



## Clinical trial results:

### Paracervical block (PCB) during II-trimester abortion – a randomized controlled trial

#### Summary

|                          |                |
|--------------------------|----------------|
| EudraCT number           | 2010-020780-21 |
| Trial protocol           | SE             |
| Global end of trial date | 30 April 2015  |

#### Results information

|                                |               |
|--------------------------------|---------------|
| Result version number          | v1 (current)  |
| This version publication date  | 31 March 2021 |
| First version publication date | 31 March 2021 |

#### Trial information

##### Trial identification

|                       |         |
|-----------------------|---------|
| Sponsor protocol code | W2010IM |
|-----------------------|---------|

##### Additional study identifiers

|                                    |             |
|------------------------------------|-------------|
| ISRCTN number                      | -           |
| ClinicalTrials.gov id (NCT number) | NCT01617564 |
| WHO universal trial number (UTN)   | -           |

Notes:

##### Sponsors

|                              |   |
|------------------------------|---|
| Sponsor organisation name    | Karolinska Institutet   |
| Sponsor organisation address | 17177, Stockholm, Sweden,   |
| Public contact               | Kristina Gemzell Danielsson, Karolinska Institutet,<br>kristina.gemzell@ki.se |
| Scientific contact           | Kristina Gemzell Danielsson, Karolinska Institutet,<br>kristina.gemzell@ki.se |

Notes:

##### Paediatric regulatory details

|  |    |
|--|----|
| Is trial part of an agreed paediatric investigation plan (PIP)       | No |
| Does article 45 of REGULATION (EC) No 1901/2006 apply to this trial? | No |
| Does article 46 of REGULATION (EC) No 1901/2006 apply to this trial? | No |

Notes:

## Results analysis stage

|  |               |
|--|---------------|
| Analysis stage                                       | Final         |
| Date of interim/final analysis                       | 30 April 2015 |
| Is this the analysis of the primary completion data? | Yes           |
| Primary completion date                              | 30 April 2015 |
| Global end of trial reached?                         | Yes           |
| Global end of trial date                             | 30 April 2015 |
| Was the trial ended prematurely?                     | No            |

Notes:

## General information about the trial

Main objective of the trial:

Can the number of women who experience severe pain (VAS > 7) during induced abortion after 13 weeks of gestation, be reduced through the use of PCBs with Marcain ® as a method of pain relief during abortion?

Protection of trial subjects:

Participation was voluntary and written informed consent was obtained prior to participating in any study-related activity.

Background therapy: -

Evidence for comparator: -

|   |             |
|---|-------------|
| Actual start date of recruitment                          | 29 May 2012 |
| Long term follow-up planned                               | No          |
| Independent data monitoring committee (IDMC) involvement? | No          |

Notes:

## Population of trial subjects

### Subjects enrolled per country

|                                      |             |
|--------------------------------------|-------------|
| Country: Number of subjects enrolled | Sweden: 102 |
| Worldwide total number of subjects   | 102         |
| EEA total number of subjects         | 102         |

Notes:

### Subjects enrolled per age group

|   |     |
|---|-----|
| In utero                                  | 0   |
| Preterm newborn - gestational age < 37 wk | 0   |
| Newborns (0-27 days)                      | 0   |
| Infants and toddlers (28 days-23 months)  | 0   |
| Children (2-11 years)                     | 0   |
| Adolescents (12-17 years)                 | 0   |
| Adults (18-64 years)                      | 102 |
| From 65 to 84 years                       | 0   |
| 85 years and over                         | 0   |

## Subject disposition

### Recruitment

Recruitment details:

Women were recruited from a gynaecological clinic in Sweden between during May 2012 until April 2015.

### Pre-assignment

Screening details:

Women who were 18 years or older, gestational age from 13 weeks and being able to understand Swedish were screened for participation. 589 women had a second-trimester abortion during the time period, 276 of those women were informed and invited to participate in the study, and 113 women were recruited.

### Period 1

|                              |                                |
|------------------------------|--------------------------------|
| Period 1 title               | Overall trial (overall period) |
| Is this the baseline period? | Yes                            |
| Allocation method            | Randomised - controlled        |
| Blinding used                | Double blind                   |
| Roles blinded                | Subject, Investigator          |

### Arms

|                              |         |
|------------------------------|---------|
| Are arms mutually exclusive? | Yes     |
| <b>Arm title</b>             | Placebo |

Arm description:

Participants received a PCB (Paracervical block) with 20 ml sodium chloride 9 mg/ml (Placebo).

|  |                   |
|--|-------------------|
| Arm type                               | Placebo           |
| Investigational medicinal product name | Sodium Chloride   |
| Investigational medicinal product code |                   |
| Other name                             |                   |
| Pharmaceutical forms                   | Injection         |
| Routes of administration               | Intracervical use |

Dosage and administration details:

The PCB was administered as a 2–4 mm deep paracervical injection into the mucosa at two sites (2 and 8 o'clock), and was applied by using a Kobac's needle or an ordinary injection needle (0.8 × 80 mm) during a speculum examination. The procedure lasted for 5 min. The PCB was applied 1 h after the first dose of misoprostol.

|                  |             |
|------------------|-------------|
| <b>Arm title</b> | Bupivacaine |
|------------------|-------------|

Arm description:

Participants received a PCB (Paracervical block) with 20 ml local anaesthesia (bupivacaine 2.5 mg/ml)

|  |                   |
|--|-------------------|
| Arm type                               | Experimental      |
| Investigational medicinal product name | Bupivacaine       |
| Investigational medicinal product code |                   |
| Other name                             |                   |
| Pharmaceutical forms                   | Injection         |
| Routes of administration               | Intracervical use |

Dosage and administration details:

The PCB was administered as a 2–4 mm deep paracervical injection into the mucosa at two sites (2 and 8 o'clock), and was applied by using a Kobac's needle or an ordinary injection needle (0.8 × 80 mm) during a speculum examination. The procedure lasted for 5 min. The PCB was applied 1 h after the first dose of misoprostol.

| <b>Number of subjects in period 1</b> | Placebo | Bupivacaine |
|---------------------------------------|---------|-------------|
| Started                               | 50      | 52          |
| Completed                             | 50      | 52          |

## Baseline characteristics

### Reporting groups

|   |             |
|---|-------------|
| Reporting group title   | Placebo     |
| Reporting group description:  |             |
| Participants received a PCB (Paracervical block) with 20 ml sodium chloride 9 mg/ml (Placebo).        |             |
| Reporting group title   | Bupivacaine |
| Reporting group description:  |             |
| Participants received a PCB (Paracervical block) with 20 ml local anaesthesia (bupivacaine 2.5 mg/ml) |             |

| Reporting group values                                | Placebo | Bupivacaine | Total |
|---|---------|-------------|-------|
| Number of subjects                                    | 50      | 52          | 102   |
| Age categorical                                       |         |             |       |
| Units: Subjects                                       |         |             |       |
| In utero  | 0       | 0           | 0     |
| Preterm newborn infants<br>(gestational age < 37 wks) | 0       | 0           | 0     |
| Newborns (0-27 days)                                  | 0       | 0           | 0     |
| Infants and toddlers (28 days-23<br>months)           | 0       | 0           | 0     |
| Children (2-11 years)                                 | 0       | 0           | 0     |
| Adolescents (12-17 years)                             | 0       | 0           | 0     |
| Adults (18-64 years)                                  | 0       | 0           | 0     |
| From 65-84 years                                      | 0       | 0           | 0     |
| 85 years and over                                     | 0       | 0           | 0     |
| <25   | 15      | 22          | 37    |
| 25-34   | 19      | 20          | 39    |
| >=35  | 16      | 10          | 26    |
| Gender categorical                                    |         |             |       |
| Units: Subjects                                       |         |             |       |
| Female  | 50      | 52          | 102   |
| Male  | 0       | 0           | 0     |

## End points

### End points reporting groups

|   |             |
|---|-------------|
| Reporting group title   | Placebo     |
| Reporting group description:  |             |
| Participants received a PCB (Paracervical block) with 20 ml sodium chloride 9 mg/ml (Placebo).        |             |
| Reporting group title   | Bupivacaine |
| Reporting group description:  |             |
| Participants received a PCB (Paracervical block) with 20 ml local anaesthesia (bupivacaine 2.5 mg/ml) |             |

### Primary: Highest pain intensity

|  |                        |
|--|------------------------|
| End point title  | Highest pain intensity |
| End point description:   |                        |
| Can paracervical block (PCB) administered before the onset of pain decrease women's pain experience during secondtrimester medical termination of pregnancy (MToP)? Pain was measured by VAS (visual analogue scale) where VAS 7-10 = severe pain. |                        |
| End point type   | Primary                |
| End point timeframe:   |                        |
| Pain was measured at misoprostol initiation (baseline) and repeated every 30 min until fetal expulsion. The primary outcome was at any time point.   |                        |

| End point values            | Placebo         | Bupivacaine     |  |  |
|-----------------------------|-----------------|-----------------|--|--|
| Subject group type          | Reporting group | Reporting group |  |  |
| Number of subjects analysed | 50              | 52              |  |  |
| Units: VAS                  |                 |                 |  |  |
| VAS 0-6                     | 17              | 13              |  |  |
| VAS 7-10                    | 32              | 39              |  |  |

### Statistical analyses

|   |   |
|---|---|
| Statistical analysis title              | Difference in highest pain intensity VAS 7-10 |
| Comparison groups                       | Placebo v Bupivacaine                         |
| Number of subjects included in analysis | 102   |
| Analysis specification                  | Pre-specified                                 |
| Analysis type                           | superiority                                   |
| P-value                                 | = 0.292                                       |
| Method                                  | Generalized estimating equations model        |
| Parameter estimate                      | Risk ratio (RR)                               |
| Confidence interval                     |   |
| level                                   | 95 %  |
| sides                                   | 2-sided                                       |



## Adverse events

### Adverse events information

Timeframe for reporting adverse events:

Misoprostol initiation (baseline) and repeated every 30 min until fetal expulsion.

|                 |            |
|-----------------|------------|
| Assessment type | Systematic |
|-----------------|------------|

### Dictionary used

|                 |     |
|-----------------|-----|
| Dictionary name | ICD |
|-----------------|-----|

|                    |    |
|--------------------|----|
| Dictionary version | 10 |
|--------------------|----|

### Reporting groups

|                       |         |
|-----------------------|---------|
| Reporting group title | Placebo |
|-----------------------|---------|

Reporting group description:

Participants received a PCB (Paracervical block) with 20 ml sodium chloride 9 mg/ml (Placebo).

|                       |             |
|-----------------------|-------------|
| Reporting group title | Bupivacaine |
|-----------------------|-------------|

Reporting group description:

Participants received a PCB (Paracervical block) with 20 ml local anaesthesia (bupivacaine 2.5 mg/ml)

| Serious adverse events                            | Placebo        | Bupivacaine    |  |
|---|----------------|----------------|--|
| Total subjects affected by serious adverse events |                |                |  |
| subjects affected / exposed                       | 0 / 50 (0.00%) | 0 / 52 (0.00%) |  |
| number of deaths (all causes)                     | 0              | 0              |  |
| number of deaths resulting from adverse events    | 0              | 0              |  |

Frequency threshold for reporting non-serious adverse events: 5 %

| Non-serious adverse events                            | Placebo          | Bupivacaine      |  |
|---|------------------|------------------|--|
| Total subjects affected by non-serious adverse events |                  |                  |  |
| subjects affected / exposed                           | 14 / 50 (28.00%) | 14 / 52 (26.92%) |  |
| Cardiac disorders                                     |                  |                  |  |
| Dizziness   |                  |                  |  |
| subjects affected / exposed                           | 3 / 50 (6.00%)   | 3 / 52 (5.77%)   |  |
| occurrences (all)                                     | 50               | 52               |  |
| General disorders and administration site conditions  |                  |                  |  |
| Sensory loss  |                  |                  |  |
| subjects affected / exposed                           | 0 / 50 (0.00%)   | 1 / 52 (1.92%)   |  |
| occurrences (all)                                     | 50               | 52               |  |
| Headache  |                  |                  |  |



|  |                       |                       |  |
|--|-----------------------|-----------------------|--|
| subjects affected / exposed<br>occurrences (all)   | 0 / 50 (0.00%)<br>50  | 1 / 52 (1.92%)<br>52  |  |
| Gastrointestinal disorders<br>Nausea/vomiting<br>subjects affected / exposed<br>occurrences (all)                          | 8 / 50 (16.00%)<br>50 | 8 / 52 (15.38%)<br>52 |  |
| Respiratory, thoracic and mediastinal disorders<br>Shortness of breath<br>subjects affected / exposed<br>occurrences (all) | 1 / 50 (2.00%)<br>50  | 0 / 52 (0.00%)<br>52  |  |
| Skin and subcutaneous tissue disorders<br>Skin rash<br>subjects affected / exposed<br>occurrences (all)                    | 1 / 50 (2.00%)<br>50  | 0 / 52 (0.00%)<br>52  |  |
| Musculoskeletal and connective tissue disorders<br>Shivering<br>subjects affected / exposed<br>occurrences (all)           | 2 / 50 (4.00%)<br>50  | 2 / 52 (3.85%)<br>52  |  |

## More information

### Substantial protocol amendments (globally)

Were there any global substantial amendments to the protocol? No

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### Interruptions (globally)

Were there any global interruptions to the trial? No

### Limitations and caveats

Limitations of the trial such as small numbers of subjects analysed or technical problems leading to unreliable data.

|   |
|---|
| Nearly 60% of the invited women did not want to participate in the study (fear of needles and fear of receiving the placebo) therefore women who tolerate pain may have been overrepresented in the study population. |
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Notes:

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### Online references

<http://www.ncbi.nlm.nih.gov/pubmed/26573530>