CLINICAL STUDY REPORT SYNOPSIS

Name of	Individual Study Table	(For National Authority
	Referring to Part of the	Use only)
Via Volturno, 20/b	Dossier	
Via Voltumo, 29/b		
20052 Monza - Italy	volume:	
Name of Finished Product:		
NIMOBET	Deser	
Name of Active Ingredient:	Page.	
Nimodipino I Rotabistino		
Ninodipine + Betanistine		
Title of Study: A phase II, randomized, double-blind, parallel groups study to assess the efficacy and safety of nimodipine 20 mg + betahistine 16 mg versus blacebo + betahistidine 16 mg in the treatment of		
Investigators: Prof. Daniele Monzani		
Study centre(s):		
Divisione di Otorinolaringoiatria		
Azienda Ospedaliero-Universitaria		
Via del Pozzo 71		
41124, Modena, Italia		
Publication (reference): none		
Studied period (vears):	Phase of developm	ent: II
January 2015 July 2015		

Name of Sponsor/Company: MDM S.p.A. Via Volturno, 29/b 20052 Monza - Italy	Individual Study Table Referring to Part of the Dossier Volume:	(For National Authority Use only)
Name of Finished Product: NIMOBET	Page:	
Name of Active Ingredient: Nimodipine + Betahistine		
Objectives:		

Primary Objectives

1. To evaluate the efficacy of Nimodipine 20 mg + Betahistine 16 mg (b.i.d) for the treatment of vertigo, compared to Betahistine 16 mg (b.i.d), as assessed by the Dizziness Handicap Inventory (DHI) after 4 weeks of treatment

Secondary Objectives

- To evaluate the self-perceived vertigo disability as assessed by the change of Mean Vertigo Score (MVS), based on the sum of vertigo, dizziness, unsteadiness divided by three
- 2. To evaluate the quality of life in patients with vertigo, using the SF-12 questionnaire

Safety Objectives

1. To investigate the safety and tolerability of Nimodipine 20 mg + Betahistine 16 mg (b.i.d.)

Methodology:

Phase II, randomized, double-blind, single site, controlled study, with two parallel groups of patients.

Number of patients (planned and analysed):

Number patients planned: 80 evaluable patients, 40 per treatment group. Number of patients analysed: 82, 43 in treatment group A (Nimodipine + Betahistine) and 39 in treatment group B (Palcebo + Betahistine).

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MDM S.p.A.	Dossier	
Via Volturno, 29/b		
20052 Monza - Italy	Volume:	
Name of Finished Product:		
NIMOBET	Dagai	
	Page.	
Name of Active Ingredient:		
Nimodipine + Betahistine		
Diagnosis and main criteria for i	nclusion:	
<u>Inclusion Criteria</u> Age > 20 years (both gender)	
Clinical and instrumental (ve	stibular examination) identification	on of labyrinthine vertigo, due
to:		
-		American
Academy of Otolaryngolo	gy-Head and Neck Foundation	
- Sundrama (vartiga, haari	ag loop tippitup)	
Lermovez's syndrome		
•		
 cochleo-labyrinthopat 	hy in association with vascula	r disorders of the vertebro-
basilar area		
all of them associated to	otolith disorders or not	
Complaint of vertigo lasting r	nore than three months	
Negative pregnancy test for women of childbearing potential (to be performed at Visit 1)		
duration of the study		
Signed Informed Consent		
Exclusion Criteria		
Cerebellopontine lesions, r	nultiple sclerosis, vascular de	mentia, migraine associated
vertigo, phobic vertigo, mo	otion sickness, acoustic neuron	na or other CNS tumor, as
Patients treated with calciur	an of NIVIR	es rifampicin phenobarbital
phenytoin or carbamazepine		
Known allergies, hypersens	sitivity, or intolerance to nimod	dipine or betahistine or any
excipients used in their manu	ufacture	
Patient with clinical gastrointe	estinal malabsorption	
Patients with blood pressure	<100/70 mmHg	
Patients with hypertension, p	harmacologically treated or not	
Patients with bronchial asthn	na	
Patients with a history of doc		
Patients with phaeochromos	vtoma	
Pregnancy breast feeding	ytoma	
Use of vestibular suppressan	ts drugs 7 days prior to study trea	atment start
ALT > 1.5 upper normal limit	(UNL), AST > 1.5 UNL, alkaline	phosphatase > 1.5 UNL, total
bilirubin > 2 UNL, creatinine > 1.5 UNL		

Name of Sponsor/Company: MDM S.p.A. Via Volturno, 29/b 20052 Monza - Italy Name of Finished Product: NIMOBET	Individual Study Table Referring to Part of the Dossier Volume: Page:	(For National Authority Use only)
Name of Active Ingredient: Nimodipine + Betahistine		
Diagnosis and main criteria for inclusion: <u>Exclusion Criteria</u> Treatment with another investigational agent within the last 30 days Subjects with evidence of clinically unstable disease, as determined by medical history, physical examination, that, in the Investigator's opinion, preclude entry into the study Known or suspected history of alcohol or drug abuse based on medical history, physical examination, or the Investigator's clinical judgment		
 Test product, dose and mode of administration, batch number: Group A - Betahistine dihydrochloride tablet (Betahistine ratiopharm 30 tablets, 16 mg) plus Nimodipine drops (Iskidrop, 25 ml, 30 mg/0.75 ml). Posology: 1 tablet twice in day plus 20 drops twice in day Group B Betahistine dihydrochloride tablet (Betahistine ratiopharm 30 tablets, 16 mg) plus Placebo drops (25 ml, 0 mg/0.75 ml). Posology: 1 tablet twice in day plus 20 drops twice in day 		
Duration of treatment: 4 weeks.		
Reference therapy, dose and mo	de of administration, batch nu	mber:
IMP 1: Nimodipine drops: Iskidrop,	25 ml, 30 mg/0.75 ml.	
Batch Number: NIMO01/14	Expiry date 09/2016	
IMP 2 (PeIMP): Betahistine dihydrochloride: Betahistine ratiopharm 30 tablets, 16 mg.		
Batch Number: N20143	Expiry date 03/2016	
IMP 3: Placebo drops: 25 ml, 0 mg/0.75 ml.		
Batch Number: NIMO01/14	Expiry date 09/2016	

Name of Sponsor/Company: MDM S.p.A. Via Volturno, 29/b	Individual Study Table Referring to Part of the Dossier	(For National Authority Use only)
Name of Finished Product: NIMOBET	Volume: Page:	
Name of Active Ingredient: Nimodipine + Betahistine		
Criteria for evaluation:	'	

Primary efficacy endpoin0 [Pri)4(m)6(a)3(ry)6(e)[ff)9(i)4(c)[a)3(c)[y)6(22 retwB7F3 9 ff 0 0 1 1006 842

Name of Sponsor/Company: MDM S.p.A. Via Volturno, 29/b	Individual Study Table Referring to Part of the Dossier	(For National Authority Use only)
20052 Monza - Italy	Volume: Page:	
Name of Finished Product: NIMOBET		
Name of Active Ingredient: Nimobet + Betahistine		
Efficacy results:	·	

Secondary endpoints

The analysis of mean vertigo score (MVS) revealed a slight difference between the two treatment groups at the end of treatment, in favor of the Betahistine+Nimodipine group, both in the total MVS score and in each of its components (vertigo, dizziness and unsteadiness)) and the adjustment for baseline values did not change these results. Even the analysis by type of vertigo (central, peripheral or mixed) did not reveal any clear difference between the two treatment groups. In the analysis of central and mixed vertigo, the differences between the two treatment groups were only slightly increased. At the Day 7, the differences between the two treatment groups were negligible, and at end of study the differences were similar to those observed at end of treatment.

At end of treatment, both subscale of SF-12, i.e. PCS-12 and MCS-12, revealed an improvement slightly higher in the Betahistine+Nimodipine group (0.52 points higher for both subscales) and the adjustment for baseline values flattened these differences. An improvement in the Betahistine+Nimodipine group was observed among the patients with peripheral vertigo, where MCS-12 was 1.96 points higher than the Betahistine+Placebo group, while among patients with central or mixed vertigo, the improvement in MCS-12 was higher in the Betahistine+Placebo group.

Safety results:

Only three patient experienced an adverse event: two patients (ID 01-014 and 01-061) in the Betahistine+Placebo group and one patient (ID 01-056) in the Betahistine+Nimodipine group.

The patient treated with Betahistine+Nimodipine (ID 01-056) experienced a mild nausea that was resolved within four days with no other action than the permanent suspension of the treatment. This adverse event was considered related to the treatment taken.

The first patient treated with Betahistine+Placebo (ID 01-014) experienced a moderate wheal that was resolved within three days with no other action than the permanent suspension of the treatment. This adverse event was considered related to the treatment taken.

The first patient treated with Betahistine+Placebo (ID 01-061) experienced a mild persisting nausea that was resolved within five days with no other action than the permanent suspension of the treatment. This adverse event was considered related to the treatment taken.

The change between screening and end of treatment were evaluated as changes between normal values and abnormal values, and, when a value was abnormal, if it was clinically significant or not. Most of the patients had unchanged or improved clinical laboratory test results between the two visits. The few laboratory tests worsened during the study were considered not clinically significant.

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20052 Monza - Italy Name of Finished Product: NIMOBET	Volume: Page:	
Name of Active Ingredient: Nimobet + Betahistine		

Conclusion:

Globally, both treatments were effective in the vertigo treatment, as both treatment groups had an improvement of symptomatology in the study period. The addition of Nimodipine to Betahistine seems to be slightly ameliorative even if never in a statistically significant way.

DHI score improved from day 1 to day 28 in both treatment groups, slightly more in the Betahistine+Nimodipine group. Both the functional and physical subscale improved more in the Betahistine+Nimodipine group than in the Betahistine+Placebo group.

The central vertigo had the greater difference between the two treatment groups, in favor of the Betahistine+Nimodipine, even if not clinically significant due to the low number of patients analysed (20 patients).

At end of study, DHI improvement from baseline was higher than that observed at end of treatment within both treatment groups, but the difference between treatment groups was Also mean vertigo score (MVS) data analysis revealed a slight, but not statistically significant, difference between the two treatment groups at the end of treatment, in favor of the Betahistine+Nimodipine group, both in the total MVS score and in each of its components (vertigo, dizziness and unsteadiness).

SF-12 data analysis at the end of treatment revealed an improvement slightly higher in the Betahistine+Nimodipine group, for both subscales of SF-12, i.e. PCS-12 and MCS-12. A difference in improvement was observed among the patients with peripheral vertigo in favor of the Betahistine+Nimodipine group, while among patients with central or mixed vertigo, the improvement in MCS-12 resulted higher in the Betahistine+Placebo group.

It must be noted that all the subjects included in this trial received a basal treatment, known to be an efficacious therapy for the disease under investigation.

In addition data dispersion due to the different typologies of vertigo included in the study (peripheral, central and mixed) and the consequent poor number of cases analysed per typology, as well as the subjective evaluation of the disease improvement, all these factors have possibly not allowed to detect a statistically significant additive effect by Nimodipine.

Only three mild to moderate adverse drug reactions occurred during the study, two in the group Betahistine+Placebo and one in the group Betahistine+Nimodipine. All the three events were resolved after study treatment interruption. No significant change in laboratory parameters or vital signs was reported. Therefore the association of Nimodipine to Betahistine is safe and generally very well tolerated.

Date of report: December 16th 2015