

## 2.- SYNOPSIS

Inmunotek	<b>INDIVIDUAL STUDY TABULAR FORMAT</b>	
<b>Name of Finished Product:</b> Prick Test <i>Betula verrucosa</i>		
<b>Name of Investigational product substance(s):</b> Allergen extract of the pollen of <i>Betula verrucosa</i>		
<b>Title of the study:</b> <i>Betula verrucosa</i> allergen extract. Sensitivity and Specificity Study of prick-test diagnosis preparation.		
<b>Investigator(s):</b> Manuel Boquete, MD, PhD		
<b>Study centre(s):</b> Service of Allergy, Hospital "Lucus Augusti" (Lugo, Spain)		
<b>Publication</b> (reference): N/A		
Study period: From September 2015 to April 2016	<b>Phase of development :</b>	II-III(dose-finding/confirming)
<b>Date of first enrolment:</b> 03/09/2015		
<b>Date of last completed:</b> 30/04/2016		
<b>Objectives:</b> To assess the Sensitivity and Specificity of 4 different concentrations of the skin prick test preparation of <i>Betula verrucosa</i> .		
<b>Methodology:</b> Open, prospective, unblinded and non-randomized biological assay. Each patient was tested with four concentrations of allergen and with a histamine and saline solution as positive and negative controls, respectively.		
<b>Number of subjects:</b> Two hundred and one subjects were included in the study. There were no dropouts.		
<b>Diagnosis:</b> Screening based on subjects already diagnosed as allergic or not to birch pollen.		
<b>Criteria for inclusion:</b>		

The study was conducted in allergic patients already diagnosed to be “true allergic” to birch pollen (CH+) and patients already diagnosed to be “true non-allergic” (CH-) to birch pollen.

- True positive subjects (CH+) met the criteria of:
  - Clinical history of symptomatology related to the exposure to the environmental presence of the birch pollen.
  - Previous skin prick test positive reaction with the extract of *Betula verrucosa* used as diagnosis in normal clinical conditions in the hospital.
  - Presence of serum specific IgE (CAP System) to the pollen extract of *Betula verrucosa*.
  - Subjects without immunotherapy treatment with an allergen extract of birch pollen.
- True negative subjects (CH-) meet the criteria of:
  - Clinical history of symptomatology related to the exposure to the environmental presence of the pollen of grasses or other perennial allergens (mites, danders) but not to the pollen of birch.
  - Previous skin prick test negative reaction with the extract of *Betula verrucosa* used in as diagnosis in normal clinical conditions in the hospital.
  - Absence or undetectable serum specific IgE (CAP System) to the pollen extract of *Betula verrucosa*.

Patients of both gender aged from 5 up to 70 years.

A mean wheal diameter  $\geq 3$  mm obtained in a prick test with histamine dihydrochloride 10 mg/ml.

**Test product, dose, mode of administration:**

The investigational product contained the allergen extract of the pollen of *Betula verrucosa* and was tested by administration onto skin. The trial was carried out on the forearm following prick test technique.

The allergen extract of the pollen of *Betula verrucosa* was tested in four concentrations (100, 50, 25 and 10 HEP/mL).

**Reference therapy, dose, mode of administration:**

Positive control and negative controls were tested onto skin in the same way as the investigational product. The positive control contains histamine dihydrochloride 10 mg/ml in diluent solution and the negative control contained the diluent: NaCl 0.9%, phenol 0.4% and glycerol 50%.

**Criteria for evaluation:**

The primary endpoint was the positivity or not of the skin prick test. A test was positive when length of the major diameter of the wheal induced by each allergen concentration was  $\geq 3\text{mm}$  (corresponding to a wheal size  $\geq 7\text{ mm}^2$ ).

**Statistical parameters evaluated:**

Evaluation of the parameters of Sensitivity, Specificity, Efficiency, Predictive Positive Value, Predictive Negative Value.

**SUMMARY CONCLUSIONS:****EFFICACY RESULTS:**

The concentrations (50, 25 and 10 HEP/mL) provided 100% specificity and 100 HEP/mL was 99%. Sensitivity was very good with the highest concentrations (100 and 50 HEP/mL) and decreased in the lowest concentrations.

The best efficiency values were for 100 and 50 HEP (99%, for both concentrations).

**SAFETY RESULTS:**

No adverse events occurred.

**CONCLUSION:**

Based on this results, the concentration of 50 HEP/mL was chosen as the preparation for *in vivo* (skin prick tests) diagnosis of allergy to birch pollen.