

**Ustekinumab for the treatment of patients with active ankylosing spondylitis: results of a 28-week, prospective, open-label, proof-of-concept study (TOPAS)**

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## **Abstract**

**OBJECTIVE:** To evaluate efficacy and safety of ustekinumab in patients with ankylosing spondylitis (AS).

**METHODS:** In this prospective, open-label, single-arm, proof-of-concept clinical trial (ClinicalTrials.gov identifier NCT01330901), ustekinumab in a dose of 90 mg was administered subcutaneously at baseline, week 4 and week 16 in 20 patients with active ankylosing spondylitis (AS). Eligible patients were required to have a diagnosis of AS according to the modified New York criteria and an active disease defined as a BASDAI score of  $\geq 4$  despite previous NSAIDs treatment. The primary study endpoint was the proportion of patients with 40% improvement according to the Assessment of SpondyloArthritis international Society criteria (ASAS40) at week 24.

**RESULTS:** At week 24, ASAS40 response was reached by 65% of the patients. ASAS20, ASAS5/6, and ASAS partial remission were observed in 75%, 50%, and 30% of the patients respectively. A  $\geq 50\%$  improvement of the BASDAI (BASDAI50) occurred in 55% of the patients. A total of 50% and 20% of the patients achieved the ASDAS clinically important improvement and major improvement, respectively. At week 24, 35% of the patients had an ASDAS inactive disease (ASDAS  $< 1.3$ ). Significant improvement of other patient-reported outcome parameters and active inflammation as detected by magnetic resonance imaging (MRI) as well as significant reduction of non-steroidal anti-inflammatory drugs intake occurred during the treatment. Clinical response correlated with reduction of active inflammation on MRI and of serum C-reactive protein level. Overall, ustekinumab was well tolerated.

**CONCLUSION:** In this prospective, open-label, proof-of-concept clinical trial ustekinumab treatment was associated with a reduction of signs and symptoms in active AS and was well tolerated.

The therapeutic options in ankylosing spondylitis (AS) with predominant spinal manifestations are limited and confined to non-steroidal anti-inflammatory drugs (NSAIDs) and, if this treatment fails, to tumour necrosis factor (TNF)  $\alpha$  blockers.[1, 2] This is in contrast to other inflammatory rheumatic diseases, such as rheumatoid arthritis, where a variety of treatment options are available. Indeed, several conventional disease modifying drugs (DMARDs) have been investigated in AS[3-5], but have failed so far. Similarly, the biologics anakinra,[6] abatacept[7] and monoclonal antibodies directed against the interleukin (IL)-6 receptors[8, 9] did not show any efficacy in patients with active AS.

Regarding TNF  $\alpha$  blocking therapy, up to 40% of the patients treated in the pivotal studies were non-responder, as defined by the rate of ASAS20 response.[10-13] This failure rate is slightly reduced if also switching to a second TNF  $\alpha$  blocker is taken into account in case of failure.[14] Thus, new therapeutic options are urgently needed for patients with active AS.

Recent findings suggest that IL-23 might have a role in the pathogenesis of AS. A polymorphism within the IL-23 receptor (IL-23R) was found to affect susceptibility to AS.[15, 16] Interestingly, similar associations were reported for psoriasis[17] and inflammatory bowel disease (IBD).[18] Furthermore, we just reported that IL-23 is expressed in the subchondral bone marrow and in fibrous tissue replacing bone marrow in facet joints of patients with AS,[19] and elevated IL-23 concentrations were found in peripheral blood and synovial fluid from AS patients.[20, 21] IL-23 plays a key role in driving CD4<sup>+</sup> memory T cells to produce pro-inflammatory cytokines such as IL-17[22] and a recent small controlled study in AS found that a monoclonal antibody directed against the IL-17A cytokine, secukinumab, showed some efficacy in comparison to a control group, with an ASAS40 response rate of 30% at week 6 in the secukinumab treated group.[23] Finally, IL-23 had a crucial role both in inflammation and in new bone formation in an animal model with some features resembling those of spondyloarthritis.[24]

Ustekinumab is a fully human IgG1 $\kappa$  monoclonal antibody that binds with high affinity and specificity to the p40 protein subunit of the human cytokines interleukin (IL)-12 and IL-23.

Ustekinumab inhibits the activity of human IL-12 and IL-23 by preventing these cytokines from binding to their IL-12R $\beta$ 1 receptor protein expressed on the surface of immune cells. Previously, ustekinumab has been shown to be effective in the treatment of psoriasis,[25-27] and psoriatic arthritis[28, 29] and is currently under investigation in a phase III trial in Crohn's disease[30] – conditions sharing common pathogenetic mechanism with AS.

The aim of this proof-of-concept trial was to investigate efficacy and safety of ustekinumab in patients with active AS.

## **METHODS**

### **Study design**

In this prospective, open-label, proof-of-concept clinical trial (ClinicalTrials.gov identifier NCT01330901), ustekinumab in a dose of 90 mg was administered subcutaneously at baseline, week 4 and week 16 in 20 eligible patients with active AS. After week 16 patients continued in a 12-week follow-up period till week 28.

### **Inclusion and exclusion criteria**

Eligible patient were required to have a diagnosis of AS according to the modified New York criteria[31] and an active disease defined as a BASDAI score of  $\geq 4$  despite concomitant treatment with an NSAID (or without NSAIDs in case of intolerance/contraindication) at screening and history of an inadequate response to  $\geq 2$  NSAIDs or NSAIDs intolerance / contraindication. Current NSAID therapy had to be stable for at least 2 weeks prior to baseline. Concomitant treatment with glucocorticoids ( $\leq 10$  mg prednisone equivalent per day) and methotrexate (but not with other DMARDs) was permitted, but had to be stable 4 weeks prior to baseline. The main exclusion criteria were history of non-response to previous TNF  $\alpha$  blocking therapy (patients who discontinued TNF  $\alpha$  blockers for reasons other than lack of efficacy were allowed to participate), uncontrolled concomitant diseases, pregnancy, and clinical and laboratory abnormalities.

### **Outcome assessments**

The primary end point was a 40% improvement in disease activity at week 24 according to the ASAS criteria (ASAS40). [32]

Secondary outcome parameters were ASAS20 response,[35] ASAS5/6 response,[32] ASAS partial remission (ASAS PR),[35] 50% improvement of the BASDAI (34) (BASDAI50), clinically important improvement (change score  $\geq 1.1$ ) and major improvement (change score  $\geq 2.0$ ) of the C-reactive protein (CRP) based ASAS endorsed AS disease activity score (ASDAS)[36], ASDAS inactive disease state (status score  $< 1.3$ ),[37] the mean improvement in ASDAS, BASDAI, BASFI (33, Bath Ankylosing Spondylitis Metrology Index (BASMI),[38] patient global, physician global, general and nocturnal pain on the numeric rating scale (NRS), CRP level, erythrocyte sedimentation rate (ESR), improvement of quality of life and disability measurements (EQ-5D[39] and ASQoL[40] scales), achievement of the patient acceptable symptom state (PASS)[41] and of the physician acceptable symptom state (PhASS) at week 24. In patients with peripheral manifestations, the swollen joint count and improvement of enthesitis, as assessed by the Maastricht Ankylosing Spondylitis Enthesitis Score – MASES,[42] and the Spondylitis Research Consortium of Canada (SPARCC) enthesitis index[43], were analysed as additional secondary outcome parameters. NSAID intake was flexible after baseline and counted at every study visit starting from baseline through week 24 as recommended by ASAS.[44] Based on the collected data related to the NSAID dose and intake frequency, the ASAS NSAIDs intake score was calculated.[44]

Magnetic resonance imaging (MRI) of the sacroiliac joints and of the spine was performed by the short tau inversion recovery (STIR) sequence at baseline and at week 24 (or at the end of study visit in case of study discontinuation prior to week 24). MRI images were scored independently by two trained readers (DP and KGH) and scored in a concealed and randomly selected order, blinded for all clinical data. Active inflammation (osteitis / bone marrow oedema) was scored according to the Berlin scoring system.[45]

Safety outcome parameters include the percentage of patients experiencing adverse events and number of adverse events / serious adverse events from baseline through week 28.

## **Statistics**

For the sample size calculation, an ASAS40 response of 40% in the ustekinumab group was anticipated. Based on the results of the placebo-controlled trials,[10-13] an ASAS40 placebo response of 14% was assumed. Based on these assumptions, a sample size of 20 patients in the treatment group was chosen in order to achieve a 70% power of an exact one sample binomial test comparing the response in the treatment group with the anticipated ASAS40 placebo response.

Efficacy analysis was performed using the intention-to-treat (ITT) population, which include all patients who received at least one dose of study medication. In the safety analysis all patients receiving at least one dose of the study drug were included. The primary and secondary endpoints at week 24 were investigated by means of descriptive statistics in the whole sample. Response rates are given as numbers of responders, percentages, and the 95% confidence intervals (CI) of the percentages. The outcome of metrical scales, such as BASDAI, BASFI are given as means and standard deviations. Osteitis MRI scores were calculated separately for the sacroiliac joints (range 0-24) and for the spine (range 0-69). Mean score values of two readers are reported. The paired sample t-test was used to compare changes between baseline values and values after treatment. The Mann-Whitney U-test was used to compare parameter values between responders and non-responders. In the ITT analysis the last observation carried forward method was applied to calculate the outcome parameters in all patients who received at least one dose of ustekinumab.

## **Ethical approval**

The study protocol was approved by the ethics committee of the federal state Berlin, Germany. Written informed consent was obtained from all patients.

## **RESULTS**

### **Efficacy assessment**

In total, 22 patients with active AS were screened for this study, 20 of them were considered to be eligible and were treated with ustekinumab. A total of 3 patients discontinued the study prematurely (two patients after week 8 and one patient after week 4) due to lack of efficacy (all

were counted as non-responders in the analysis population), while 17 patients finished the study according to the protocol. The baseline characteristics of the study population are presented in **table 1**.

In total, 13 out of 20 patients (65%, 95%CI 41% to 85%) achieved the primary end-point (the ASAS40 response – at week 24) – **figure 1**. Regarding secondary outcome parameters, 15 patients (75%, 95%CI 53% to 90%) achieved the ASAS20 response, 10 patients (50%, 95%CI 29% to 71%) – ASAS5/6 response, and 6 patients (30%, 95%CI 14% to 53%) were even in ASAS partial remission at week 24. At least 50% improvement of the BASDAI was achieved by 11 patients (55%, 95%CI 32% to 77%). Regarding ASDAS responses at week 24, 50% (95%CI 29% to 71%) of the treated patients achieved a clinically important improvement (ASDAS absolute improvements by  $\geq 1.1$  as compared to baseline), 20% (95%CI 7% to 41%) achieved a major improvement (ASDAS improvement  $\geq 2.0$ ), and 35% (95%CI 15% to 59%) of the patients reached inactive disease (ASDAS  $< 1.3$ ) at week 24. Interestingly, identical high rates of patient and physician acceptable symptom state at week 24 - 75% (95%CI 53% to 90%) - were similar to the magnitude of the ASAS20 response.

All continuous parameters related to disease activity (ASDAS, BASDAI, patient and physician global, general and nocturnal pain), axial mobility (BASMI, chest expansion), function, disability and quality of life (BASFI, EQ-5D, ASQoL) improved substantially and significantly at week 24 compared to baseline – **table 2**. Clinical improvement occurred after the first ustekinumab injection and reached a statistical significance: for instance, at week 2 for BASFI, week 8 for BASDAI and ASDAS – **figure 2**. However, there was a further continuous improvement until the end of the study.

Enthesitis, measured by the MASES and SPARCC enthesitis indices at week 24, was not significantly different from baseline – **table 2**. There was no effect on the number of swollen joints (**table 2**), which can possibly be explained by an insufficient number of patients with peripheral arthritis (n=1).

Among the entire group (n=20) there was no improvement in the level of CRP (and to a lesser extent, ESR) at week 24 – **table 2**. However, there was a clear improvement of CRP at week 24 in patients who demonstrated a clinical response (i.e., ASAS40, n=13) at this time point, while a worsening of CRP level was observed in those without ASAS40 response (n=7):  $-1.1 \pm 7.5$  mg/l vs.  $+3.3 \pm 3.5$  mg/l, respectively,  $p=0.008$ . This was even clearer if a 50% BASDAI improvement was used as a response criterion: CRP change  $-3.3 \pm 2.6$  mg/l in responders (n=11 – **figure 3A**) vs.  $+5.0 \pm 7.3$  mg/l in non-responders (n=9 – **figure 3B**), respectively,  $p=0.001$ .

The full sets of MRIs (baseline and week 24) were available for 17 patients (13 ASAS40 responders and 4 non-responders). In these patients there was a significant reduction of active inflammation (osteitis) on MRI at week 24 as compared to baseline in both sacroiliac joints (osteitis change score  $-2.2 \pm 3.8$  corresponding to 41% reduction) and in the spine (osteitis change score  $-1.2 \pm 2.3$  corresponding to 31% reduction) – **table 2**. Again, reduction of active inflammation after 24 weeks was more prominent and statistically significant in patients with clinical response (i.e., ASAS40): osteitis change score in the sacroiliac joints was  $-3.1 \pm 3.8$  in responders as compared to  $+0.6 \pm 1.3$  in non responders,  $p=0.015$ ; similarly, osteitis change score in the spine was  $-1.9 \pm 1.9$  in responders as compared to  $+1.0 \pm 2.4$  in non-responders,  $p=0.023$ . **Figure 4** represents examples of reduction of active inflammation in the sacroiliac joints and in the spine under ustekinumab treatment.

Patients who achieved the primary outcome (ASAS40 response, n=13) had higher levels of inflammation as detected by MRI in the sacroiliac joints at baseline ( $6.7 \pm 4.9$  in responders vs.  $2.0 \pm 1.7$  in non-responders,  $p=0.030$ ) and showed trends towards younger age ( $36.7 \pm 10.5$  years in responders vs.  $39.0 \pm 12.1$  years in non-responders,  $p=0.643$ ) shorter symptom duration ( $12.5 \pm 10.6$  years in responders vs.  $15.0 \pm 10.8$  years in non-responders,  $p=0.536$ ), lower level of functional limitations at baseline as measured by the BASFI ( $5.0 \pm 1.9$  in responders vs.  $5.9 \pm 2.0$  in non-responders,  $p=0.485$ ), higher level of CRP ( $7.4 \pm 6.8$  mg/l in responders vs.  $6.6 \pm 6.3$  mg/l in non-



responders,  $p=0.241$ ), and higher level of spinal inflammation on MRI ( $4.9\pm3.6$  in responders vs.  $3.6\pm4.1$  in non-responders,  $p=0.241$ ).

NSAIDs intake was reduced substantially over 24 weeks of treatment with ustekinumab. At baseline, 17 patients (85%) took NSAIDs, after 24 weeks 13 patients (65%) were on NSAIDs treatment. The majority of patients who remained on NSAIDs at week 24 were able to reduce the dose and/or frequency of NSAIDs intake as reflected by reduction of the ASAS NSAIDs intake score from  $68.7\pm37.9$  at baseline to  $33.3\pm33.6$  at week 24,  $p=0.008$ .

### **Safety assessment**

In general, ustekinumab was well tolerated. A total of 92 adverse events (AE) were observed in the study (all of mild or moderate severity), at least one AE was reported in 19 out of 20 patients, but no drop-outs occurred because of AEs. Only one serious adverse event occurred: worsening of AS-related back pain, which resulted in hospitalisation (but not to a study discontinuation). The most common reported AEs were upper respiratory tract infections in 14 cases (15%), followed by rhinitis in 7 cases (8%), abdominal pain/discomfort in 7 cases (8%), headache in 7 cases (8%), and diarrhoea in 4 cases (4%). There were no injection site reactions. No serious infections, opportunistic infections, cases of tuberculosis, cases of malignancies, or deaths were observed.

### **DISCUSSION**

In this prospective, open-label, single-arm, proof-of-concept trial we showed that patients with active AS treated with ustekinumab achieved high response rates after 6 months, with 65% of the patients reaching the primary outcome parameter of ASAS40 and 55% reaching BASDAI50 response. For comparison, in other open label trials with a similar study design, the ASAS 40 response rate was reached in only 20%, 13% or 10% of patients treated with with the IL-1 receptor antagonist anakinra,[6] the T-cell response modulator abatacept[7] or with subcutaneous methotrexate in weekly doses up to 20 mg,[4] respectively. In a recent placebo-controlled trial the ASAS 40 response was only 11.8% in AS patients treated with the IL-6 receptor antagonist tocilizumab.[9] For further comparison, the ASAS40 response was reached by about 40% of

patients treated with TNF  $\alpha$  blockers in the pivotal trials.[10-13] Thus, with the limitation of any treatment trial which is not blinded and which does not include a placebo group, our data suggest that ustekinumab is a promising drug for the treatment of active AS and justifies the conduct of a larger placebo controlled trial.

Interestingly, in about one third of non-responders, defined by ASAS40 response, a worsening of the continuous parameters BASDAI and CRP (as opposed to the clear improvement of both parameters in responders) was observed during treatment resulting in a smaller decrease of the means for BASDAI, CRP and the other composite outcome parameter ASDAS (which contains also CRP) in the entire group (*table 2, figure 2*) compared to the binary outcome parameters ASAS40 and BASDAI50. It has to be investigated in a larger trial with ustekinumab whether such a dichotomy in the response, which has not been demonstrated in the trials with TNF  $\alpha$  blockers for instance, can be confirmed or whether this was rather a chance finding in our small study.

There was a substantial (by 41% and 31% for the sacroiliac joints and for the spine, respectively) reduction of active inflammation as detected by MRI at week 24 in the entire group. This effect was again more prominent in patients with clinical response to ustekinumab in comparison to non-responders. In light of the relatively slow dynamic of the clinical response (*figure 3*), it might take longer than 24 weeks in order to observe the full effect of ustekinumab on active inflammation.

In this study, active inflammation in the sacroiliac joints on MRI was a clear predictor of clinical response (i.e., ASAS40). Presence of active inflammation in the spine on MRI, elevated CRP, better function, younger age and shorter symptom duration demonstrated non-significant trends for the association with good response.

Data from a recent study in an animal model with some features resembling spondyloarthritis, suggest that inhibition of IL-23 does not only suppress inflammation but also inhibits osteoblasts through downregulation of IL-22.[24] Thus, IL-23 might especially be an interesting treatment

target in AS because long-term outcome is mostly defined by new bone formation and ankylosis while acute signs and symptoms are predominantly defined by inflammation.

The cellular source of IL-23 in AS is not well defined. We recently performed an immunohistochemical analysis of facet joints from AS patients and reported that IL-23 was predominantly expressed by myeloperoxidase-positive cells and, to a lesser extent, by macrophages.[19] It is also not clear whether a potential effect of IL-23 blockade works through IL-17 inhibition or by other mechanisms, and whether the therapeutic effect we show here is solely mediated by IL-23 inhibition or alternatively or in addition through inhibition of IL-12. These open questions have to be addressed in subsequent investigations. Nonetheless, in the above mentioned immunohistochemical study of subchondral bone marrow IL-23 was clearly more strongly expressed than IL-12.[19]

In the current study only AS patients were included who were not TNF-failures in order to investigate whether ustekinumab might be a treatment option in AS. However, there is certainly also an unmet need for other treatments if TNF  $\alpha$  blockers fail. Recent studies showed increased rates of response with ustekinumab compared to placebo in patients with Crohn's disease[48] and psoriatic arthritis[49] who failed previous TNF  $\alpha$  blocker treatment. Thus, based on the data presented here, a similar study would be of interest in AS.

We chose a dose of 90 mg of ustekinumab per administration in this proof-of-concept study because this dose was slightly superior to 45 mg in studies for other indications such as psoriasis.[27] Different dosages in the lower range should be compared to the 90 mg dose in future AS studies.

Recently new classification criteria have been developed for patients with axial spondyloarthritis covering both patients with AS and patients in an earlier phase with so called non-radiographic axial spondyloarthritis.[50] Such a new classification was necessary because the development of structural bony damage visible on x-rays, necessary to fulfil the modified New York criteria for AS, often takes years. Therefore, future studies with ustekinumab should also

consider using the axial spondyloarthritis criteria for including patients with non-radiographic axial spondyloarthritis.

The clear limitations of this study are its open-label design and small sample size. However, we believe that even with these limitations of the pilot trial, an important signal of the possible therapeutic efficacy of ustekinumab in active AS was received.

In conclusion, this proof-of-concept trial with ustekinumab in active AS showed promising results and warrant confirmation in a placebo-controlled trial.

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**Table 1.** Main baseline demographic and clinical characteristics of patients with active AS (n=20) treated with ustekinumab in the TOPAS trial.

Parameter	Value
Age, years (mean±SD)	37.5±10.8
Duration of symptoms, years (mean±SD)	13.3±10.5
Male gender, n (%)	15 (75)
HLA-B27 (+), n (%)	18 (90)
Peripheral arthritis, n (%)	1 (5)
Enthesitis, n (%)	8 (40)
Uveitis ever, n (%)	3 (15)
Psoriasis ever, n (%)	1 (5)
IBD ever, n (%)	1 (5)
Elevated (>5 mg/l) CRP, n (%)	8 (40)
Concomitant treatment with NSAIDs, n (%)	17 (85)
Concomitant treatment with DMARDs, n (%)	0 (0)
Concomitant treatment with systemic steroids, n (%)	1 (5)
Past treatment with a TNF $\alpha$ blocker, n (%)	1(5)

AS = ankylosing spondylitis, CRP = C-reactive protein, DMARDs = disease-modifying antirheumatic drugs, IBD = inflammatory bowel disease, NSAIDs = non-steroidal anti-inflammatory drugs, SD = standard deviation, TNF  $\alpha$  – tumour necrosis factor  $\alpha$

**Table 2.** Changes in the clinical, laboratory and imaging parameters over 24 weeks in patients with active AS (n=20) treated with ustekinumab in the TOPAS trial.

Parameter	Baseline	Week 24	p-value
ASDAS (mean±SD)	3.0±0.6	2.0±1.1	0.001
BASDAI, points NRS (mean±SD)	5.3±1.5	3.0±1.8	<0.001
BASFI, points NRS (mean±SD)	5.3±1.9	3.0±2.3	<0.001
BASMI (mean±SD)	1.6±1.4	1.2±1.3	0.016
Chest expansion, cm	3.7±1.9	4.4±2.1	0.032
Patient global,	6.3±1.6	3.3±2.3	<0.001
Physician global,	5.9±1.3	2.4±1.9	<0.001
General pain,	6.5±1.6	3.3±2.4	<0.001
Nocturnal pain,	6.5±1.9	3.3±2.4	<0.001
EQ-5D	0.6±0.2	0.8±0.1	<0.001
ASQoL	9.4±3.1	5.1±4.0	<0.001
MASES Enthesitis Score (mean±SD)	3.1±3.5	2.5±3.9	0.326
SPARCC Enthesitis Index (mean±SD)	2.9±3.4	2.6±3.0	0.195
Swollen joint count, range 0-64 (mean±SD)	0.1±0.4	0.1±0.2	0.330
ASAS NSAIDs intake score (mean±SD)	68.7±37.9	33.3±33.6	0.008
CRP, mg/l	5.9±5.5	6.4±7.1	0.760
ESR, mm/h	20.0±18.5	16.9±18.2	0.308
Sacroiliac joints osteitis score (mean±SD)*	5.4±4.9	3.2±3.4	0.026
Spine osteitis score (mean±SD)*	4.1±3.6	2.8±3.0	0.041

\* Berlin magnetic resonance imaging scores, calculated for n=17 patients with complete sets of images.

AS = ankylosing spondylitis, ASAS = Assessment of SpondyloArthritis international Society, ASDAS = ankylosing spondylitis disease activity score, BASDAI = the Bath Ankylosing Spondylitis Disease Activity Index, BASFI = the Bath Ankylosing Spondylitis Functional Index, CRP = C-reactive protein, ESR = erythrocyte sedimentation rate, MASES = Maastricht Ankylosing Spondylitis Enthesitis Score, NSAIDs = non-steroidal anti-inflammatory drugs, SD = standard deviation, SPARCC = Spondyloarthritis Research Consortium of Canada.

## FIGURE LEGENDS

**Figure 1.** Response rates to ustekinumab at week 24 in the TOPAS trial (n=20).

ASAS = Assessment of SpondyloArthritis international Society, ASAS PR = ASAS partial remission, ASDAS = ankylosing spondylitis disease activity score, ASDAS CII = ASDAS clinically important improvement (change score  $\geq 1.1$  from baseline), ASDAS MI = ASDAS major improvement (change score  $\geq 2.0$  from baseline), BASDAI = the Bath Ankylosing Spondylitis Disease Activity Index, PASS = patient acceptable symptom state, PhASS = physician acceptable symptom state.

**Figure 2.** Mean values of the BASDAI, BASFI, and ASDAS scores over time in patients with active AS (n=20) treated with ustekinumab.

AS = ankylosing spondylitis, ASDAS = ankylosing spondylitis disease activity score, BASDAI = the Bath Ankylosing Spondylitis Disease Activity Index, BASFI = the Bath Ankylosing Spondylitis Functional Index

**Figure 3.** Changes in C-reactive protein levels in AS patients with (A) and without (B) clinical response (BASDAI50) to ustekinumab over 24 weeks of treatment.

AS = ankylosing spondylitis, BASDAI50 = a 50% improvement of the Bath Ankylosing Spondylitis Disease Activity Index.

**Figure 4.** Reduction of active inflammation in the sacroiliac joints and in the spine in patients with ankylosing spondylitis treated with ustekinumab as detected by MRI.

A and B – MRI of the sacroiliac joints (STIR) at baseline and week 24 of a 23-years old patient who was an ASAS40 responder at week 24. Arrows indicate active inflammation (osteitis) at baseline and nearly complete resolution of inflammation at week 24.

B and C – MRI of the lumbar spine (STIR) at baseline and week 24 of a 40-years old patient who was an ASAS40 responder at week 24. Arrows indicate active inflammation (osteitis) at baseline and nearly complete resolution of inflammation at week 24.

MRI = magnetic resonance imaging, STIR = short tau inversion recovery.



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