

Summary of Lysholm Questionnaire Results

Question Result	Number of Patients (Proportion)											
	Baseline/Pre-op	1 Week Post-op	1 Month Post-op	3 Month Post-op	6 Month Post-op	1-Year Post-op	2-Year Post-op ¹	3-Year Post-op ²	4-Year Post-op ³	5-Year Post-op ⁴	6-Year Post-op ⁵	7-Year Post-op ⁶
Limp:												
N/A	0	1 (0.2)	1 (0.2)	0	0	0	0	0	0	0	0	0
No limp	2 (0.4)	0	0	3 (0.6)	3 (0.6)	3 (0.6)	2 (0.5)	3 (0.8)	3 (1.0)	2 (1.0)	1 (1.0)	1 (1.0)
Slight or periodical limp	3 (0.6)	3 (0.6)	2 (0.4)	2 (0.4)	2 (0.4)	2 (0.4)	2 (0.5)	1 (0.3)	0	0	0	0
Severe and constant limp	0	1 (0.2)	2 (0.4)	0	0	0	0	0	0	0	0	0
Support:												
No support required	5 (1.0)	1 (0.2)	0	5 (1.0)	5 (1.0)	5 (1.0)	4 (1.0)	4 (1.0)	3 (1.0)	2 (1.0)	1 (1.0)	1 (1.0)
Stick or crutch required	0	4 (0.8)	4 (0.8)	0	0	0	0	0	0	0	0	0
Weight-bearing on my knee is impossible	0	0	1 (0.2)	0	0	0	0	0	0	0	0	0
Locking:												
No locking and no catching sensations	1 (0.2)	4 (0.8)	4 (0.8)	4 (0.8)	4 (0.8)	3 (0.6)	3 (0.8)	4 (1.0)	3 (1.0)	2 (1.0)	0 (0.0)	1 (1.0)
Catching sensations but no locking	3 (0.6)	0	0	1 (0.2)	1 (0.2)	1 (0.2)	1 (0.3)	0	0	0	1 (1.0)	0
Occasional locking	0	0	1 (0.2)	0	0	1 (0.2)	0	0	0	0	0	0
Frequent locking	1 (0.2)	1 (0.2)	0	0	0	0	0	0	0	0	0	0
Locked joint currently	0	0	0	0	0	0	0	0	0	0	0	0
Instability:												
N/A	0	2 (0.4)	2 (0.4)	0	0	0	0	0	0	0	0	0
Never giving way	0	1 (0.2)	2 (0.4)	2 (0.4)	3 (0.6)	2 (0.4)	3 (0.8)	3 (0.8)	2 (0.7)	2 (1.0)	0	1 (1.0)
Gives way rarely during athletics or other severe exertion	0	0	0	2 (0.4)	1 (0.2)	1 (0.2)	0	1 (0.3)	1 (0.3)	0	0	0
Gives way frequently during athletics or other severe exertion	1 (0.2)	0	0	0	0	1 (0.2)	0	0	0	0	0	0
Gives way occasionally on daily activities	3 (0.6)	1 (0.2)	1 (0.2)	1 (0.2)	1 (0.2)	1 (0.2)	1 (0.3)	0	0	0	1 (1.0)	0
Gives way often in daily activities	1 (0.2)	1 (0.2)	0	0	0	0	0	0	0	0	0	0
Gives way with every step	0	0	0	0	0	0	0	0	0	0	0	0
Pain:												
N/A	0	1 (0.2)	0	0	0	0	0	0	0	0	0	0
No pain in knee	0	0	0	2 (0.4)	2 (0.4)	2 (0.4)	1 (0.3)	2 (0.5)	2 (0.7)	2 (1.0)	0	1 (1.0)
Not constant pain and/or slight pain during severe exertion	1 (0.2)	1 (0.2)	1 (0.2)	1 (0.2)	3 (0.6)	2 (0.4)	2 (0.5)	1 (0.3)	1 (0.3)	0	0	0
Marked pain during severe exertion	1 (0.2)	1 (0.2)	1 (0.2)	1 (0.2)	0	1 (0.2)	1 (0.3)	0	0	0	0	0
Marked pain on or after walking more than 2 km	3 (0.6)	0	2 (0.4)	0	0	0	0	1 (0.3)	0	0	0	0

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Marked pain on or after walking less than 2 km	0	0	1 (0.2)	1 (0.2)	0	0	0	0	0	0	1 (1.0)	0
Constant pain	0	2 (0.4)	0	0	0	0	0	0	0	0	0	0
Swelling:												
N/A	0	1 (0.2)	0	0	0	0	0	0	0	0	0	0
No swelling in knee	2 (0.4)	0	0	2 (0.4)	3 (0.6)	3 (0.6)	2 (0.5)	3 (0.8)	2 (0.7)	1 (0.5)	0	1 (1.0)
Swelling after vigorous activity	2 (0.4)	0	0	2 (0.4)	2 (0.4)	1 (0.2)	1 (0.3)	0	0	0	1 (1.0)	0
Swelling after ordinary activities	1 (0.2)	1 (0.2)	2 (0.4)	0	0	1 (0.2)	1 (0.3)	0	1 (0.3)	1 (0.5)	0	0
Swelling constantly in knee	0	3 (0.6)	3 (0.6)	1 (0.2)	0	0	0	0	0	0	0	0
Climbing Stairs:												
No problem climbing stars	1 (0.2)	1 (0.2)	0	1 (0.2)	2 (0.4)	3 (0.6)	4 (1.0)	4 (1.0)	2 (0.7)	2 (1.0)	0	1 (1.0)
Slight problems climbing stairs	3 (0.6)	0	0	4 (0.8)	3 (0.6)	2 (0.4)	0	0	1 (0.3)	0	0	0
Climb stairs one at a time	1 (0.2)	4 (0.8)	5 (1.0)	0	0	0	0	0	0	0	1 (1.0)	0
Climbing stairs is impossible	0	0	0	0	0	0	0	0	0	0	0	0
Squatting:												
N/A	0	0	0	1 (0.2)	0	0	0	0	0	0	0	0
No problems squatting	0	0	0	2 (0.4)	2 (0.4)	3 (0.6)	3 (0.8)	4 (1.0)	2 (0.7)	2 (1.0)	0	1 (1.0)
Slight problems squatting	1 (0.2)	1 (0.2)	0	2 (0.4)	3 (0.6)	2 (0.4)	1 (0.3)	0	1 (0.3)	0	0	0
Cannot squat beyond a 90 degree bend in knee	4 (0.8)	0	3 (0.6)	0	0	0	0	0	0	0	0	0
Squatting is impossible because of knee	0	4 (0.8)	2 (0.4)	0	0	0	0	0	0	0	1 (1.0)	0

¹ Patient 067 did not return for their 2-year post-operative Lysholm questionnaire assessments.

² Patient 060 did not return for their 3-year post-operative Lysholm questionnaire assessments.

³ Patients 060 and 067 did not return for their 4-year post-operative Lysholm questionnaire assessments.

⁴ Patients 060, 065 and 067 did not return for their 5-year post-operative Lysholm questionnaire assessments.

⁵ Patients 060, 064, 065 and 067 did not return for their 6-year post-operative Lysholm questionnaire assessments.

⁶ Patients 060, 064, 065 and 067 did not return for their 7-year post-operative Lysholm questionnaire assessments.

Proportions were calculated from the number of patients within the population that attended at each visit.

N/A = not applicable, Op = operative.