



Clinical trial results:

A prospective, bicentric, randomised, primarily double blind, placebo-controlled study to evaluate the efficacy of zoledronic acid for the treatment of bone marrow syndrome

Summary

| | |
|--------------------------|----------------|
| EudraCT number | 2010-019415-38 |
| Trial protocol | DE |
| Global end of trial date | 26 August 2015 |

Results information

| | |
|--------------------------------|--------------|
| Result version number | v1 (current) |
| This version publication date | 22 July 2021 |
| First version publication date | 22 July 2021 |

Trial information

Trial identification

| | |
|-----------------------|---------------|
| Sponsor protocol code | CZOL446HDE38T |
|-----------------------|---------------|

Additional study identifiers

| | |
|------------------------------------|-------------|
| ISRCTN number | - |
| ClinicalTrials.gov id (NCT number) | NCT01348269 |
| WHO universal trial number (UTN) | - |

Notes:

Sponsors

| | |
|------------------------------|---|
| Sponsor organisation name | University Hospital Wuerzburg |
| Sponsor organisation address | Josef-Schneider-Str. 2, Wuerzburg, Germany, 97080 |
| Public contact | Dr. Lothar Seefried, University Hospital Wuerzburg Clinical Study Unit Department of Orthopaedics Koenig-Ludwig-Haus, 0049 9318033590, l-seefried.klh@uni-wuerzburg.de |
| Scientific contact | Dr. Lothar Seefried, University Hospital Wuerzburg Clinical Study Unit Department of Orthopaedics Koenig-Ludwig-Haus, 0049 9318033590, l-seefried.klh@uni-wuerzburg.de |

Notes:

Paediatric regulatory details

| | |
|--|----|
| Is trial part of an agreed paediatric investigation plan (PIP) | No |
| Does article 45 of REGULATION (EC) No 1901/2006 apply to this trial? | No |
| Does article 46 of REGULATION (EC) No 1901/2006 apply to this trial? | No |

Notes:

Results analysis stage

| | |
|--|----------------|
| Analysis stage | Final |
| Date of interim/final analysis | 03 August 2016 |
| Is this the analysis of the primary completion data? | Yes |
| Primary completion date | 26 August 2015 |
| Global end of trial reached? | Yes |
| Global end of trial date | 26 August 2015 |
| Was the trial ended prematurely? | No |

Notes:

General information about the trial

Main objective of the trial:

The primary aim is to test the reduction of bone marrow edema syndrome after a singular intravenous treatment with Zoledronic Acid within 6 weeks compared to placebo. The volume of the edema is defined as biometric data measured by the use of MRT before and six weeks after treatment. The hypothesis has to be checked whether Zoledronic Acid is efficient in the treatment of painfull bone marrow edema. A statistically significant reduction of the edema in the MRT is considered as evidence for efficacy.

Protection of trial subjects:

Safety monitoring (adverse Events, serious adverse Events, adverse drug reactions) and continous assessment of laboratory values (clinical chemistry, hematology)

Background therapy:

All patients received Vitamin D background therapy.

Evidence for comparator:

Placebo-controlled study. No active comparator was used.

| | |
|---|--------------|
| Actual start date of recruitment | 01 June 2011 |
| Long term follow-up planned | No |
| Independent data monitoring committee (IDMC) involvement? | No |

Notes:

Population of trial subjects

Subjects enrolled per country

| | |
|--------------------------------------|-------------|
| Country: Number of subjects enrolled | Germany: 48 |
| Worldwide total number of subjects | 48 |
| EEA total number of subjects | 48 |

Notes:

Subjects enrolled per age group

| | |
|---|----|
| In utero | 0 |
| Preterm newborn - gestational age < 37 wk | 0 |
| Newborns (0-27 days) | 0 |
| Infants and toddlers (28 days-23 months) | 0 |
| Children (2-11 years) | 0 |
| Adolescents (12-17 years) | 0 |
| Adults (18-64 years) | 42 |

| | |
|---------------------|---|
| From 65 to 84 years | 6 |
| 85 years and over | 0 |

Subject disposition

Recruitment

Recruitment details:

First patient (FPFV) was enrolled on 13-Jul-2011 and last patient (LPFV) was enrolled on 26-May-2015. All patients were recruited by a single center in Germany.

Pre-assignment

Screening details:

Suitable patients were selected by the investigator. A total of 63 patients were screened. 15 patients were deemed screening failure and eight of these patients were randomized but did not receive intervention.

Pre-assignment period milestones

| | |
|------------------------------|-------------------|
| Number of subjects started | 63 ^[1] |
| Number of subjects completed | 48 |

Pre-assignment subject non-completion reasons

| | |
|----------------------------|--|
| Reason: Number of subjects | Screening failure: 7 |
| Reason: Number of subjects | Screening failure - randomized w/o intervention: 8 |

Notes:

[1] - The number of subjects reported to have started the pre-assignment period are not the same as the worldwide number enrolled in the trial. It is expected that these numbers will be the same. Justification: As not all randomized patients received study medication, more patients were enrolled than specified in worldwide number of enrolled in the trial. Randomized patients not receiving study medication were replaced. In total, 56 patients were enrolled. Of these 56 patients, 48 patients received study medication and were considered for analysis.

Period 1

| | |
|------------------------------|-------------------------|
| Period 1 title | Baseline |
| Is this the baseline period? | Yes |
| Allocation method | Randomised - controlled |
| Blinding used | Double blind |
| Roles blinded | Subject, Investigator |

Arms

| | |
|------------------------------|-----------------|
| Are arms mutually exclusive? | Yes |
| Arm title | Zoledronic acid |

Arm description:

Patients in this arm received zoledronic acid

| | |
|--|-----------------------|
| Arm type | Experimental |
| Investigational medicinal product name | Zoledronic acid |
| Investigational medicinal product code | |
| Other name | |
| Pharmaceutical forms | Solution for infusion |
| Routes of administration | Infusion |

Dosage and administration details:

5 mg zoledronic acid (0.05 mg/ml solution; 100 ml)

| | |
|------------------|---------|
| Arm title | Placebo |
|------------------|---------|

Arm description:

Patients in this arm received placebo.

| | |
|----------|---------|
| Arm type | Placebo |
|----------|---------|

| | |
|--|-----------------------|
| Investigational medicinal product name | Placebo |
| Investigational medicinal product code | |
| Other name | |
| Pharmaceutical forms | Solution for infusion |
| Routes of administration | Infusion |

Dosage and administration details:

0.9 % NaCl solution (100 ml)

| Number of subjects in period 1 | Zoledronic acid | Placebo |
|---------------------------------------|-----------------|---------|
| Started | 34 | 14 |
| Completed | 34 | 14 |

Period 2

| | |
|------------------------------|---------------------------------------|
| Period 2 title | Treatment Core Study (until week 6) |
| Is this the baseline period? | No |
| Allocation method | Randomised - controlled |
| Blinding used | Double blind |
| Roles blinded | Subject, Investigator |

Arms

| | |
|------------------------------|-----|
| Are arms mutually exclusive? | Yes |
|------------------------------|-----|

| | |
|------------------|-----------------|
| Arm title | Zoledronic acid |
|------------------|-----------------|

Arm description:

Patients in this arm received zoledronic acid.

| | |
|--|-----------------------|
| Arm type | Experimental |
| Investigational medicinal product name | Zoledronic acid |
| Investigational medicinal product code | |
| Other name | |
| Pharmaceutical forms | Solution for infusion |
| Routes of administration | Infusion |

Dosage and administration details:

5 mg zoledronic acid (0.05 mg/ml solution; 100 ml)

| | |
|------------------|---------|
| Arm title | Placebo |
|------------------|---------|

Arm description:

Patients in this arm received placebo.

| | |
|--|-----------------------|
| Arm type | Placebo |
| Investigational medicinal product name | Placebo |
| Investigational medicinal product code | |
| Other name | |
| Pharmaceutical forms | Solution for infusion |
| Routes of administration | Infusion |

Dosage and administration details:

0.9 % NaCl solution (100 ml)

| Number of subjects in period 2 | Zoledronic acid | Placebo |
|---------------------------------------|-----------------|---------|
| Started | 34 | 14 |
| Completed | 34 | 14 |

Period 3

| | |
|------------------------------|---------------------------|
| Period 3 title | Follow-up (until week 12) |
| Is this the baseline period? | No |
| Allocation method | Randomised - controlled |
| Blinding used | Double blind |
| Roles blinded | Subject, Investigator |

Arms

| | |
|--|-----------------------|
| Are arms mutually exclusive? | Yes |
| Arm title | Zoledronic acid |
| Arm description: - | |
| Arm type | Experimental |
| Investigational medicinal product name | Zoledronic acid |
| Investigational medicinal product code | |
| Other name | |
| Pharmaceutical forms | Solution for infusion |
| Routes of administration | Infusion |
| Dosage and administration details: | |
| 5 mg zoledronic acid (0.05 mg/ml solution; 100 ml) | |
| Arm title | Placebo |
| Arm description: - | |
| Arm type | Placebo |
| Investigational medicinal product name | Placebo |
| Investigational medicinal product code | |
| Other name | |
| Pharmaceutical forms | Solution for infusion |
| Routes of administration | Infusion |

Dosage and administration details:

0.9 % NaCl solution (100 ml)

| Number of subjects in period 3 | Zoledronic acid | Placebo |
|---|-----------------|---------|
| Started | 34 | 14 |
| Completed | 32 | 13 |
| Not completed | 2 | 1 |
| Surgical intervention - Not study related | 1 | - |
| Subsequent follow-up treatment required | - | 1 |
| Adverse event, non-fatal | 1 | - |

Baseline characteristics

Reporting groups

| | |
|---|-----------------|
| Reporting group title | Zoledronic acid |
| Reporting group description: | |
| Patients in this arm received zoledronic acid | |
| Reporting group title | Placebo |
| Reporting group description: | |
| Patients in this arm received placebo. | |

| Reporting group values | Zoledronic acid | Placebo | Total |
|--|-----------------|---------|-------|
| Number of subjects | 34 | 14 | 48 |
| Age categorical | | | |
| Units: Subjects | | | |
| Adults (18-64 years) | 29 | 13 | 42 |
| From 65-84 years | 5 | 1 | 6 |
| Age continuous | | | |
| Units: years | | | |
| arithmetic mean | 50.1 | 53.6 | - |
| standard deviation | ± 12.9 | ± 6.8 | - |
| Gender categorical | | | |
| Units: Subjects | | | |
| Female | 12 | 4 | 16 |
| Male | 22 | 10 | 32 |
| Severity of disease | | | |
| Units: Subjects | | | |
| mild | 4 | 2 | 6 |
| moderate | 22 | 10 | 32 |
| severe | 8 | 2 | 10 |
| Pain (VAS) | | | |
| Assessment of pain as measured by a visual analog scale (VAS) | | | |
| Units: arbitrary units | | | |
| arithmetic mean | 36.9 | 34.1 | - |
| standard deviation | ± 27.4 | ± 21.1 | - |
| Qualeffo-41 | | | |
| Assessment of quality of life by Qualeffo-41 questionnaire - Quality of life questionnaire of the European Foundation for Osteoporosis | | | |
| Units: arbitrary units | | | |
| arithmetic mean | 2.1 | 2.2 | - |
| standard deviation | ± 0.5 | ± 0.6 | - |
| Subjective estimation of medical condition (PDI) | | | |
| Subjective estimation of medical condition (Pain Disability Index) | | | |
| Units: arbitrary units | | | |
| arithmetic mean | 20.8 | 21.3 | - |
| standard deviation | ± 6.8 | ± 6.4 | - |

Subject analysis sets

| | |
|----------------------------|--------------------------------|
| Subject analysis set title | Modified ITT Zoledronic acid |
| Subject analysis set type | Modified intention-to-treat |

Subject analysis set description:

Modified ITT for analysis of primary endpoint (omitting outlier value of one patient with in placebo group [$>500\%$ increase in edema volumen]).

| | |
|----------------------------|-----------------------------|
| Subject analysis set title | Modified ITT Placebo |
| Subject analysis set type | Modified intention-to-treat |

Subject analysis set description:

Modified ITT for analysis of primary endpoint (omitting outlier value of one patient with in placebo group [$>500\%$ increase in edema volumen]).

| Reporting group values | Modified ITT Zoledronic acid | Modified ITT Placebo | |
|--|--------------------------------|------------------------|--|
| Number of subjects | 34 | 13 | |
| Age categorical | | | |
| Units: Subjects | | | |
| Adults (18-64 years) | 29 | 12 | |
| From 65-84 years | 5 | 1 | |
| Age continuous | | | |
| Units: years | | | |
| arithmetic mean | | | |
| standard deviation | ± | ± | |
| Gender categorical | | | |
| Units: Subjects | | | |
| Female | | | |
| Male | | | |
| Severity of disease | | | |
| Units: Subjects | | | |
| mild | | | |
| moderate | | | |
| severe | | | |
| Pain (VAS) | | | |
| Assessment of pain as measured by a visual analog scale (VAS) | | | |
| Units: arbitrary units | | | |
| arithmetic mean | | | |
| standard deviation | ± | ± | |
| Qualeffo-41 | | | |
| Assessment of quality of life by Qualeffo-41 questionnaire - Quality of life questionnaire of the European Foundation for Osteoporosis | | | |
| Units: arbitrary units | | | |
| arithmetic mean | | | |
| standard deviation | ± | ± | |
| Subjective estimation of medical condition (PDI) | | | |
| Subjective estimation of medical condition (Pain Disability Index) | | | |
| Units: arbitrary units | | | |
| arithmetic mean | | | |
| standard deviation | ± | ± | |

End points

End points reporting groups

| | |
|---|--------------------------------|
| Reporting group title | Zoledronic acid |
| Reporting group description: Patients in this arm received zoledronic acid | |
| Reporting group title | Placebo |
| Reporting group description: Patients in this arm received placebo. | |
| Reporting group title | Zoledronic acid |
| Reporting group description: Patients in this arm received zoledronic acid. | |
| Reporting group title | Placebo |
| Reporting group description: Patients in this arm received placebo. | |
| Reporting group title | Zoledronic acid |
| Reporting group description: - | |
| Reporting group title | Placebo |
| Reporting group description: - | |
| Subject analysis set title | Modified ITT Zoledronic acid |
| Subject analysis set type | Modified intention-to-treat |
| Subject analysis set description: Modified ITT for analysis of primary endpoint (omititng outlier value of one patient with in placebo group [$>500\%$ increase in edema volumen]). | |
| Subject analysis set title | Modified ITT Placebo |
| Subject analysis set type | Modified intention-to-treat |
| Subject analysis set description: Modified ITT for analysis of primary endpoint (omititng outlier value of one patient with in placebo group [$>500\%$ increase in edema volumen]). | |

Primary: Primary endpoint | Bone marrow edeme volume

| | |
|--|---|
| End point title | Primary endpoint Bone marrow edeme volume |
| End point description: The volume of the edema in cm^3 is defined as biometric data measured by the use of MRI before and six weeks after treatment. Edema volume at screening was set to 100% . Edema volume six weeks after study drug administration was provided as percentage reduction compared to the value at screening. | |
| End point type | Primary |
| End point timeframe: Bone marrow edema volume six weeks after administration of a single intravenous dose of zoledronic acid (5mg). | |

| End point values | Zoledronic acid | Placebo | Modified ITT Zoledronic acid | Modified ITT Placebo |
|--------------------------------------|----------------------|------------------------|--------------------------------|------------------------|
| Subject group type | Reporting group | Reporting group | Subject analysis set | Subject analysis set |
| Number of subjects analysed | 34 | 14 | 34 | 13 |
| Units: Percent change in volume | | | | |
| arithmetic mean (standard deviation) | 64.53 (\pm 41.92) | -14.43 (\pm 150.46) | 64.53 (\pm 41.92) | 23.97 (\pm 46.52) |

Statistical analyses

| | |
|---|---------------------------|
| Statistical analysis title | Primary endpoint T-test |
| Comparison groups | Zoledronic acid v Placebo |
| Number of subjects included in analysis | 48 |
| Analysis specification | Pre-specified |
| Analysis type | other ^[1] |
| P-value | = 0.074 ^[2] |
| Method | t-test, 2-sided |
| Variability estimate | Standard deviation |

Notes:

[1] - T-test | Satterthwaite method

[2] - Results biased by outlier value of one patient in placebo group.

| | |
|---|---|
| Statistical analysis title | Primary endpoint Change in edema volumen (mITT) |
| Comparison groups | Modified ITT Zoledronic acid v Modified ITT Placebo |
| Number of subjects included in analysis | 47 |
| Analysis specification | Post-hoc |
| Analysis type | other ^[3] |
| P-value | = 0.006 |
| Method | t-test, 2-sided |

Notes:

[3] - T-test (with mITT, omitting outlier value of one patient in placebo group)

| | |
|---|--------------------------------------|
| Statistical analysis title | Primary endpoint Mann-Whitney-Test |
| Comparison groups | Zoledronic acid v Placebo |
| Number of subjects included in analysis | 48 |
| Analysis specification | Post-hoc |
| Analysis type | other ^[4] |
| P-value | = 0.007 |
| Method | Wilcoxon (Mann-Whitney) |

Notes:

[4] - Mann-Whitney-Test

| | |
|---|---|
| Statistical analysis title | Primary endpoint Mann-Whitney-Test (mITT) |
| Comparison groups | Modified ITT Zoledronic acid v Modified ITT Placebo |
| Number of subjects included in analysis | 47 |
| Analysis specification | Post-hoc |
| Analysis type | other ^[5] |
| P-value | = 0.015 |
| Method | Wilcoxon (Mann-Whitney) |

Notes:

[5] - Mann-Whitney-Test

Secondary: Secondary endpoint | Reduction of pain (VAS) - Week 3

| | |
|-----------------|---|
| End point title | Secondary endpoint Reduction of pain (VAS) - Week 3 |
|-----------------|---|

End point description:

Reduction of pain as measured by a visual analog scale (VAS).

| | |
|----------------|-----------|
| End point type | Secondary |
|----------------|-----------|

End point timeframe:

Assessment at week 3.

| End point values | Zoledronic acid | Placebo | | |
|--------------------------------------|--------------------|--------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 34 | 14 | | |
| Units: arbitrary units | | | | |
| arithmetic mean (standard deviation) | 25.5 (\pm 22.7) | 25.6 (\pm 24.4) | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Secondary endpoint | Reduction of pain (VAS) - Week 6

| | |
|-----------------|---|
| End point title | Secondary endpoint Reduction of pain (VAS) - Week 6 |
|-----------------|---|

End point description:

Reduction of pain as measured by a visual analog scale (VAS).

| | |
|----------------|-----------|
| End point type | Secondary |
|----------------|-----------|

End point timeframe:

Assessment at week 6.

| End point values | Zoledronic acid | Placebo | | |
|--------------------------------------|--------------------|--------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 34 | 14 | | |
| Units: arbitrary units | | | | |
| arithmetic mean (standard deviation) | 25.0 (\pm 28.7) | 38.5 (\pm 30.2) | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Secondary endpoint | Qualeffo-41 - Week 3

| | |
|-----------------|---|
| End point title | Secondary endpoint Qualeffo-41 - Week 3 |
|-----------------|---|

End point description:

Quality of life as measured by the Qualeffo-41 questionnaire - Quality of life questionnaire of the

| | |
|-----------------------|-----------|
| End point type | Secondary |
| End point timeframe: | |
| Assessment at week 3. | |

| End point values | Zoledronic acid | Placebo | | |
|--------------------------------------|------------------|------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 34 | 14 | | |
| Units: arbitrary units | | | | |
| arithmetic mean (standard deviation) | 2.1 (\pm 0.4) | 2.1 (\pm 0.6) | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Secondary endpoint | Qualeffo-41 - Week 6

| | |
|--|---|
| End point title | Secondary endpoint Qualeffo-41 - Week 6 |
| End point description: | |
| Quality of life as measured by the Qualeffo-41 questionnaire - Quality of life questionnaire of the European Foundation for Osteoporosis | |
| End point type | Secondary |
| End point timeframe: | |
| Assessment at week 6. | |

| End point values | Zoledronic acid | Placebo | | |
|--------------------------------------|------------------|------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 34 | 14 | | |
| Units: arbitrary units | | | | |
| arithmetic mean (standard deviation) | 2.0 (\pm 0.5) | 2.1 (\pm 0.6) | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Secondary endpoint | Subjective estimation of medical condition (PDI) - Week 3

| | |
|--|--|
| End point title | Secondary endpoint Subjective estimation of medical condition (PDI) - Week 3 |
| End point description: | |
| Subjective estimation of medical condition as assessed by PDI (Pain Disability Index). | |
| End point type | Secondary |

End point timeframe:
Assessment at week 3.

| End point values | Zoledronic acid | Placebo | | |
|--------------------------------------|-----------------|-----------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 34 | 14 | | |
| Units: arbitrary units | | | | |
| arithmetic mean (standard deviation) | 14.8 (± 5.8) | 20.5 (± 7.3) | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Secondary endpoint | Subjective estimation of medical condition (PDI) - Week 6

| | |
|-----------------|--|
| End point title | Secondary endpoint Subjective estimation of medical condition (PDI) - Week 6 |
|-----------------|--|

End point description:

Subjective estimation of medical condition as assessed by PDI.

| | |
|----------------|-----------|
| End point type | Secondary |
|----------------|-----------|

End point timeframe:

Assessment at week 6.

| End point values | Zoledronic acid | Placebo | | |
|--------------------------------------|-----------------|-----------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 34 | 14 | | |
| Units: arbitrary units | | | | |
| arithmetic mean (standard deviation) | 13.1 (± 6.0) | 18.8 (± 7.7) | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Secondary endpoint | Number of additional medicinal visits - Week 3

| | |
|-----------------|---|
| End point title | Secondary endpoint Number of additional medicinal visits - Week 3 |
|-----------------|---|

End point description:

Number of additional medicinal visits until week 6.

| | |
|----------------|-----------|
| End point type | Secondary |
|----------------|-----------|

End point timeframe:

Assessment at week 3.

| End point values | Zoledronic acid | Placebo | | |
|--|-----------------|-----------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 34 | 14 | | |
| Units: Patients with additional visits | 1 | 0 | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Secondary endpoint | Number of additional medicinal visits - Week 6

| | |
|-----------------|---|
| End point title | Secondary endpoint Number of additional medicinal visits - Week 6 |
|-----------------|---|

End point description:

Number of additional medicinal visits until week 6.

| | |
|----------------|-----------|
| End point type | Secondary |
|----------------|-----------|

End point timeframe:

Assessment at week 6.

| End point values | Zoledronic acid | Placebo | | |
|--|-----------------|-----------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 34 | 14 | | |
| Units: Patients with additional visits | 0 | 0 | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Secondary endpoint | Number of days of illness - Week 3

| | |
|-----------------|---|
| End point title | Secondary endpoint Number of days of illness - Week 3 |
|-----------------|---|

End point description:

Number of days of illness assessed until week 6.

| | |
|----------------|-----------|
| End point type | Secondary |
|----------------|-----------|

End point timeframe:

Assessment at week 3.

| End point values | Zoledronic acid | Placebo | | |
|--------------------------------------|-----------------|-----------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 34 | 14 | | |
| Units: Days | | | | |
| arithmetic mean (standard deviation) | 1.24 (± 5.02) | 3.00 (± 7.63) | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Secondary endpoint | Number of days of illness - Week 6

| | | | | |
|------------------------|---|--|--|--|
| End point title | Secondary endpoint Number of days of illness - Week 6 | | | |
| End point description: | Number of days of illness assessed until week 6. | | | |
| End point type | Secondary | | | |
| End point timeframe: | Assessment at week 6. | | | |

| End point values | Zoledronic acid | Placebo | | |
|--------------------------------------|-----------------|-----------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 34 | 14 | | |
| Units: Days | | | | |
| arithmetic mean (standard deviation) | 0.94 (± 4.10) | 3.14 (± 4.10) | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Secondary endpoint | Number of aseptic bone necrosis and fatigue fractures

| | | | | |
|------------------------|---|--|--|--|
| End point title | Secondary endpoint Number of aseptic bone necrosis and fatigue fractures | | | |
| End point description: | Assessemnt of number of patients with aseptic bone necrosis and/or fatigue fractures. | | | |
| End point type | Secondary | | | |
| End point timeframe: | Baseline until end of study (week 12). | | | |

| End point values | Zoledronic acid | Placebo | | |
|-----------------------------|-----------------|-----------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 34 | 14 | | |
| Units: Number of patients | 0 | 0 | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Secondary endpoint | Changes of parameters concerning osteological values

| | |
|-----------------|---|
| End point title | Secondary endpoint Changes of parameters concerning osteological values |
|-----------------|---|

End point description:

Assessment of laboratory values related to osteological values (including serum calcium, serum phosphate, serum alkaline phosphatase, gamma-GT, serum creatinine, C-reactive protein, Thyroid stimulating hormone at week 3 and week 6.

| | |
|----------------|-----------|
| End point type | Secondary |
|----------------|-----------|

End point timeframe:

Week 3 and week 6.

| End point values | Zoledronic acid | Placebo | | |
|---|-----------------|-----------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 34 | 14 | | |
| Units: Pts with clinical significant values (%) | | | | |
| number (not applicable) | | | | |
| Serum Calcium | 0 | 0 | | |
| Serum Phosphate | 0 | 0 | | |
| Serum Alkaline Phosphatase | 0 | 0 | | |
| Gamma-GT | 0 | 0 | | |
| Serum Creatinine | 0 | 1 | | |
| C-reactive protein | 0 | 0 | | |

Statistical analyses

No statistical analyses for this end point

Adverse events

Adverse events information

Timeframe for reporting adverse events:

Adverse events were recorded from time of enrollment until study completion (end of study).

| | |
|-----------------|------------|
| Assessment type | Systematic |
|-----------------|------------|

Dictionary used

| | |
|-----------------|--------|
| Dictionary name | MedDRA |
|-----------------|--------|

| | |
|--------------------|------|
| Dictionary version | 19.0 |
|--------------------|------|

Reporting groups

| | |
|-----------------------|-----------------|
| Reporting group title | Zoledronic acid |
|-----------------------|-----------------|

Reporting group description:

Patients in this arm received zoledronic acid

| | |
|-----------------------|---------|
| Reporting group title | Placebo |
|-----------------------|---------|

Reporting group description:

Patients in this arm received placebo.

| Serious adverse events | Zoledronic acid | Placebo | |
|---|-----------------|----------------|--|
| Total subjects affected by serious adverse events | | | |
| subjects affected / exposed | 4 / 34 (11.76%) | 1 / 14 (7.14%) | |
| number of deaths (all causes) | 0 | 0 | |
| number of deaths resulting from adverse events | 0 | 0 | |
| Injury, poisoning and procedural complications | | | |
| Post-traumatic neck syndrome | | | |
| subjects affected / exposed | 1 / 34 (2.94%) | 0 / 14 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Vascular disorders | | | |
| Hypertensive crisis | | | |
| subjects affected / exposed | 1 / 34 (2.94%) | 0 / 14 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Nervous system disorders | | | |
| Generalised tonic-clonic seizure | | | |
| subjects affected / exposed | 0 / 34 (0.00%) | 1 / 14 (7.14%) | |
| occurrences causally related to treatment / all | 0 / 0 | 0 / 1 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Paraesthesia | | | |

| | | | |
|--|----------------|----------------|--|
| subjects affected / exposed | 1 / 34 (2.94%) | 0 / 14 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Musculoskeletal and connective tissue disorders | | | |
| Osteoarthritis | | | |
| subjects affected / exposed | 1 / 34 (2.94%) | 0 / 14 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Back pain | | | |
| subjects affected / exposed | 1 / 34 (2.94%) | 0 / 14 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |

Frequency threshold for reporting non-serious adverse events: 3 %

| Non-serious adverse events | Zoledronic acid | Placebo | |
|--|-------------------|------------------|--|
| Total subjects affected by non-serious adverse events | | | |
| subjects affected / exposed | 34 / 34 (100.00%) | 11 / 14 (78.57%) | |
| General disorders and administration site conditions | | | |
| Asthenia | | | |
| subjects affected / exposed | 2 / 34 (5.88%) | 0 / 14 (0.00%) | |
| occurrences (all) | 2 | 0 | |
| Chills | | | |
| subjects affected / exposed | 8 / 34 (23.53%) | 2 / 14 (14.29%) | |
| occurrences (all) | 8 | 2 | |
| Fatigue | | | |
| subjects affected / exposed | 10 / 34 (29.41%) | 3 / 14 (21.43%) | |
| occurrences (all) | 11 | 3 | |
| Influenza like illness | | | |
| subjects affected / exposed | 3 / 34 (8.82%) | 2 / 14 (14.29%) | |
| occurrences (all) | 3 | 3 | |
| Malaise | | | |
| subjects affected / exposed | 3 / 34 (8.82%) | 0 / 14 (0.00%) | |
| occurrences (all) | 3 | 0 | |

| | | | |
|--|---|---|--|
| Pyrexia subjects affected / exposed occurrences (all) | 7 / 34 (20.59%) 7 | 1 / 14 (7.14%) 1 | |
| Immune system disorders Hypersensitivity subjects affected / exposed occurrences (all) | 0 / 34 (0.00%) 0 | 1 / 14 (7.14%) 1 | |
| Respiratory, thoracic and mediastinal disorders Oropharyngeal pain subjects affected / exposed occurrences (all) | 2 / 34 (5.88%) 2 | 0 / 14 (0.00%) 0 | |
| Investigations Blood creatinine increased subjects affected / exposed occurrences (all) C-reactive protein increased subjects affected / exposed occurrences (all) | 0 / 34 (0.00%) 0 2 / 34 (5.88%) 2 | 1 / 14 (7.14%) 1 0 / 14 (0.00%) 0 | |
| Injury, poisoning and procedural complications Arthropod sting subjects affected / exposed occurrences (all) Ligament sprain subjects affected / exposed occurrences (all) | 0 / 34 (0.00%) 0 0 / 34 (0.00%) 0 | 1 / 14 (7.14%) 1 1 / 14 (7.14%) 1 | |
| Nervous system disorders Headache subjects affected / exposed occurrences (all) Sciatica subjects affected / exposed occurrences (all) | 13 / 34 (38.24%) 14 1 / 34 (2.94%) 1 | 5 / 14 (35.71%) 6 1 / 14 (7.14%) 1 | |
| Ear and labyrinth disorders Vertigo subjects affected / exposed occurrences (all) | 2 / 34 (5.88%) 2 | 1 / 14 (7.14%) 1 | |
| Eye disorders | | | |

| | | | |
|---|------------------------|----------------------|--|
| Blepharospasm subjects affected / exposed occurrences (all) | 2 / 34 (5.88%) 2 | 0 / 14 (0.00%) 0 | |
| Gastrointestinal disorders | | | |
| Diarrhoea subjects affected / exposed occurrences (all) | 4 / 34 (11.76%) 4 | 0 / 14 (0.00%) 0 | |
| Dry mouth subjects affected / exposed occurrences (all) | 0 / 34 (0.00%) 0 | 1 / 14 (7.14%) 1 | |
| Gastrointestinal disorder subjects affected / exposed occurrences (all) | 0 / 34 (0.00%) 0 | 1 / 14 (7.14%) 2 | |
| Nausea subjects affected / exposed occurrences (all) | 2 / 34 (5.88%) 2 | 2 / 14 (14.29%) 2 | |
| Skin and subcutaneous tissue disorders | | | |
| Hyperhidrosis subjects affected / exposed occurrences (all) | 0 / 34 (0.00%) 0 | 1 / 14 (7.14%) 1 | |
| Skin discolouration subjects affected / exposed occurrences (all) | 0 / 34 (0.00%) 0 | 1 / 14 (7.14%) 1 | |
| Renal and urinary disorders | | | |
| Renal pain subjects affected / exposed occurrences (all) | 0 / 34 (0.00%) 0 | 1 / 14 (7.14%) 1 | |
| Musculoskeletal and connective tissue disorders | | | |
| Pain in extremity subjects affected / exposed occurrences (all) | 11 / 34 (32.35%) 11 | 3 / 14 (21.43%) 4 | |
| Arthralgia subjects affected / exposed occurrences (all) | 3 / 34 (8.82%) 3 | 2 / 14 (14.29%) 2 | |
| Back pain | | | |

| | | | |
|------------------------------------|-----------------|-----------------|--|
| subjects affected / exposed | 4 / 34 (11.76%) | 0 / 14 (0.00%) | |
| occurrences (all) | 4 | 0 | |
| Bone pain | | | |
| subjects affected / exposed | 2 / 34 (5.88%) | 0 / 14 (0.00%) | |
| occurrences (all) | 2 | 0 | |
| Musculoskeletal discomfort | | | |
| subjects affected / exposed | 2 / 34 (5.88%) | 1 / 14 (7.14%) | |
| occurrences (all) | 2 | 1 | |
| Myalgia | | | |
| subjects affected / exposed | 0 / 34 (0.00%) | 3 / 14 (21.43%) | |
| occurrences (all) | 0 | 3 | |
| Osteoarthritis | | | |
| subjects affected / exposed | 2 / 34 (5.88%) | 1 / 14 (7.14%) | |
| occurrences (all) | 2 | 2 | |
| Rheumatic disorder | | | |
| subjects affected / exposed | 2 / 34 (5.88%) | 0 / 14 (0.00%) | |
| occurrences (all) | 2 | 0 | |
| Spinal pain | | | |
| subjects affected / exposed | 2 / 34 (5.88%) | 3 / 14 (21.43%) | |
| occurrences (all) | 2 | 3 | |
| Infections and infestations | | | |
| Cystitis | | | |
| subjects affected / exposed | 0 / 34 (0.00%) | 1 / 14 (7.14%) | |
| occurrences (all) | 0 | 1 | |
| Gastrointestinal infection | | | |
| subjects affected / exposed | 0 / 34 (0.00%) | 1 / 14 (7.14%) | |
| occurrences (all) | 0 | 1 | |
| Influenza | | | |
| subjects affected / exposed | 1 / 34 (2.94%) | 3 / 14 (21.43%) | |
| occurrences (all) | 1 | 3 | |
| Nasopharyngitis | | | |
| subjects affected / exposed | 4 / 34 (11.76%) | 2 / 14 (14.29%) | |
| occurrences (all) | 4 | 2 | |
| Tonsillitis | | | |
| subjects affected / exposed | 0 / 34 (0.00%) | 1 / 14 (7.14%) | |
| occurrences (all) | 0 | 1 | |

| | | | |
|--|---------------------|---------------------|--|
| Metabolism and nutrition disorders Hyperuricaemia subjects affected / exposed occurrences (all) | 0 / 34 (0.00%) 0 | 1 / 14 (7.14%) 1 | |
|--|---------------------|---------------------|--|

More information

Substantial protocol amendments (globally)

Were there any global substantial amendments to the protocol? No

Interruptions (globally)

Were there any global interruptions to the trial? No

Limitations and caveats

Limitations of the trial such as small numbers of subjects analysed or technical problems leading to unreliable data.

The originally intended primary analysis did not include outlier analysis. An outlier value in the placebo group (<500% increase in edema size) biased statistical results. Analysis was modified respecting outlier analysis.

Notes: