

Professor Tim Gale  
Hertfordshire Partnership University NHS Foundation Trust  
The Colonnades  
Beaconsfield Road  
Hatfield  
Herts  
AL10 8YE

MHRA  
151 Buckingham Palace Road  
Victoria  
SW1W 9SZ

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To whom it may concern

Re: End of Study Report

Full Title: **A randomised controlled feasibility trial comparing the clinical and cost effectiveness of cognitive behavioural therapy (CBT) and selective serotonin reuptake inhibitors (SSRI) and their combination in the management of obsessive compulsive disorder.**

Short Title: OTO – **Optimal Treatment in OCD**

Sponsor Protocol Number: LMS/SF/UH/00018  
EudraCT no: 2013-003219-22  
REC reference: 13/EE/0431  
IRAS no: 136904

Sponsors: Hertfordshire Partnership University NHS Foundation Trust and the University of Hertfordshire.

Funder: Research for Patient Benefit (NIHR)

Please find enclosed the following documents reporting the end of trial results.

- The NIHR Final Report on the OTO study
- The Final Data Report for the OTO study.

In addition to the study reports please find enclosed the lay summary of results that were sent out to all study participants and a short summary of a Knowledge Exchange Meeting that was held to disseminate the results to a wider PPI population.

- Optimal Treatment for OCD Final Report Summary
- OTO Knowledge Exchange Meeting Summary

Please note that in addition to the list of posters and presentations described within the attached NIHR report a final manuscript has been recently submitted to the journal "International Clinical Psychopharmacology."

Yours faithfully,

Solange Wyatt,  
Trial Manager.

