) lower than HbA1c baseline value AND \* HbA1c value at end of the comparative period (LOCF)  $\geq 7\%$
- Percentage of Patients Whose Glycosylated Haemoglobin (HbA1c) Has Increased at the End of the Comparative Period [Time Frame: baseline (week -2), week 12, week 24] [Designated as safety issue: No]  
Percentage of patients with HbA1c value at end of the comparative period (LOCF) higher than HbA1c baseline value
- Glycosylated Haemoglobin (HbA1c): Change From Baseline to the End of Comparative Period [Time Frame: baseline (week -2), week 12, week 24]  
[Designated as safety issue: No]  
Change in HbA1C from baseline to the last observation carried forward (LOCF) measured during the comparative period = LOCF value - baseline value
- Glycosylated Haemoglobin (HbA1c): Change From Beginning to the End of the Extension Period [Time Frame: week 24, week 36, week 48] [Designated as safety issue: No]  
Change in HbA1C from beginning of the extension period (week 24) to the last observation carried forward (LOCF) measured during the extension period = LOCF value - week 24 value
- Percentage of Patients Whose Glycosylated Haemoglobin (HbA1c) <7% at the End of the Extension Period [Time Frame: week 36, week 48] [Designated as safety issue: No]  
Value at the end of the extension period defined as last available HbA1c value measured during the extension period (i.e. last observation carried forward (LOCF) value)

- Self-Monitored Fasting Plasma Glucose (SMFPG) Measurements: Change From Baseline to the End of the Comparative Period [Time Frame: baseline (week 0), week 6, week 12, week 18, week 24] [Designated as safety issue: No]  
SMFPG = mean value of Self-Monitored Fasting Plasma Glucose measurements over 3 consecutive days in the week before each visit Value at the end of the comparative period defined as last available value during the comparative period (i.e. last-observation-carried-forward [LOCF] value) Change = LOCF value - baseline value
- Self-Monitored Fasting Plasma Glucose (SMFPG) Measurements: Change From Beginning to the End of the Extension Period [Time Frame: week 24, week 30, week 36, week 48] [Designated as safety issue: No]  
SMFPG = mean value of Self-Monitored Fasting Plasma Glucose measurements over 3 consecutive days in the week before each visit Value at the end of the extension period defined as last available value during the extension period (i.e. last-observation-carried-forward [LOCF] value) Change = LOCF value - week 24 value
- Self-Monitored 7-point Plasma Glucose (PG) Profile: Change From Baseline to the End of the Comparative Period [Time Frame: baseline (week 0), week 12, week 24] [Designated as safety issue: No]  
Self-monitored 7-point plasma glucose profiles (before and 2 hours after the start of breakfast, lunch and dinner, and at bedtime) recorded on 3 consecutive days in the week before each visit Value at the end of the comparative period defined as last available value during the comparative period (i.e. last-observation-carried-forward [LOCF] value) Change = LOCF value - baseline value
- Self-Monitored 7-point Plasma Glucose (PG) Profile: Change From Beginning to the End of the Extension Period [Time Frame: week 24, week 36, week 48] [Designated as safety issue: No]  
Self-monitored 7-point plasma glucose profiles (before and 2 hours after the start of breakfast, lunch and dinner, and at bedtime) recorded on 3 consecutive days in the week before each visit Value at the end of the extension period defined as last available value during the extension period (i.e. last-observation-carried-forward [LOCF] value) Change = LOCF value - week 24 value
- Body Weight: Change From Baseline to the End of the Comparative Period [Time Frame: baseline (week 0), week 2, week 6, week 12, week 18, week 24] [Designated as safety issue: No]  
Change = Last weight value measured during the comparative period (LOCF value) - weight value at baseline
- Body Weight: Change From Beginning to End of the Extension Period [Time Frame: week 24, week 30, week 36, week 48] [Designated as safety issue: No]  
Change = Last weight value measured during the extension period (LOCF value) - weight value at beginning of the Extension Period (Week 24)
- Daily Dose of Insulin Glargine [Time Frame: week 1, week 2, week 6, week 12, week 24] [Designated as safety issue: No]
- Daily Dose of Liraglutide [Time Frame: week 1, week 2, week 6, week 12, week 24] [Designated as safety issue: No]
- Daily Dose of Insulin Glargine Administered During the Extension Period [Time Frame: week 30, week 36, week 48] [Designated as safety issue: No]
- Hypoglycemia Occurrence: Number of Patients With at Least One Episode of Symptomatic / Severe Symptomatic Hypoglycemia During the Comparative Period [Time Frame: all across the comparative period (from week 0 to week 24)] [Designated as safety issue: Yes]  
Symptomatic hypoglycemia was defined as an event with clinical symptoms that were considered to result from hypoglycemia. Severe symptomatic hypoglycemia was defined as an event with clinical symptoms that were considered to result from hypoglycemia, requiring the assistance of another person for active administration of carbohydrate, glucagon or other countermeasure because the patient could not treat him/herself due to acute neurological impairment directly resulting from the hypoglycemia (assistance by another person when the patient could have treated him/herself was not considered as requiring assistance) and one of the following criteria: • The event was associated with a measured PG level < 36 mg/dL (2 mmol/L), • Or, in absence of PG value, the event was associated with neurological recovery attributable to the restoration of PG to normal, after oral carbohydrate, intravenous glucose or glucagon administration.
- Hypoglycemia Occurrence: Number of Patients With at Least One Episode of Symptomatic / Severe Symptomatic Hypoglycemia During the Extension Period [Time Frame: all across the extension period (from week 24 to week 48)] [Designated as safety issue: Yes]  
Symptomatic hypoglycemia was defined as an event with clinical symptoms that were considered to result from hypoglycemia. Severe symptomatic hypoglycemia was defined as an event with clinical symptoms that were considered to result from hypoglycemia, requiring the assistance of another person for active administration of carbohydrate, glucagon or other countermeasure because the patient could not treat him/herself due to acute neurological impairment directly resulting from the hypoglycemia (assistance by another person when the patient could have treated him/herself was not considered as requiring assistance) and one of the following criteria: • The event was associated with a measured PG level < 36 mg/dL (2 mmol/L), •

Or, in absence of PG value, the event was associated with neurological recovery attributable to the restoration of PG to normal, after oral carbohydrate, intravenous glucose or glucagon administration.

Enrollment: 978

Study Start Date: July 2010

Primary Completion Date: October 2012

Study Completion Date: March 2013

Arms	Assigned Interventions
<p><b>Experimental: Insulin Glargine</b>  Insulin glargine administered once a day, in the morning or in the evening, at the most convenient time. The time of injection, once chosen was to remain unchanged during the whole duration of the study.</p> <p>The starting dose was 0.2 Unit per kilogram of body weight or 10 Units. Patients were empowered to adjust their insulin doses, under strict investigator's supervision. Insulin titration (by 2 or 4 Units) was done every 3 days according to the median value of Fasting Plasma Glucose (FPG) of the last 3 days. The goal was to achieve <math>70 &lt; \text{FPG} \leq 100</math> mg/dL (<math>3.9 &lt; \text{FPG} \leq 5.5</math> mmol/L). Minor deviations from the titration scheme could be allowed, based on Investigator's judgment and patient's situation.</p>	<p><b>Drug: Insulin glargine</b>  100 Units/mL solution for injection in a pre-filled SoloStar pen</p> <p><b>Other Names:</b>  Lantus®</p> <p><b>Drug: Metformin</b>  Metformin was a background treatment, mandatory for each patient randomized in the study (at the minimum dose of 1g/day). It was not supplied by the sponsor.</p>
<p><b>Active Comparator: Liraglutide</b>  Liraglutide administered once a day, in the morning or in the evening, at the most convenient time. The time of injection , once chosen was to remain unchanged during the whole duration of the study.</p> <p>The dose was 0.6 mg/day during the first week, 1.2 mg/day during the second week and 1.8 mg/day until week 24. The dose might be decreased to 1.2 mg for safety reasons (e.g. gastro-intestinal tolerability), based on Investigator's judgment.</p>	<p><b>Drug: Liraglutide</b>  6 mg/mL solution for injection in a 3-mL pre-filled pen (18mg)</p> <p><b>Other Names:</b>  Victoza®</p> <p><b>Drug: Metformin</b>  Metformin was a background treatment, mandatory for each patient randomized in the study (at the minimum dose of 1g/day). It was not supplied by the sponsor.</p>

## Detailed Description:

Maximum estimated study duration per patient: either 27 weeks (patients randomized to insulin glargine arm) or 51 weeks (patients randomized to liraglutide arm) broken down as follow:

- A 2-week of screening period,
- A 24-week comparative period,
- A 24-week extension period (only for patients treated with liraglutide, not adequately controlled at the end of the comparative period),
- A 1-week follow-up period

## Eligibility

Ages Eligible for Study: 35 Years to 75 Years

Genders Eligible for Study: Both

Accepts Healthy Volunteers: No

### Criteria

Inclusion criteria (comparative period):

- Patients With Type 2 Diabetes diagnosed for at least 1 year,
- Treated with lifestyle interventions and metformin at the maximum tolerated dosage (with a minimum daily dosage of 1g), either alone or in combination with an oral insulin secretagogue (sulfonylurea, glinide or DiPeptidyl Peptidase IV inhibitor), for more than 3 months,
- $7.5\% < \text{HbA1c} \leq 12\%$ ,
- Body Mass Index (BMI) between 25 and 40 kg/m<sup>2</sup> inclusively,
- Ability and willingness to perform PG (Plasma Glucose) self monitoring using the sponsor-provided glucose meter and to complete the patient diary,
- Willingness and ability to comply with the study protocol,
- Signed informed consent obtained prior to any study procedure.

Inclusion criteria (extension period):

- Patients treated with liraglutide (at the maximal tolerated dosage), having a mean FPG  $\geq 250$  mg/dL at visit 10 (Week 12) or visit 11 (Week 18), or a HbA1c  $\geq 7\%$  at visit 12 (Week 24)
- Dosage of metformin compliant with the inclusion criteria of visit 1 (i.e. maximum tolerated dosage, with a minimum daily dosage of 1g), and maintained stable during the comparative period.

Exclusion criteria:

- Previous treatment with Glucagon Like Peptide-1 analogues or insulin in the past year (except in case of temporary treatment for gestational diabetes, surgery, hospitalization...),
- Treatment with thiazolidinediones or  $\alpha$ -Glucosidases inhibitors within 3 months prior to study entry,
- Diabetes other than Type 2 diabetes (e.g. secondary to pancreatic disorders, drug or chemical agents intake),
- Pregnant women (women of childbearing potential must have a negative pregnancy test at study entry and a medically approved contraceptive method),
- Lactating women,
- Hospitalized patients (except hospitalization for routine diabetes check-up),
- Active proliferative retinopathy, as defined by a photocoagulation or vitrectomy occurrence in the 6 months prior to study entry, or any other unstable (rapidly progressing) retinopathy that may require photocoagulation or surgical treatment during the study, documented by a retina examination within 2 years prior to study entry,

- Impaired renal function (creatinine clearance < 60 mL/mn),
- Impaired hepatic function (Alanine Aminotransferase, Aspartate Aminotransferase 2.5 times the upper limit of normal range),
- Personal or family history of medullary thyroid carcinoma,
- Multiple endocrine neoplasia syndrome type 2,
- Severe gastro-intestinal disease (including inflammatory bowel disease or diabetic gastroparesis),
- Congestive heart failure,
- History of acute pancreatitis,
- Treatment with corticosteroids with potential systemic action for more than 10 days within 3 months prior to study entry,
- Alcohol or drug abuse in the past 5 years,
- History of sensitivity to the study drugs or to drugs with a similar chemical structure.
- Night shift worker,
- Presence of any condition (medical, psychological, social or geographical), current or anticipated that would compromise the patients safety or limit the patient successful participation in the study,
- Participation in a clinical trial (drug or device) within 3 months prior to study entry,
- Refusal or inability to give informed consent to participate in the study,
- Patient is the Investigator or any sub-Investigator, research assistant, pharmacist, study coordinator, other staff or relative thereof directly involved in the conduct of the protocol.

Additional exclusion criteria for the extension period:

- Treatment with oral antidiabetic drugs other than metformin and patient's usual sulfonylurea if any, or with insulin during the comparative period (except in case of an emergency, for a period of time less than 7 days),
- Treatment with corticosteroids with potential systemic action within the last 3 months of the comparative period.
- History of sensitivity to insulin glargine.

## Contacts and Locations

### Locations

United States, Alabama

investigational site number 840023

Birmingham, Alabama, United States, 35294

United States, Arizona

investigational site number 840002

Goodyear, Arizona, United States, 85395

investigational site number 840047

Phoenix, Arizona, United States, 85020

United States, California

investigational site number 840017

La Jolla, California, United States, 92037

investigational site number 840036

La Mesa, California, United States, 91942

investigational site number 840037

Loma Linda, California, United States, 92357

investigational site number 840045

Long Beach, California, United States, 90822

investigational site number 840048  
Mission Hills, California, United States, 91345  
investigational site number 840033  
Mission Viejo, California, United States, 92691  
investigational site number 840019  
Palm Springs, California, United States, 92262  
investigational site number 840042  
San Diego, California, United States, 92161  
investigational site number 840039  
San Diego, California, United States, 92101  
investigational site number 840043  
Tustin, California, United States, 92780  
United States, Colorado  
investigational site number 840028  
Denver, Colorado, United States, 80220  
investigational site number 840034  
Grand Junction, Colorado, United States, 81501  
investigational site number 840026  
Longmont, Colorado, United States, 80501  
United States, Georgia  
investigational site number 840022  
Lawrenceville, Georgia, United States  
investigational site number 840029  
Roswell, Georgia, United States, 30076  
United States, Illinois  
investigational site number 840009  
Arlington Heights, Illinois, United States, 60004  
investigational site number 840051  
Springfield, Illinois, United States, 62704  
United States, Indiana  
investigational site number 840050  
Indianapolis, Indiana, United States, 46222  
United States, Kansas  
investigational site number 840031  
Kansas City, Kansas, United States, 66160  
United States, Kentucky  
investigational site number 840004  
Paducah, Kentucky, United States, 42003  
United States, Maryland  
investigational site number 840010  
Rockville, Maryland, United States, 20850  
United States, Minnesota  
investigational site number 840038  
Eagan, Minnesota, United States, 55122  
investigational site number 840030

Minneapolis, Minnesota, United States, 55414  
United States, Missouri  
    investigational site number 840012  
        St Louis, Missouri, United States, 63128  
    investigational site number 840044  
        St. Louis, Missouri, United States, 63141  
United States, New Jersey  
    investigational site number 840015  
        Atco, New Jersey, United States, 08004  
    investigational site number 840008  
        Blackwood, New Jersey, United States, 08012  
United States, New York  
    investigational site number 840027  
        Mineola, New York, United States, 11501  
    investigational site number 840011  
        Staten Island, New York, United States, 10301-3914  
United States, North Carolina  
    investigational site number 840005  
        Hickory, North Carolina, United States, 28601  
    investigational site number 840052  
        Winston-Salem, North Carolina, United States, 27103  
United States, North Dakota  
    investigational site number 840049  
        Fargo, North Dakota, United States, 58103  
United States, Ohio  
    investigational site number 840006  
        Bryan, Ohio, United States, 43506  
    investigational site number 840035  
        Cincinnati, Ohio, United States, 45220  
United States, Pennsylvania  
    investigational site number 840016  
        Carnegie, Pennsylvania, United States, 15106  
    investigational site number 840020  
        Uniontown, Pennsylvania, United States, 15401  
United States, South Dakota  
    investigational site number 840024  
        Rapid City, South Dakota, United States, 57701  
United States, Texas  
    investigational site number 840007  
        Dallas, Texas, United States, 75246  
    investigational site number 840001  
        Dallas, Texas, United States, 75230  
    investigational site number 840013  
        Houston, Texas, United States, 77030  
United States, Washington



investigational site number 840014  
Renton, Washington, United States, 98057  
investigational site number 840046  
Spokane, Washington, United States, 99220-3649

#### Austria

investigational site number 040-007  
Salzburg, Austria, 5020  
investigational site number 040-006  
Salzburg, Austria, 5010  
investigational site number 040-003  
Stockerau, Austria, A-2000  
investigational site number 040-005  
Vienna, Austria, A-1010  
investigational site number 040-004  
Vienna, Austria, A-1220  
investigational site number 040-001  
Vienna, Austria, A-1130  
investigational site number 040-002  
Vienna, Austria, A-1090

#### Brazil

investigational site number 076-004  
Belém, Brazil, 66073-000  
investigational site number 076-007  
Fortaleza, Brazil, 60015-052  
investigational site number 076-001  
Fortaleza, Brazil, 60115-282  
investigational site number 076-006  
Fortaleza, Brazil, 60430-370  
investigational site number 076-005  
Marília, Brazil, 17519-101  
investigational site number 076-002  
São Paulo, Brazil, 01244-030

#### Canada

investigational site number 124-003  
Mississauga, Canada, L5M2V8  
investigational site number 124-001  
Montreal, Canada, H2W1T8  
investigational site number 124-006  
Montreal, Canada, H3A1A1  
investigational site number 124-004  
Toronto, Canada, M5C 2T2  
investigational site number 124-008  
Vancouver, Canada, V5Z1M9  
investigational site number 124-007  
Victoria, Canada, V8R1J8

#### Czech Republic

- investigational site number 203001  
Hradec Kralove, Czech Republic, 50005
- investigational site number 203003  
Krnov, Czech Republic, 79401
- investigational site number 203005  
Kromeriz, Czech Republic, 76701
- investigational site number 203002  
Olomouc, Czech Republic, 77900
- investigational site number 203006  
Praha 5, Czech Republic, 15000

#### Finland

- investigational site number 246003  
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- investigational site number 246001  
Kuopio, Finland, 70210
- investigational site number 246002  
Oulu, Finland, 90100
- investigational site number 246004  
Turku, Finland, 20100

#### France

- investigational site number 250-007  
Annecy, France, 74000
- investigational site number 250-017  
Bois Guillaume Cedex, France, 76233
- investigational site number 250-003  
Boulogne Billancourt, France, 92100
- investigational site number 250-011  
Brest, France, 29000
- investigational site number 250-008  
Cahors Cedex 9, France, 46005
- investigational site number 250-012  
Corbeil Essonnes, France, 91100
- investigational site number 250-009  
La Rochelle Cedex 1, France, 17019
- investigational site number 250-004  
Le Creusot, France, 71200
- investigational site number 250-006  
Mantes La Jolie, France, 78200
- investigational site number 250-021  
Nanterre, France, 92014
- investigational site number 250-020  
Strasbourg, France, 67091
- investigational site number 250022  
Strasbourg, France, 67000

investigational site number 250-002  
Toulouse, France, 31300  
investigational site number 250-016  
Venissieux, France, 69200

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Athens, Greece  
investigational site number 300004  
Athens, Greece  
investigational site number 300001  
Haidari, Athens, Greece, 12462

Ireland

investigational site number 372001  
Dublin 4, Ireland

Israel

investigational site number 376004  
Hadera, Israel  
investigational site number 376002  
Petah Tiqwa, Israel, 49361  
investigational site number 376003  
Tel-Aviv, Israel

Mexico

investigational site number 484004  
Guadalajara, Mexico, 44630  
investigational site number 484002  
Mexico, Mexico, 14000  
investigational site number 484001  
Mexico, Mexico, 07760  
investigational site number 484003  
Zapopan, Mexico, 45200

Netherlands

investigational site number 528001  
Beek, Netherlands, 6191JW  
investigational site number 528006  
Enschede, Netherlands, 7523JJ  
investigational site number 528002  
Hoogeveen, Netherlands, 7909AA  
investigational site number 528007  
Nijverdal, Netherlands, 7442LS  
investigational site number 528003  
Rotterdam, Netherlands  
investigational site number 528005  
Woerden, Netherlands  
investigational site number 528004  
s-Hertogenbosch, Netherlands

## Russian Federation

investigational site number 643-009  
Kazan, Russian Federation  
investigational site number 643008  
Kirov, Russian Federation, 610014K  
investigational site number 643001  
Moscow, Russian Federation, 117036  
investigational site number 643006  
Samara, Russian Federation  
investigational site number 643007  
Samara, Russian Federation  
investigational site number 643005  
Saratov, Russian Federation  
investigational site number 643004  
St-Petersburg, Russian Federation, 195257  
investigational site number 643003  
St-Petersburg, Russian Federation, 194354

## Slovakia

investigational site number 703002  
Bratislava, Slovakia, 81102  
investigational site number 703004  
Kosice, Slovakia, 04013  
investigational site number 703001  
Nitra, Slovakia, 94911  
investigational site number 703005  
Nove Mesto nad Vahom, Slovakia, 091501  
investigational site number 703003  
Zilina, Slovakia, 01001

## Spain

investigational site number 724007  
Bilbao, Spain, 48013  
investigational site number 724006  
Cádiz, Spain, 11009  
investigational site number 724005  
LLeida, Spain  
investigational site number 724001  
Las Palmas de Gran Canaria, Spain, 35020  
investigational site number 724008  
Madrid, Spain, 28040  
investigational site number 724003  
Málaga, Spain, 29010  
investigational site number 724009  
Sabadell, Spain, 08208  
investigational site number 724004  
Valencia, Spain, 46015

investigational site number 721002  
Valencia, Spain, 46014  
investigational site number 724010  
Vigo, Spain, 36211

#### Sweden

investigational site number 752-002  
Göteborg, Sweden, 41665  
investigational site number 752-005  
Karlskoga, Sweden, 69181  
investigational site number 752-006  
Motala, Sweden, 59185  
investigational site number 752-001  
Stockholm, Sweden, 17176  
investigational site number 752-03  
Ängelholm, Sweden, 26281  
investigational site number 752-007  
Örebro, Sweden, 70235

#### Turkey

investigational site number 792-001  
Antalya, Turkey, 07070  
investigational site number 792-002  
Istanbul, Turkey, 34890

#### Investigators

Study Director: Clinical Sciences & Operations sanofi-aventis

## More Information

Responsible Party: Sanofi  
Study ID Numbers: LANTU\_C\_03680  
2010-018437-21 [EudraCT Number]  
U1111-1116-9684 [UTN]  
Health Authority: Czech Republic: State Institute for Drug Control  
United States: Food and Drug Administration

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## Study Results

## Participant Flow

Recruitment Details	
	The first patient was enrolled on July 23, 2010. The 24-week comparative period was completed on October 5, 2012.

	The extension period was initiated on March 24, 2011 and completed on March 6, 2013.
Pre-Assignment Details	A total of 1456 patients were screened in 136 centers, in 17 countries (Austria, Brazil, Canada, Czech Republic, Finland, France, Greece, Ireland, Israel, Mexico, Netherlands, Russian Federation Slovakia, Spain, Sweden, Turkey, USA). Among them, 478 (32.8%) patients were not randomized (main reason was Glycosylated Haemoglobin A1c out of range).

#### Reporting Groups

	Description
Insulin Glargine	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days
Liraglutide (Comparative Period)/ Insulin Glargine (Extension)	Liraglutide dose: 0.6 mg/day during the first week, 1.2 mg/day during the second week and 1.8 mg/day until week 24 (comparative period)  For patients included in the extension period: Insulin Glargine (dosing same as above)

#### Comparative Period

	Insulin Glargine	Liraglutide (Comparative Period)/ Insulin Glargine (Extension)
Started	489 <sup>[1]</sup>	489
TREATED = Safety Population	484 <sup>[2]</sup>	481
mITT Population	474 <sup>[3]</sup>	470
Completed	447	414
Not Completed	42	75
Not Treated	5	8
Adverse Event	6	33
Lost to Follow-up	11	7
Withdrawal by Subject	9	13
Protocol Violation	8	12
Lack of Efficacy	1	0
Physician Decision	0	1
Move to another city/country	2	1

[1] STARTED: randomized

[2] Safety population: all randomized and treated patients (received at least one dose)

[3] modified Intent-To-Treat population: treated patients with at least one efficacy post-baseline value

#### Extension Period

	Insulin Glargine	Liraglutide (Comparative Period)/ Insulin Glargine (Extension)
Started	0	210 <sup>[1]</sup>
TREATED = Safety Population (Extension)	0	160 <sup>[2]</sup>
mITT Population (Extension)	0	154 <sup>[3]</sup>
Completed	0	147
Not Completed	0	63
Not included in extension, not treated	0	50
Adverse Event	0	2
Protocol Violation	0	2
Lost to Follow-up	0	2
Withdrawal by Subject	0	3
Lack of Efficacy	0	2
Inclusion criteria not respected	0	1
Prohibited medication	0	1

[1] STARTED: patients having completed the comparative period and eligible for the extension period

[2] Safety population (extension): treated with insulin glargine during the extension period

[3] mITT (extension): treated patients with at least 1 efficacy value both at entry and during extension

## Baseline Characteristics

#### Analysis Population Description

Modified-Intent-to-treat (mITT) population: all patients who were randomized, received at least one dose of Interventional Product (IP), and had at least one post-baseline assessment during comparative period of any primary or secondary efficacy variables

#### Reporting Groups

	Description
Insulin Glargine	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days.

	Description
Liraglutide	Liraglutide dose: 0.6 mg/day during the first week, 1.2 mg/day during the second week and 1.8 mg/day until week 24.

#### Baseline Measures

	Insulin Glargine	Liraglutide	Total
Number of Participants	474	470	944
Age, Continuous [units: years] Mean (Standard Deviation)	57.07 (8.78)	57.44 (8.85)	57.25 (8.81)
Gender, Male/Female [units: participants]			
Female	224	207	431
Male	250	263	513
Body Mass Index (BMI) at week -2 [units: kg/m <sup>2</sup> ] Mean (Standard Deviation)	32.00 (4.24)	31.75 (4.12)	31.88 (4.18)
Duration of Type 2 diabetes [units: years] Median (Inter-Quartile Range)	8.54 (5.20 to 12.38)	8.41 (4.80 to 11.69)	8.49 (4.94 to 12.17)
At least one diabetic late complication <sup>[1]</sup> [units: participants]			
Yes	212	223	435
No	262	247	509
Glycosylated Hemoglobin A1c (HbA1c) at week -2 [units: percent] Mean (Standard Deviation)	9.04 (1.10)	9.11 (1.09)	9.07 (1.09)

<sup>[1]</sup> Diabetic late complications: myocardial infarction, angina pectoris, coronary artery disease, heart failure, stroke, transient ischemic attack, peripheral vascular disease, diabetic neuropathy, diabetic nephropathy, diabetic retinopathy



## Outcome Measures

### 1. Primary Outcome Measure:

Measure Title	Percentage of Patients Whose Glycosylated Haemoglobin (HbA1c) <7% at the End of the Comparative Period
Measure Description	The value at the end of the comparative period was defined as the last available HbA1c value measured during the comparative period plus 14 days after the last dose of Investigational Product (i.e. last-observation-carried-forward [LOCF] value).
Time Frame	week 12, week 24
Safety Issue?	No

### Analysis Population Description

The population analyzed for this outcome measure consisted of the subset of mITT patients who had at least one HbA1c value on treatment during the comparative period.

### Reporting Groups

	Description
Insulin Glargine	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days.
Liraglutide	Liraglutide dose: 0.6 mg/day during the first week, 1.2 mg/day during the second week and 1.8 mg/day until week 24.

### Measured Values

	Insulin Glargine	Liraglutide
Number of Participants Analyzed	467	458
Percentage of Patients Whose Glycosylated Haemoglobin (HbA1c) <7% at the End of the Comparative Period [units: percentage of participants]	48.4	45.9

### Statistical Analysis 1 for Percentage of Patients Whose Glycosylated Haemoglobin (HbA1c) <7% at the End of the Comparative Period

Statistical Analysis Overview	Comparison Groups	Insulin Glargine, Liraglutide
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	Comments	<p>Superiority testing</p> <p>H0: Rate measured with insulin glargine = rate measured with liraglutide</p> <p>H1: Rate measured with insulin glargine <math>\neq</math> rate measured with liraglutide</p> <p>Sample size calculation (465 randomized patients per arm) was based on the assumption of an expected success rate of 46% with insulin glargine and 35% with liraglutide, an alpha risk of 5% (2-sided) and a power of 90%, taking into account an estimated non evaluability rate of 10%.</p>
	Non-Inferiority or Equivalence Analysis?	No
	Comments	[Not specified]
Statistical Test of Hypothesis	P-Value	0.439
	Comments	<p>If superiority not demonstrated, switching from superiority to non-inferiority considered.</p> <p>Conclusion of non-inferiority reached if lower limit of 2-sided 95% confidence interval of the difference (insulin glargine – liraglutide) <math>&gt;</math> or <math>=</math> to - 3.5%</p>
	Method	Chi-squared
	Comments	[Not specified]
Method of Estimation	Estimation Parameter	Mean Difference (Final Values)
	Estimated Value	2.54
	Confidence Interval	(2-Sided) 95% -3.88 to 8.93
	Estimation Comments	[Not specified]

## 2. Secondary Outcome Measure:

Measure Title	Percentage of Patients Whose Glycosylated Haemoglobin (HbA1c) Has Decreased But Remains $\geq 7\%$ at the End of the Comparative Period
Measure Description	<p>Percentage of patients with:</p> <p>* HbA1c value at end of the comparative period (LOCF) lower than HbA1c baseline value</p> <p>AND</p> <p>* HbA1c value at end of the comparative period (LOCF) <math>\geq 7\%</math></p>
Time Frame	baseline (week -2), week 12, week 24

Safety Issue?	No
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#### Analysis Population Description

The population analyzed for this outcome measure consisted of the subset of mITT patients who had at least one HbA1c value on treatment during the comparative period.

#### Reporting Groups

	Description
Insulin Glargine	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days.
Liraglutide	Liraglutide dose: 0.6 mg/day during the first week, 1.2 mg/day during the second week and 1.8 mg/day until week 24.

#### Measured Values

	Insulin Glargine	Liraglutide
Number of Participants Analyzed	467	458
Percentage of Patients Whose Glycosylated Haemoglobin (HbA1c) Has Decreased But Remains $\geq 7\%$ at the End of the Comparative Period [units: percentage of participants]	47.1	46.3

#### 3. Secondary Outcome Measure:

Measure Title	Percentage of Patients Whose Glycosylated Haemoglobin (HbA1c) Has Increased at the End of the Comparative Period
Measure Description	Percentage of patients with HbA1c value at end of the comparative period (LOCF) higher than HbA1c baseline value
Time Frame	baseline (week -2), week 12, week 24
Safety Issue?	No

#### Analysis Population Description

The population analyzed for this outcome measure consisted of the subset of mITT patients who had at least one HbA1c value on treatment during the comparative period.

#### Reporting Groups

	Description
Insulin Glargine	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days.
Liraglutide	Liraglutide dose: 0.6 mg/day during the first week, 1.2 mg/day during the second week and 1.8 mg/day until week 24.

#### Measured Values

	Insulin Glargine	Liraglutide
Number of Participants Analyzed	467	458
Percentage of Patients Whose Glycosylated Haemoglobin (HbA1c) Has Increased at the End of the Comparative Period [units: percentage of participants]	4.1	6.6

#### 4. Secondary Outcome Measure:

Measure Title	Glycosylated Haemoglobin (HbA1c): Change From Baseline to the End of Comparative Period
Measure Description	Change in HbA1C from baseline to the last observation carried forward (LOCF) measured during the comparative period = LOCF value - baseline value
Time Frame	baseline (week -2), week 12, week 24
Safety Issue?	No

#### Analysis Population Description

The population analyzed for this outcome measure consisted of the subset of mITT patients who had at least one HbA1c value on treatment during the comparative period.

#### Reporting Groups

	Description
Insulin Glargine	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days.
Liraglutide	Liraglutide dose: 0.6 mg/day during the first week, 1.2 mg/day during the second week and 1.8 mg/day until week 24.

## Measured Values

	Insulin Glargine	Liraglutide
Number of Participants Analyzed	467	458
Glycosylated Haemoglobin (HbA1c): Change From Baseline to the End of Comparative Period [units: percent] Mean (Standard Deviation)	-1.92 (1.22)	-1.81 (1.33)

## 5. Secondary Outcome Measure:

Measure Title	Glycosylated Haemoglobin (HbA1c): Change From Beginning to the End of the Extension Period
Measure Description	Change in HbA1C from beginning of the extension period (week 24) to the last observation carried forward (LOCF) measured during the extension period = LOCF value - week 24 value
Time Frame	week 24, week 36, week 48
Safety Issue?	No

## Analysis Population Description

The population analyzed for this outcome measure consisted of the subset of mITT population (extension) who had HbA1c value both at beginning of the extension and at least one value on treatment during the extension period.

## Reporting Groups

	Description
Insulin Glargine (Extension Period)	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days

## Measured Values

	Insulin Glargine (Extension Period)
Number of Participants Analyzed	152
Glycosylated Haemoglobin (HbA1c): Change From Beginning to the End of the Extension Period [units: percent] Mean (Standard Deviation)	-0.26 (1.11)

#### 6. Secondary Outcome Measure:

Measure Title	Percentage of Patients Whose Glycosylated Haemoglobin (HbA1c) <7% at the End of the Extension Period
Measure Description	Value at the end of the extension period defined as last available HbA1c value measured during the extension period (i.e. last observation carried forward (LOCF) value)
Time Frame	week 36, week 48
Safety Issue?	No

#### Analysis Population Description

The population analyzed for this outcome measure consisted of the mITT patients who had at least one HbA1c value on treatment during the extension period.

#### Reporting Groups

	Description
Insulin Glargine (Extension Period)	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days

#### Measured Values

	Insulin Glargine (Extension Period)
Number of Participants Analyzed	154
Percentage of Patients Whose Glycosylated Haemoglobin (HbA1c) <7% at the End of the Extension Period [units: percentage of participants]	22.7

#### 7. Secondary Outcome Measure:

Measure Title	Self-Monitored Fasting Plasma Glucose (SMFPG) Measurements: Change From Baseline to the End of the Comparative Period
Measure Description	SMFPG = mean value of Self-Monitored Fasting Plasma Glucose measurements over 3 consecutive days in the week before each visit  Value at the end of the comparative period defined as last available value during the comparative period (i.e. last-observation-carried-forward [LOCF] value)  Change = LOCF value - baseline value
Time Frame	baseline (week 0), week 6, week 12, week 18, week 24
Safety Issue?	No

#### Analysis Population Description

The population analyzed for this outcome measure consisted of the subset of mITT patients who had at least one SMFPG value on treatment during the comparative period.

#### Reporting Groups

	Description
Insulin Glargine	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days.
Liraglutide	Liraglutide dose: 0.6 mg/day during the first week, 1.2 mg/day during the second week and 1.8 mg/day until week 24.

#### Measured Values

	Insulin Glargine	Liraglutide
Number of Participants Analyzed	468	452
Self-Monitored Fasting Plasma Glucose (SMFPG) Measurements: Change From Baseline to the End of the Comparative Period [units: mg/dL] Mean (Standard Deviation)	-65.25 (50.95)	-37.23 (47.31)

#### 8. Secondary Outcome Measure:

Measure Title	Self-Monitored Fasting Plasma Glucose (SMFPG) Measurements: Change From Beginning to the End of the Extension Period
Measure Description	SMFPG = mean value of Self-Monitored Fasting Plasma Glucose measurements over 3 consecutive days in the week before each visit  Value at the end of the extension period defined as last available value during the extension period (i.e. last-observation-carried-forward [LOCF] value)  Change = LOCF value - week 24 value
Time Frame	week 24, week 30, week 36, week 48
Safety Issue?	No

#### Analysis Population Description

The population analyzed for this outcome measure consisted of the subset of mITT (extension) patients who had SMFPG value both at beginning of the extension and at least one value on treatment during the extension period.

#### Reporting Groups

	Description
Insulin Glargine (Extension Period)	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days

#### Measured Values

	Insulin Glargine (Extension Period)
Number of Participants Analyzed	147
Self-Monitored Fasting Plasma Glucose (SMFPG) Measurements: Change From Beginning to the End of the Extension Period [units: mg/dL] Mean (Standard Deviation)	-44.63 (45.47)

#### 9. Secondary Outcome Measure:

Measure Title	Self-Monitored 7-point Plasma Glucose (PG) Profile: Change From Baseline to the End of the Comparative Period
Measure Description	Self-monitored 7-point plasma glucose profiles (before and 2 hours after the start of breakfast, lunch and dinner, and at bedtime) recorded on 3 consecutive days in the week before each visit  Value at the end of the comparative period defined as last available value during the comparative period (i.e. last-observation-carried-forward [LOCF] value)  Change = LOCF value - baseline value
Time Frame	baseline (week 0), week 12, week 24
Safety Issue?	No

#### Analysis Population Description

The population considered was the mITT population but due to missing values, different subsets of this mITT population were analyzed for each time point of the profile.

#### Reporting Groups

	Description
Insulin Glargine	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days.
Liraglutide	Liraglutide dose: 0.6 mg/day during the first week, 1.2 mg/day during the second week and 1.8 mg/day until week 24.



## Measured Values

	Insulin Glargine	Liraglutide
Number of Participants Analyzed	474	470
Self-Monitored 7-point Plasma Glucose (PG) Profile: Change From Baseline to the End of the Comparative Period [units: mg/dL] Mean (Standard Deviation)		
Before breakfast (N ig = 448 & N I = 409)	-65.92 (50.29)	-38.64 (46.17)
After breakfast (N ig = 440 & N I = 397)	-66.70 (63.29)	-55.35 (61.56)
Before lunch (N ig = 438 & N I = 404)	-50.16 (59.53)	-39.13 (58.78)
After lunch (N ig = 433 & N I = 406)	-43.00 (58.42)	-41.82 (61.16)
Before dinner (N ig = 434 & N I = 400)	-40.84 (58.88)	-36.88 (58.49)
After dinner (N ig = 426 & N I = 396)	-42.6 (61.74)	-45.04 (60.42)
At bedtime (N ig = 380 & N I = 351)	-43.11 (60.37)	-44.06 (59.80)

## 10. Secondary Outcome Measure:

Measure Title	Self-Monitored 7-point Plasma Glucose (PG) Profile: Change From Beginning to the End of the Extension Period
Measure Description	Self-monitored 7-point plasma glucose profiles (before and 2 hours after the start of breakfast, lunch and dinner, and at bedtime) recorded on 3 consecutive days in the week before each visit  Value at the end of the extension period defined as last available value during the extension period (i.e. last-observation-carried-forward [LOCF] value)  Change = LOCF value - week 24 value
Time Frame	week 24, week 36, week 48
Safety Issue?	No

## Analysis Population Description

The population considered was the mITT population (extension) but due to missing values, different subsets of this population were analyzed for each time point of the profile.

## Reporting Groups

	Description
Insulin Glargine (Extension Period)	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days

## Measured Values

	Insulin Glargine (Extension Period)
Number of Participants Analyzed	154
Self-Monitored 7-point Plasma Glucose (PG) Profile: Change From Beginning to the End of the Extension Period [units: mg/dL] Mean (Standard Deviation)	
Before breakfast (N=143)	-46.13 (44.89)
After breakfast (N=134)	-27.67 (52.37)
Before lunch (N=131)	-20.32 (57.58)
After lunch (N=134)	-11.50 (58.37)
Before dinner (N=133)	-12.56 (54.57)
After dinner (N=130)	-2.28 (54.55)
At bedtime (N=127)	-14.94 (52.67)

## 11. Secondary Outcome Measure:

Measure Title	Body Weight: Change From Baseline to the End of the Comparative Period
Measure Description	Change = Last weight value measured during the comparative period (LOCF value) - weight value at baseline
Time Frame	baseline (week 0), week 2, week 6, week 12, week 18, week 24
Safety Issue?	No

## Analysis Population Description

The population analyzed for this outcome measure consisted of the subset of mITT patients who had at least one weight value on treatment during the comparative period.

#### Reporting Groups

	Description
Insulin Glargine	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days.
Liraglutide	Liraglutide dose: 0.6 mg/day during the first week, 1.2 mg/day during the second week and 1.8 mg/day until week 24.

#### Measured Values

	Insulin Glargine	Liraglutide
Number of Participants Analyzed	474	468
Body Weight: Change From Baseline to the End of the Comparative Period [units: kg] Mean (Standard Deviation)	1.98 (3.95)	-2.99 (3.64)

#### 12. Secondary Outcome Measure:

Measure Title	Body Weight: Change From Beginning to End of the Extension Period
Measure Description	Change = Last weight value measured during the extension period (LOCF value) - weight value at beginning of the Extension Period (Week 24)
Time Frame	week 24, week 30, week 36, week 48
Safety Issue?	No

#### Analysis Population Description

The population analyzed for this outcome measure consisted of the mITT population (extension).

#### Reporting Groups

	Description
Insulin Glargine (Extension Period)	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days

#### Measured Values

	Insulin Glargine (Extension Period)
Number of Participants Analyzed	154

	Insulin Glargine (Extension Period)
Body Weight: Change From Beginning to End of the Extension Period [units: kg] Mean (Standard Deviation)	4.35 (3.39)

13. Secondary Outcome Measure:

Measure Title	Daily Dose of Insulin Glargine
Measure Description	
Time Frame	week 1, week 2, week 6, week 12, week 24
Safety Issue?	No

Analysis Population Description

The population considered was the mITT population but due to missing values, different subsets of this mITT population were analyzed at each week.

Reporting Groups

	Description
Insulin Glargine	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days.

Measured Values

	Insulin Glargine
Number of Participants Analyzed	474
Daily Dose of Insulin Glargine [units: Unit (U)] Mean (Standard Deviation)	
Start of treatment (N=472)	13.39 (4.87)
Week 1 (N=470)	17.74 (6.52)
Week 2 (N=470)	22.06 (8.40)
Week 6 (N=470)	34.67 (17.03)
Week 12 (N=463)	44.40 (26.63)
Week 18 (N=454)	48.65 (31.03)
Week 24 (N=459)	51.67 (34.05)

	Insulin Glargine
End comparative period (LOCF) (N=474)	51.24 (33.93)

#### 14. Secondary Outcome Measure:

Measure Title	Daily Dose of Liraglutide
Measure Description	
Time Frame	week 1, week 2, week 6, week 12, week 24
Safety Issue?	No

#### Analysis Population Description

The population considered was the mITT population but due to missing values, different subsets of this mITT population were analyzed at each week.

#### Reporting Groups

	Description
Liraglutide	Liraglutide dose: 0.6 mg/day during the first week, 1.2 mg/day during the second week and 1.8 mg/day until week 24.

#### Measured Values

	Liraglutide
Number of Participants Analyzed	470
Daily Dose of Liraglutide [units: mg] Mean (Standard Deviation)	
Start of treatment (N=470)	0.60 (0.00)
Week 1 (N=463)	0.91 (0.31)
Week 2 (N=458)	1.49 (0.33)
Week 6 (N=444)	1.72 (0.21)
Week 12 (N=426)	1.73 (0.19)
Week 18 (N=415)	1.74 (0.18)
Week 24 (N=431)	1.73 (0.21)
End comparative period (LOCF) (N=470)	1.71 (0.24)

15. Secondary Outcome Measure:

Measure Title	Daily Dose of Insulin Glargine Administered During the Extension Period
Measure Description	
Time Frame	week 30, week 36, week 48
Safety Issue?	No

Analysis Population Description

The population considered was the mITT population (extension) but due to missing values, different subsets of this mITT population were analyzed at each week.

Reporting Groups

	Description
Insulin Glargine (Extension Period)	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days

Measured Values

	Insulin Glargine (Extension Period)
Number of Participants Analyzed	154
Daily Dose of Insulin Glargine Administered During the Extension Period [units: Unit (U)] Mean (Standard Deviation)	
Start of treatment (N=154)	15.77 (4.53)
Week 30 (N=151)	37.49 (15.70)
Week 36 (N=150)	46.21 (23.06)
Week 48 (N=151)	50.68 (27.33)

16. Secondary Outcome Measure:

Measure Title	Hypoglycemia Occurrence: Number of Patients With at Least One Episode of Symptomatic / Severe Symptomatic Hypoglycemia During the Comparative Period
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Measure Description	<p>Symptomatic hypoglycemia was defined as an event with clinical symptoms that were considered to result from hypoglycemia.</p> <p>Severe symptomatic hypoglycemia was defined as an event with clinical symptoms that were considered to result from hypoglycemia, requiring the assistance of another person for active administration of carbohydrate, glucagon or other countermeasure because the patient could not treat him/herself due to acute neurological impairment directly resulting from the hypoglycemia (assistance by another person when the patient could have treated him/herself was not considered as requiring assistance) and one of the following criteria:</p> <ul style="list-style-type: none"> <li>• The event was associated with a measured PG level &lt; 36 mg/dL (2 mmol/L),</li> <li>• Or, in absence of PG value, the event was associated with neurological recovery attributable to the restoration of PG to normal, after oral carbohydrate, intravenous glucose or glucagon administration.</li> </ul>
Time Frame	all across the comparative period (from week 0 to week 24)
Safety Issue?	Yes

#### Analysis Population Description

The population analyzed was the safety population i.e. all randomized and treated patients.

#### Reporting Groups

	Description
Insulin Glargine	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days.
Liraglutide	Liraglutide dose: 0.6 mg/day during the first week, 1.2 mg/day during the second week and 1.8 mg/day until week 24.

#### Measured Values

	Insulin Glargine	Liraglutide
Number of Participants Analyzed	484	481
Hypoglycemia Occurrence: Number of Patients With at Least One Episode of Symptomatic / Severe Symptomatic Hypoglycemia During the Comparative Period [units: participants]		
symptomatic hypoglycemia	219	85
severe symptomatic hypoglycemia	0	2

#### 17. Secondary Outcome Measure:

Measure Title	Hypoglycemia Occurrence: Number of Patients With at Least One Episode of Symptomatic / Severe Symptomatic Hypoglycemia During the Extension Period
Measure Description	<p>Symptomatic hypoglycemia was defined as an event with clinical symptoms that were considered to result from hypoglycemia.</p> <p>Severe symptomatic hypoglycemia was defined as an event with clinical symptoms that were considered to result from hypoglycemia, requiring the assistance of another person for active administration of carbohydrate, glucagon or other countermeasure because the patient could not treat him/herself due to acute neurological impairment directly resulting from the hypoglycemia (assistance by another person when the patient could have treated him/herself was not considered as requiring assistance) and one of the following criteria:</p> <ul style="list-style-type: none"> <li>• The event was associated with a measured PG level &lt; 36 mg/dL (2 mmol/L),</li> <li>• Or, in absence of PG value, the event was associated with neurological recovery attributable to the restoration of PG to normal, after oral carbohydrate, intravenous glucose or glucagon administration.</li> </ul>
Time Frame	all across the extension period (from week 24 to week 48)
Safety Issue?	Yes

#### Analysis Population Description

The population analyzed was the safety population (extension) i.e. all treated patients during the extension period.

#### Reporting Groups

	Description
Insulin Glargine (Extension Period)	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days

#### Measured Values

	Insulin Glargine (Extension Period)
Number of Participants Analyzed	160
Hypoglycemia Occurrence: Number of Patients With at Least One Episode of Symptomatic / Severe Symptomatic Hypoglycemia During the Extension Period [units: participants]	
symptomatic hypoglycemia	58
severe symptomatic hypoglycemia	0



## Reported Adverse Events

Time Frame	Adverse events were collected throughout the study from the time the patient signed the informed consent until 7 days after the last dose of study treatment.
Additional Description	The population analyzed was the safety population defined for each of the 2 periods (comparative and extension) as the patients treated with at least one dose of the study treatment during the considered period.

### Reporting Groups

	Description
Comparative Period: Insulin Glargine	Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days
Comparative Period: Liraglutide	Liraglutide dose: 0.6 mg/day during the first week, 1.2 mg/day during the second week and 1.8 mg/day until week 24 (comparative period)
Extension Period: Insulin Glargine	Following a treatment with liraglutide during the comparative period, those patients have received insulin glargine during the extension period.  Insulin glargine starting dose: 0.2 Unit per kilogram of body weight or 10 Units. Insulin titration (by 2 or 4 Units) every 3 days according to the median value of Fast Plasma Glucose of the last 3 days

### Serious Adverse Events

	Comparative Period: Insulin Glargine	Comparative Period: Liraglutide	Extension Period: Insulin Glargine
	Affected/At Risk (%)	Affected/At Risk (%)	Affected/At Risk (%)
Total	11/484 (2.27%)	15/481 (3.12%)	5/160 (3.12%)
Cardiac disorders			
Atrioventricular block second degree <sup>A *</sup>	1/484 (0.21%)	0/481 (0%)	0/160 (0%)
Cardiac arrest <sup>A *</sup>	0/484 (0%)	0/481 (0%)	1/160 (0.63%)
Gastrointestinal disorders			
Faecaloma <sup>A *</sup>	0/484 (0%)	1/481 (0.21%)	0/160 (0%)
Pancreatitis acute <sup>A *</sup>	0/484 (0%)	1/481 (0.21%)	0/160 (0%)
Small intestinal obstruction <sup>A *</sup>	1/484 (0.21%)	0/481 (0%)	0/160 (0%)
Vomiting <sup>A *</sup>	1/484 (0.21%)	0/481 (0%)	0/160 (0%)

	Comparative Period: Insulin Glargine	Comparative Period: Liraglutide	Extension Period: Insulin Glargine
	Affected/At Risk (%)	Affected/At Risk (%)	Affected/At Risk (%)
General disorders			
Chest pain <sup>A *</sup>	0/484 (0%)	0/481 (0%)	1/160 (0.63%)
Pyrexia <sup>A *</sup>	1/484 (0.21%)	0/481 (0%)	0/160 (0%)
Hepatobiliary disorders			
Cholecystitis <sup>A *</sup>	0/484 (0%)	1/481 (0.21%)	0/160 (0%)
Infections and infestations			
Cellulitis <sup>A *</sup>	0/484 (0%)	1/481 (0.21%)	0/160 (0%)
Cystitis <sup>A *</sup>	0/484 (0%)	1/481 (0.21%)	0/160 (0%)
Diabetic gangrene <sup>A *</sup>	1/484 (0.21%)	0/481 (0%)	0/160 (0%)
Endocarditis bacterial <sup>A *</sup>	0/484 (0%)	1/481 (0.21%)	0/160 (0%)
Osteomyelitis <sup>A *</sup>	0/484 (0%)	1/481 (0.21%)	0/160 (0%)
Pneumonia <sup>A *</sup>	0/484 (0%)	0/481 (0%)	1/160 (0.63%)
Urinary tract infection <sup>A *</sup>	1/484 (0.21%)	0/481 (0%)	0/160 (0%)
Investigations			
Blood glucose increased <sup>A *</sup>	0/484 (0%)	1/481 (0.21%)	0/160 (0%)
Metabolism and nutrition disorders			
Dehydration <sup>A *</sup>	1/484 (0.21%)	0/481 (0%)	0/160 (0%)
Musculoskeletal and connective tissue disorders			
Intervertebral disc protrusion <sup>A *</sup>	0/484 (0%)	0/481 (0%)	1/160 (0.63%)
Rotator cuff syndrome <sup>A *</sup>	1/484 (0.21%)	0/481 (0%)	0/160 (0%)
Neoplasms benign, malignant and unspecified (incl cysts and polyps)			
Breast cancer <sup>A *</sup>	0/484 (0%)	1/481 (0.21%)	0/160 (0%)

	Comparative Period: Insulin Glargine	Comparative Period: Liraglutide	Extension Period: Insulin Glargine
	Affected/At Risk (%)	Affected/At Risk (%)	Affected/At Risk (%)
Non-Hodgkin's lymphoma <sup>A *</sup>	0/484 (0%)	1/481 (0.21%)	0/160 (0%)
Pancreatic carcinoma <sup>A *</sup>	1/484 (0.21%)	1/481 (0.21%)	0/160 (0%)
Prostate cancer <sup>A *</sup>	1/484 (0.21%)	0/481 (0%)	0/160 (0%)
Thyroid cancer <sup>A *</sup>	1/484 (0.21%)	0/481 (0%)	0/160 (0%)
Nervous system disorders			
Carpal tunnel syndrome <sup>A *</sup>	0/484 (0%)	1/481 (0.21%)	0/160 (0%)
Cerebrovascular accident <sup>A *</sup>	1/484 (0.21%)	2/481 (0.42%)	0/160 (0%)
Headache <sup>A *</sup>	0/484 (0%)	1/481 (0.21%)	0/160 (0%)
Ischaemic stroke <sup>A *</sup>	1/484 (0.21%)	0/481 (0%)	0/160 (0%)
Presyncope <sup>A *</sup>	0/484 (0%)	1/481 (0.21%)	0/160 (0%)
Psychiatric disorders			
Suicidal behaviour <sup>A *</sup>	1/484 (0.21%)	0/481 (0%)	0/160 (0%)
Renal and urinary disorders			
Oliguria <sup>A *</sup>	0/484 (0%)	1/481 (0.21%)	0/160 (0%)
Respiratory, thoracic and mediastinal disorders			
Chronic obstructive pulmonary disease <sup>A *</sup>	0/484 (0%)	1/481 (0.21%)	0/160 (0%)
Pleurisy <sup>A *</sup>	0/484 (0%)	0/481 (0%)	1/160 (0.63%)

\* Indicates events were collected by non-systematic methods.

A Term from vocabulary, MedDRA

## Other Adverse Events

Frequency Threshold Above Which Other Adverse Events are Reported: 5%

	Comparative Period: Insulin Glargine	Comparative Period: Liraglutide	Extension Period: Insulin Glargine
	Affected/At Risk (%)	Affected/At Risk (%)	Affected/At Risk (%)
Total	92/484 (19.01%)	239/481 (49.69%)	22/160 (13.75%)
Gastrointestinal disorders			
Constipation <sup>A *</sup>	6/484 (1.24%)	26/481 (5.41%)	0/160 (0%)
Diarrhoea <sup>A *</sup>	18/484 (3.72%)	62/481 (12.89%)	5/160 (3.12%)
Dyspepsia <sup>A *</sup>	4/484 (0.83%)	25/481 (5.2%)	1/160 (0.63%)
Nausea <sup>A *</sup>	13/484 (2.69%)	146/481 (30.35%)	2/160 (1.25%)
Vomiting <sup>A *</sup>	8/484 (1.65%)	46/481 (9.56%)	1/160 (0.63%)
Infections and infestations			
Nasopharyngitis <sup>A *</sup>	38/484 (7.85%)	35/481 (7.28%)	12/160 (7.5%)
Metabolism and nutrition disorders			
Decreased appetite <sup>A *</sup>	1/484 (0.21%)	45/481 (9.36%)	0/160 (0%)
Nervous system disorders			
Headache <sup>A *</sup>	24/484 (4.96%)	29/481 (6.03%)	2/160 (1.25%)

\* Indicates events were collected by non-systematic methods.

A Term from vocabulary, MedDRA

## Limitations and Caveats

[Not specified]

## More Information

Certain Agreements:

Principal Investigators are NOT employed by the organization sponsoring the study.

There IS an agreement between the Principal Investigator and the Sponsor (or its agents) that restricts the PI's rights to discuss or publish trial results after the trial is completed.

If no publication has occurred within 12 months of the completion of the study, the Investigator shall have the right to publish/present independently the results of the study. The Investigator shall provide the Sponsor with a copy of any abstract/manuscript for comment at least 20/45 days before any presentation/submission for publication. If requested by the Sponsor, any presentation/submission shall be delayed up to 90 days, to allow the Sponsor to preserve its proprietary rights.

Results Point of Contact:

Name/Official Title: Trial Transparency Team

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