

86% and haematological toxicity as the major side effect (Lennard *et al*, 1990). Our study is the first report regarding the efficacy and toxicity of R-PECC in relapsed/refractory DLBCL.

Here we report the results of a prospective multi-centre phase II study in relapsed/refractory DLBCL patients, evaluating ^{90}Y -ibritumomab tiuxetan consolidation in R-PECC responsive disease.

Materials and methods

Patient eligibility

Patients older than 17 years of age with biopsy-proven CD20-positive DLBCL or follicular lymphoma grade 3b, were eligible if they had a first or second relapse or refractory disease after ASCT or were not eligible for ASCT. Refractory disease was defined as no response or PR according to a computed tomography (CT) scan. Patients in PR were only eligible in case of positive fluorodeoxyglucose positron emission tomography (FDG-PET) scan or biopsy. Patients were included according to the local pathology diagnosis. Central review was performed as part of the quality assessment (HOVON Pathology Facility and Biobank). Eligibility criteria included World Health Organisation performance status of 0–2, measurable disease on CT scan, an absolute neutrophil count (ANC) $>1.5 \times 10^9/\text{l}$ and platelet count $>100 \times 10^9/\text{l}$, unless caused by bone marrow infiltration with lymphoma.

Exclusion criteria included: transformed indolent lymphoma, central nervous system lymphoma, prior ASCT within 12 months of study entry, prior radiotherapy to more than 25% of active bone marrow, concurrent severe and/or uncontrolled medical disease.

Pre-treatment staging comprised clinical examination, CT scanning of neck, thorax, abdomen and pelvis and bone marrow biopsy. A baseline FDG-PET scan was optional.

The study was conducted in accordance with the ethical guidelines mandated by the Declaration of Helsinki and approved by all relevant institutional review boards or ethics committees. Written informed consent was obtained from all participants.

Treatment protocol

Patients were treated with R-PECC every 28 days for two cycles. Rituximab $375 \text{ mg}/\text{m}^2$ was administered intravenous (i.v.) on day 1, lomustine $80 \text{ mg}/\text{m}^2$ was given orally on day 1, prednisolone $40 \text{ mg}/\text{m}^2$, etoposide $100 \text{ mg}/\text{m}^2$ and chlorambucil $8 \text{ mg}/\text{m}^2$ were given orally daily on day 1–5 of each cycle. The first cycle was administered at full dose, irrespective of blood cell counts. Subsequent dose reductions for haematological toxicity were specified in the protocol. Haematological growth factors were allowed at the discretion of each individual investigator to prevent neutropenia.

Patients who achieved at least stable disease after two cycles of R-PECC proceeded to receive another two cycles. Patients in CR or PR after four cycles were eligible for consolidation treatment with ^{90}Y -ibritumomab tiuxetan, if the ANC was $>1.5 \times 10^9/\text{l}$, the platelet count was $>100 \times 10^9/\text{l}$ and bone marrow infiltration with lymphoma did not exceed 25%. Six to 12 weeks after start of the fourth R-PECC cycle, eligible patients were treated with ^{90}Y -ibritumomab tiuxetan. The ^{90}Y -ibritumomab tiuxetan treatment consisted of rituximab $250 \text{ mg}/\text{m}^2$ i.v. on day 1 followed by rituximab $250 \text{ mg}/\text{m}^2$ i.v. one week later, immediately followed by a single dose of ^{90}Y -ibritumomab tiuxetan i.v. (Zevalin[®], provided by Spectrum Pharmaceuticals, Henderson, NV, USA and Bayer Schering Pharma AG, Berlin, Germany). ^{90}Y -ibritumomab tiuxetan was given at a dose of $14.8 \text{ MBq}/\text{kg}$ in patients with no prior ASCT and a platelet count of $\geq 150 \times 10^9/\text{l}$ and $11.1 \text{ MBq}/\text{kg}$ in patients with a prior ASCT or platelet counts between 100 and $149 \times 10^9/\text{l}$. In all cases the maximum total dose did not exceed 1184 MBq.

Response and toxicity

All patients underwent restaging with CT scans after completion of the second R-PECC cycle and with FDG-PET and CT scans after completion of the fourth R-PECC cycle and 8 weeks after ^{90}Y -ibritumomab tiuxetan. Bone marrow biopsy was repeated only if positive at baseline. Response to therapy was assessed according to the revised Cheson criteria (Cheson *et al*, 2007). Safety and tolerability were assessed by monitoring the incidence, severity, and type of any adverse event. Toxicities were graded using National Cancer Institute Common Toxicity Criteria version 3.0 (http://ctep.cancer.gov/protocolDevelopment/electronic_applications/docs/ctcae_v3.pdf).

Statistical analysis

The primary objectives for this study were the feasibility and efficacy of consolidation treatment with ^{90}Y -ibritumomab tiuxetan of patients who achieved a PR or CR after R-PECC. The primary endpoint for feasibility was the incidence of grade ≥ 3 adverse events after treatment with ^{90}Y -ibritumomab tiuxetan, while the primary endpoint for efficacy was failure-free survival (FFS) measured from the start of ^{90}Y -ibritumomab tiuxetan. Secondary endpoints included incidence of adverse events of any grade after treatment with ^{90}Y -ibritumomab tiuxetan and after treatment with R-PECC; percentage of patients treated with R-PECC who proceeded to ^{90}Y -ibritumomab tiuxetan treatment; conversion to PET-negative CR after ^{90}Y -ibritumomab tiuxetan treatment of patients who were PET-positive before treatment (PR); OS measured from start of ^{90}Y -ibritumomab tiuxetan; FFS and OS measured from start of R-PECC; response rates to R-PECC and response duration. Patients were considered as failure for FFS by no response, defined as stable disease or

progressive disease (PD) after R-PECC, or at progression or relapse after response or at death, whichever came first.

The sample size was based solely on the primary endpoint for efficacy. The median FFS of patients in CR or PR after a rituximab-containing chemotherapy regimen for relapsed or refractory aggressive B-cell lymphoma who do not qualify for stem cell transplantation is about 6 months. We hypothesized that the ^{90}Y -ibritumomab tiuxetan consolidation treatment would increase this to 12 months, translating into a target number of 30 patients. It was expected that about 50% of the patients treated with R-PECC would achieve a PR or CR and be eligible for treatment with ^{90}Y -ibritumomab tiuxetan. Thus, the expected required number of patients to be entered in the study was 60.

Survival probabilities were calculated by the method of Kaplan and Meier. The median and probabilities at 1 year were calculated together with 95% confidence intervals (CI) and all p-values reported are 2-sided. The trial is registered on the Dutch Trial registry website (www.trialregister.nl), number NT1380.

Results

Patient characteristics

Between November 2008 and February 2012 64 patients were registered in this trial. Two patients were declared ineligible due to misdiagnosis (T-cell lymphoma, $n = 1$) and neutropenia ($n = 1$), and not included for further evaluation (Fig 1). Patient characteristics of the 62 eligible patients are summarized in Table I. Central pathology review could be performed in 56/62 (90%) patients, confirming CD20-positive DLBCL. The majority of patients were elderly and approximately 1 out of 4 patients were refractory to their last prior therapy. All patients had received CHOP chemotherapy as first line. Twelve patients (19%) did not receive rituximab in first line and 10 patients (16%) never received rituximab prior to study enrolment.

Efficacy

Detailed information about the participant progress through the study is listed in Fig 1. One patient refused further treatment after registration, therefore 61 patients started with R-PECC treatment. The median interval between cycles was 28 days (range 24–55). The relative median dose intensity was 95% for chlorambucil (range 20–255) and 94% for both lomustine (range 9–500); one patient had a protocol violation and received lomustine for 5 consecutive days) and etoposide (range 20–255). Only 36 out of 62 (58%) eligible patients received all 4 cycles of R-PECC. The main reason for early treatment discontinuation on or after R-PECC was PD in 25 out of 62 patients (40%) (Fig 1). The ORR after R-PECC was 50%, with 14 of 62 (23%) patients achieving a CR and 17 of 62 (27%) patients achieving a PR (Table II).

The ORR of relapsed patients was 30 of 48 patients (63%) and this was significantly higher compared to the 7% ORR (1 of 14 patients) for patients who were refractory to their last prior treatment (63% vs. 7%, $P = 0.0001$). Of 48 patients with relapsed disease, 13 (27%) achieved a CR in contrast to 1 of 14 (7%) refractory patients.

Of 31 patients with responsive disease after $4 \times$ R-PECC, 29 proceeded to ^{90}Y -ibritumomab tiuxetan consolidation. Two patients failed to proceed, because of misinterpretation of response ($n = 1$) and premature death ($n = 1$). One patient received the reduced dose of ^{90}Y -ibritumomab tiuxetan because of persisting thrombocytopenia following R-PECC. Of the 15 patients in PR after $4 \times$ R-PECC, 5 converted to CR after ^{90}Y -ibritumomab tiuxetan. Those starting with CR remained without disease after completing consolidation treatment. The best ORR on protocol at the end of the entire treatment was 50% (31 of 62) with 31% CR (19 of 62) and 19% PR (12 of 62) (Table II). The ORR after R-PECC plus ^{90}Y -ibritumomab tiuxetan was 70% (7 of 10) in patients without prior rituximab exposure versus 46% (24 of 52) in patients with prior rituximab exposure. The median duration of response in the patients that reached a CR or PR after R-PECC was 9 months (range, 3–74 months). The median duration of response of the 5 patients who converted from a PR to a CR with ^{90}Y -ibritumomab tiuxetan was 19 months (range, 13–42 months). For the 14 patients who were already in CR after R-PECC and remained in CR the median duration of response was 42 months (range 3–88 months).

From all the patients that entered the study, 9 are still alive with a median follow-up of 59 months. Events have occurred in 23 out of 29 patients treated with ^{90}Y -ibritumomab tiuxetan, progression or relapse in 18 patients and deaths without progression in 5 patients. Causes of death in 4 of these 5 patients were cerebral vascular accident, pulmonary embolism, sepsis and unknown, all of which were unrelated to ^{90}Y -ibritumomab tiuxetan. The fifth patient experienced a prolonged pancytopenia after ^{90}Y -ibritumomab tiuxetan and died 3 months later due to a pneumonia. The primary endpoint of one-year FFS measured from the start of ^{90}Y -ibritumomab tiuxetan was 52% (95% CI, 33–68%) and two-year FFS post- ^{90}Y -ibritumomab tiuxetan was 38% (95% CI, 21–55%) (Fig 2A). The median FFS after ^{90}Y -ibritumomab tiuxetan consolidation was 15.1 months. An unplanned subgroup analysis showed that the one-year FFS from start of ^{90}Y -ibritumomab tiuxetan was 80% (95% CI, 41–95%) for the group that received no rituximab in first line versus 37% (95% CI, 17–57%) for the group of patients that had received rituximab at first line. We also analysed FFS from start of ^{90}Y -ibritumomab tiuxetan for the different International Prognostic Index (IPI) risk groups. One-year FFS was 71% (95% CI, 26–92%) for the low IPI risk group, 55% (95% CI, 23–78%) for the low-intermediate IPI risk group and 44% (95% CI, 14–72%) for the high-intermediate IPI risk group. There were only two patients in the high IPI

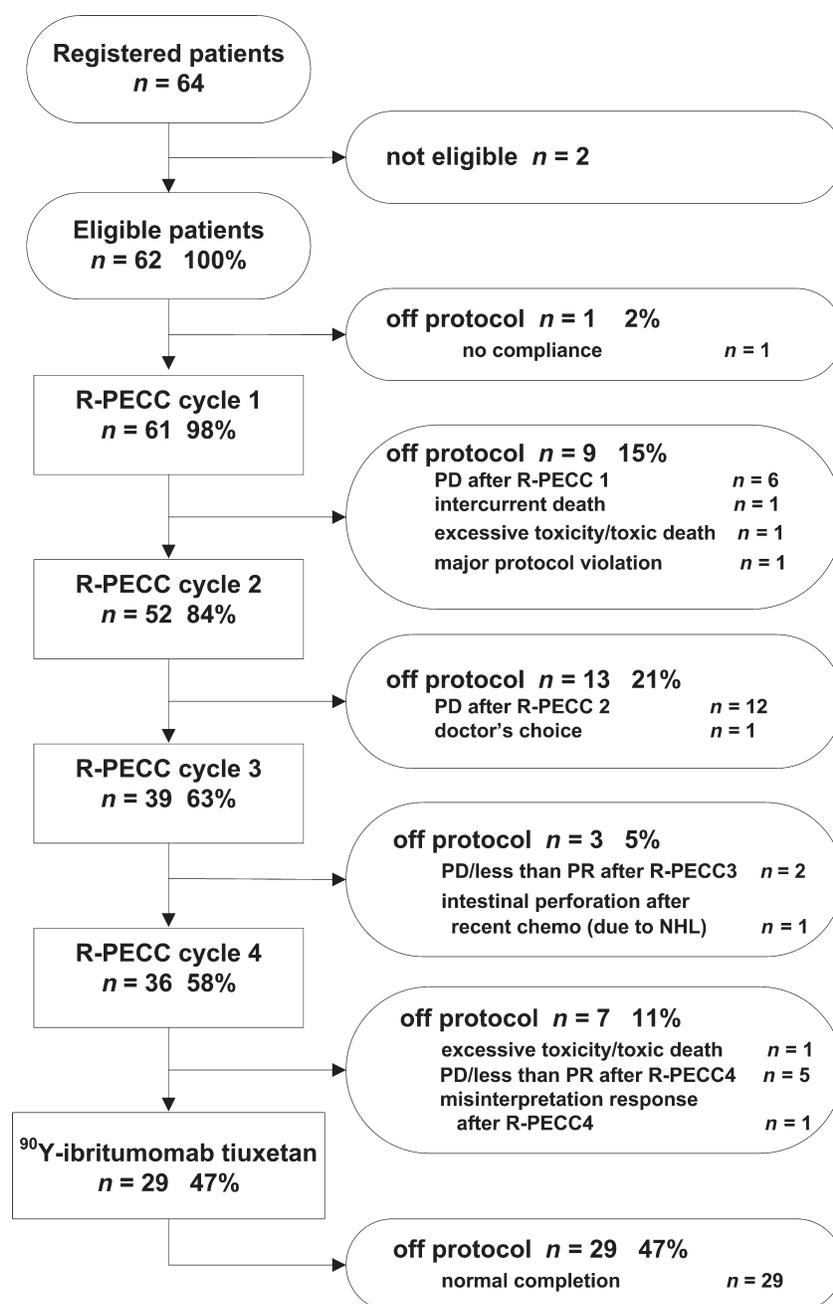


Fig 1. Participant progress through the study. NHL, non-Hodgkin lymphoma; PD, progressive disease; PR, partial remission; R-PECC, rituximab, prednisolone, etoposide, chlorambucil, lomustine.

risk group, who both failed within 2 months. We note that these subgroup analyses were exploratory only. The one-year and two-year OS from start of ⁹⁰Y-ibritumomab tiuxetan were 62% (95% CI, 42–77%) and 48% (95% CI, 29–65%), respectively (Fig 2B). One-year FFS and one-year OS from start of R-PECC were 28% (95% CI, 17–39%) and 49% (95% CI, 36–61%), respectively (Fig 2C,D).

Safety

The R-PECC regimen was well tolerated by most patients. Two toxic deaths occurred. The first patient died due to *Escherichia Coli* sepsis (with normal leucocyte counts) and

multi-organ failure on day 6 after the first R-PECC cycle. The second patient died after the fourth cycle of R-PECC, but the cause of death is unknown. The majority of adverse events comprised reversible haematological toxicities, including grade 3 or higher neutropenia in 15/61 (25%) patients and grade 3 or higher thrombocytopenia in 11/61 patients (18%). Three patients received platelet transfusions and 19 received red blood cell transfusions. Nine/61 (15%) patients developed febrile neutropenia and were hospitalized; an infectious agent could be demonstrated in 7 of these nine patients. Two other patients were hospitalized for proven infections without neutropenia.

Table I. Baseline patient demographics and clinical characteristics

	Total (N = 62)
Sex	
Male	41 (66%)
Female	21 (34%)
Age (years)	
Median (range)	70 (45-82)
≤65	15 (24%)
66-75	27 (44%)
>75	20 (32%)
WHO performance status	
0	25 (40%)
1	28 (45%)
2	8 (13%)
unknown	1 (2%)
Stage	
I	6 (10%)
II	18 (29%)
III	12 (19%)
IV	26 (42%)
B symptoms*	11 (18%)
LDH elevated >1 ULN	37 (60%)
Bulky disease (>10 cm)	4 (6%)
BM involvement	5 (8%)
IPI risk group at study entry	
Low	14 (23%)
Low-intermediate	22 (35%)
High-intermediate	20 (32%)
High	6 (10%)
Histology	
Central review	
DLBCL	55 (89%)
Follicular lymphoma grade 3b	1 (2%)
Not reviewed	
DLBCL	6 (9%)
Previous therapy	
(R)-CHOP only	42 (68%)
(R)-CHOP + R-DHAP/R-VIM	13 (21%)
(R)-CHOP + R-DHAP/R-VIM + ASCT	7 (11%)
No rituximab in first line	12 (19%)
First relapse	47 (76%)
Second relapse	1 (2%)
Refractory to prior therapy	14 (23%)

ASCT, autologous stem cell transplantation; BM, bone marrow; CHOP, cyclophosphamide, doxorubicin, vincristine, prednisone; DHAP, dexamethasone, cytarabine, cisplatin; DLBCL, diffuse large B-cell lymphoma; IPI, International Prognostic Index; LDH, Lactate dehydrogenase; R, rituximab; ULN, upper limit of normal; VIM, etoposide, ifosfamide, methotrexate; WHO, World Health Organization. *fever, night sweats and >10% weight loss.

Adverse events after ^{90}Y -ibritumomab tiuxetan were also primarily haematological and transient. No infusion-related reactions were observed. Grade 3 or higher thrombocytopenia occurred in 16/29 patients (55%) and grade 4 neutropenia in 8 patients (28%). Eight patients received platelet transfusions and 6 patients received red blood cell

transfusions. Recovery was complete after a median of 7 weeks for grade 4 neutropenia and after a median of 8 weeks for grade 3 or higher thrombocytopenia. Prolonged severe neutropenia and/or thrombocytopenia was observed in 3 patients. Six (21%) patients were hospitalized during the neutropenic period for infections. Five patients developed a second malignancy: myelodysplastic syndrome ($n = 2$); non-small cell lung cancer ($n = 1$); neuroendocrine carcinoma of the liver ($n = 1$); squamous cell carcinoma skin ($n = 1$).

Discussion

This study evaluated treatment with four cycles of R-PECC followed by ^{90}Y -ibritumomab tiuxetan consolidation in responsive patients as salvage therapy in relapsed or refractory DLBCL patients who were not eligible for, or relapsed after, ASCT. There is currently no standard therapy for these patients and the outcome is extremely poor (Sarkozy & Sehn, 2018). Of the 62 eligible patients, 36 (58%) completed 4 cycles of R-PECC and 29 (47%) proceeded to ^{90}Y -ibritumomab tiuxetan consolidation. The one-year FFS measured from the start of ^{90}Y -ibritumomab tiuxetan consolidation was the primary endpoint for efficacy and was 52%. The median FFS after ^{90}Y -ibritumomab tiuxetan consolidation was 15.1 months. With this result, our hypothesis, that ^{90}Y -ibritumomab tiuxetan consolidation treatment could increase the median FFS from 6 to 12 months, was confirmed.

In the present study, ^{90}Y -ibritumomab tiuxetan consolidation improved the quality of response after 2nd or 3rd line salvage chemotherapy by converting PR to CR in one third of the PR cases. After a median follow-up of almost 5 years, progression or relapse has occurred in 18 of 29 patients who received the complete programme of 4 × R-PECC and ^{90}Y -ibritumomab tiuxetan consolidation and 5 patients died without signs of active DLBCL. This has resulted in a promising 3-year FFS of 34% in these patients. At 5 years post-consolidation therapy with ^{90}Y -ibritumomab tiuxetan, the FFS probability was 21% (95% CI, 8-37%), indicating that 1 out of 5 patients with relapsed DLBCL who have chemotherapy-responsive disease and receive RIT are still alive and free of disease 5 years after start of consolidation treatment. Thus, in a small but relevant part of the patients, consolidation therapy resulted in long term response duration. Although it is unlikely that this is the effect of only 4 cycles of R-PECC, it cannot be ruled out, because there are no long-term response data for R-PECC alone.

^{90}Y -ibritumomab tiuxetan consolidation was generally well tolerated, with significant neutropenia and thrombocytopenia being the most important side effects, easily handled with close haematological monitoring and prophylactic platelet support. No major bleeding events occurred. The observed acute toxicity was fully in line with previous experience with ^{90}Y -ibritumomab tiuxetan monotherapy in patients with relapsed and refractory DLBCL (Morschhauser *et al*, 2007). In the monotherapy study, 43% of patients experienced