



Clinical trial results:

A 32-week randomised, multinational, treat-to-target, open label, parallel group comparison of stepwise insulin intensification of biphasic insulin aspart (BIAsp) 30 and basal-bolus therapy with insulin glargine and insulin aspart in insulin naïve type 2 diabetic patients inadequately controlled on oral anti-diabetic therapy

Summary

| | |
|--------------------------|-------------------|
| EudraCT number | 2014-003708-62 |
| Trial protocol | BG HU |
| Global end of trial date | 21 September 2016 |

Results information

| | |
|--------------------------------|-----------------|
| Result version number | v1 (current) |
| This version publication date | 14 October 2017 |
| First version publication date | 14 October 2017 |

Trial information

Trial identification

| | |
|-----------------------|------------|
| Sponsor protocol code | BIAsp-4157 |
|-----------------------|------------|

Additional study identifiers

| | |
|------------------------------------|-----------------|
| ISRCTN number | - |
| ClinicalTrials.gov id (NCT number) | NCT02453685 |
| WHO universal trial number (UTN) | U1111-1158-7280 |

Notes:

Sponsors

| | |
|------------------------------|--|
| Sponsor organisation name | Novo Nordisk A/S |
| Sponsor organisation address | Novo Allé, Bagsvaerd, Denmark, 2880 |
| Public contact | Global Clinical Registry (GCR, 1452), Novo Nordisk A/S, clinicaltrials@novonordisk.com |
| Scientific contact | Global Clinical Registry (GCR, 1452), Novo Nordisk A/S, clinicaltrials@novonordisk.com |

Notes:

Paediatric regulatory details

| | |
|--|----|
| Is trial part of an agreed paediatric investigation plan (PIP) | No |
| Does article 45 of REGULATION (EC) No 1901/2006 apply to this trial? | No |
| Does article 46 of REGULATION (EC) No 1901/2006 apply to this trial? | No |

Notes:

Results analysis stage

| | |
|--|-------------------|
| Analysis stage | Final |
| Date of interim/final analysis | 22 February 2017 |
| Is this the analysis of the primary completion data? | Yes |
| Primary completion date | 21 September 2016 |
| Global end of trial reached? | Yes |
| Global end of trial date | 21 September 2016 |
| Was the trial ended prematurely? | No |

Notes:

General information about the trial

Main objective of the trial:

To compare the effect of intensification with BIAsp 30 versus intensification with basal bolus insulin analogues (insulin glargine [IGlar] and insulin aspart [IASp]) on glycaemic control.

Protection of trial subjects:

The trial was conducted in accordance with the Declaration of Helsinki (2013) and ICH Good Clinical Practice (1996) and FDA 21 CFR 312.120.

Background therapy:

Pre-trial treatment with metformin and sulphonylurea (SU) were continued as background treatment throughout the entire trial.

Evidence for comparator:

Not applicable

| | |
|---|-------------------|
| Actual start date of recruitment | 01 September 2015 |
| Long term follow-up planned | No |
| Independent data monitoring committee (IDMC) involvement? | No |

Notes:

Population of trial subjects

Subjects enrolled per country

| | |
|--------------------------------------|--------------------------|
| Country: Number of subjects enrolled | United Arab Emirates: 31 |
| Country: Number of subjects enrolled | Australia: 15 |
| Country: Number of subjects enrolled | Bulgaria: 42 |
| Country: Number of subjects enrolled | Hungary: 35 |
| Country: Number of subjects enrolled | India: 66 |
| Country: Number of subjects enrolled | Korea, Republic of: 31 |
| Country: Number of subjects enrolled | Serbia: 52 |
| Country: Number of subjects enrolled | Thailand: 23 |
| Country: Number of subjects enrolled | Turkey: 40 |
| Worldwide total number of subjects | 335 |
| EEA total number of subjects | 77 |

Notes:

Subjects enrolled per age group

| | |
|--|---|
| In utero | 0 |
| Preterm newborn - gestational age < 37 | 0 |

| | |
|--|-----|
| wk | |
| Newborns (0-27 days) | 0 |
| Infants and toddlers (28 days-23 months) | 0 |
| Children (2-11 years) | 0 |
| Adolescents (12-17 years) | 0 |
| Adults (18-64 years) | 257 |
| From 65 to 84 years | 78 |
| 85 years and over | 0 |

Subject disposition

Recruitment

Recruitment details:

The trial was conducted at 41 sites in 9 countries, as follows: Australia: 4 sites; Bulgaria: 5 sites; Hungary: 3 sites; India: 7 sites; Korea, Republic of: 4 sites; Serbia: 5 sites; Thailand: 4 sites; Turkey: 5 sites; United Arab Emirates: 4 sites.

Pre-assignment

Screening details:

Not applicable

Period 1

| | |
|------------------------------|--------------------------------|
| Period 1 title | Overall study (overall period) |
| Is this the baseline period? | Yes |
| Allocation method | Randomised - controlled |
| Blinding used | Not blinded |

Blinding implementation details:

Not applicable

Arms

| | |
|------------------------------|----------|
| Are arms mutually exclusive? | Yes |
| Arm title | BIAsp 30 |

Arm description:

Subjects received subcutaneous (s.c.) injection of biphasic insulin aspart 30 (BIAsp 30 - a mixture of soluble IAsp 30% and protaminated IAsp 70%) during a 32-week treatment period (divided into 4 periods of 8 weeks each). Subjects started treatment with 1 daily injection of BIAsp 30 (starting dose 12 unit) with the largest meal.

Insulin titration: Subjects underwent a weekly insulin dose titration during the entire treatment period in order to achieve the pre-meal self-measured plasma glucose (SMPG) target of 4.4–6.1 mmol/L (80–110 mg/dL).

Insulin intensification: At the end of each 8-week period, insulin treatment was intensified in a stepwise manner by adding an additional injection of BIAsp 30 depending on whether subjects achieved the pre-defined glycaemic target (haemoglobin A1c [HbA1c]) <7.0%). Subjects had the possibility of receiving up to 3 daily injections of BIAsp 30.

Subjects continued pre-trial treatment with metformin and SU throughout the trial.

| | |
|--|--|
| Arm type | Experimental |
| Investigational medicinal product name | Biphasic insulin aspart 30 |
| Investigational medicinal product code | |
| Other name | NovoMix®30 |
| Pharmaceutical forms | Suspension for injection in pre-filled pen |
| Routes of administration | Subcutaneous use |

Dosage and administration details:

BIAsp 30 was administered as s.c. injections according to the locally approved label. The chosen region of the body where the injections were administered should remain the same throughout the trial. However, the injection site within the chosen body region should rotate or change for each administration.

| | |
|-----------|-------------|
| Arm title | Basal-bolus |
|-----------|-------------|

Arm description:

Subjects received s.c. injections of IGLar during a 32-week treatment period (divided into 4 periods of 8 weeks each). Subjects started with 1 daily injection of IGLar (administered at same point of time every day) with starting dose of 10 units.

Insulin titration: Subjects underwent a weekly insulin dose titration during the entire treatment period in order to achieve the pre-meal SMPG target of 4.4–6.1 mmol/L (80–110 mg/dL).

Insulin intensification: At the end of each 8-week period, insulin treatment was intensified in a stepwise manner by adding an additional injection of IAsp depending on whether subjects achieved the pre-defined glycaemic target (HbA1c <7.0%). Subjects had the possibility of receiving 1 daily injection of IGLar plus up to 3 daily injections of IAsp.

Subjects continued their pre-trial treatment with metformin and SU throughout the trial.

| | |
|--|--|
| Arm type | Active comparator |
| Investigational medicinal product name | Insulin aspart |
| Investigational medicinal product code | |
| Other name | NovoRapid® |
| Pharmaceutical forms | Solution for injection in pre-filled pen |
| Routes of administration | Subcutaneous use |

Dosage and administration details:

IAsp was administered as s.c. injections according to the locally approved label. The chosen region of the body where the injections were administered should remain the same throughout the trial. However, the injection site within the chosen body region should rotate or change for each administration.

| | |
|--|--|
| Investigational medicinal product name | Insulin glargine |
| Investigational medicinal product code | |
| Other name | Lantus® |
| Pharmaceutical forms | Solution for injection in pre-filled pen |
| Routes of administration | Subcutaneous use |

Dosage and administration details:

IGlar was administered as s.c. injections according to the locally approved label. The chosen region of the body where the injections were administered should remain the same throughout the trial. However, the injection site within the chosen body region should rotate or change for each administration.

| Number of subjects in period 1 | BIAsp 30 | Basal-bolus |
|---------------------------------------|-----------------|--------------------|
| Started | 168 | 167 |
| Exposed | 166 | 166 |
| Completed | 149 | 155 |
| Not completed | 19 | 12 |
| Consent withdrawn by subject | 8 | 4 |
| Adverse event, non-fatal | - | 1 |
| Unclassified | 4 | 2 |
| Lost to follow-up | - | 1 |
| Protocol deviation | 7 | 4 |

Baseline characteristics

Reporting groups

| | |
|-----------------------|----------|
| Reporting group title | BIAsp 30 |
|-----------------------|----------|

Reporting group description:

Subjects received subcutaneous (s.c.) injection of biphasic insulin aspart 30 (BIAsp 30 - a mixture of soluble IAsp 30% and protaminated IAsp 70%) during a 32-week treatment period (divided into 4 periods of 8 weeks each). Subjects started treatment with 1 daily injection of BIAsp 30 (starting dose 12 unit) with the largest meal.

Insulin titration: Subjects underwent a weekly insulin dose titration during the entire treatment period in order to achieve the pre-meal self-measured plasma glucose (SMPG) target of 4.4–6.1 mmol/L (80–110 mg/dL).

Insulin intensification: At the end of each 8-week period, insulin treatment was intensified in a stepwise manner by adding an additional injection of BIAsp 30 depending on whether subjects achieved the pre-defined glycaemic target (haemoglobin A1c [HbA1c]) <7.0%). Subjects had the possibility of receiving up to 3 daily injections of BIAsp 30.

Subjects continued pre-trial treatment with metformin and SU throughout the trial.

| | |
|-----------------------|-------------|
| Reporting group title | Basal-bolus |
|-----------------------|-------------|

Reporting group description:

Subjects received s.c. injections of IGlár during a 32-week treatment period (divided into 4 periods of 8 weeks each). Subjects started with 1 daily injection of IGlár (administrated at same point of time every day) with starting dose of 10 units.

Insulin titration: Subjects underwent a weekly insulin dose titration during the entire treatment period in order to achieve the pre-meal SMPG target of 4.4–6.1 mmol/L (80–110 mg/dL).

Insulin intensification: At the end of each 8-week period, insulin treatment was intensified in a stepwise manner by adding an additional injection of IAsp depending on whether subjects achieved the pre-defined glycaemic target (HbA1c <7.0%). Subjects had the possibility of receiving 1 daily injection of IGlár plus up to 3 daily injections of IAsp.

Subjects continued their pre-trial treatment with metformin and SU throughout the trial.

| Reporting group values | BIAsp 30 | Basal-bolus | Total |
|---------------------------------------|----------|-------------|-------|
| Number of subjects | 168 | 167 | 335 |
| Age Categorical Units: Subjects | | | |
| Adults (18-64 years) | 131 | 126 | 257 |
| From 65-84 years | 37 | 41 | 78 |
| Age Continuous Units: years | | | |
| arithmetic mean | 56.6 | 56.5 | |
| standard deviation | ± 10.4 | ± 10.1 | - |
| Gender Categorical Units: Subjects | | | |
| Female | 79 | 90 | 169 |
| Male | 89 | 77 | 166 |
| HbA1c Units: Percentage of HbA1c | | | |
| arithmetic mean | 8.31 | 8.23 | |
| standard deviation | ± 0.73 | ± 0.69 | - |

End points

End points reporting groups

| | |
|-----------------------|----------|
| Reporting group title | BIAsp 30 |
|-----------------------|----------|

Reporting group description:

Subjects received subcutaneous (s.c.) injection of biphasic insulin aspart 30 (BIAsp 30 - a mixture of soluble IAsp 30% and protaminated IAsp 70%) during a 32-week treatment period (divided into 4 periods of 8 weeks each). Subjects started treatment with 1 daily injection of BIAsp 30 (starting dose 12 unit) with the largest meal.

Insulin titration: Subjects underwent a weekly insulin dose titration during the entire treatment period in order to achieve the pre-meal self-measured plasma glucose (SMPG) target of 4.4–6.1 mmol/L (80–110 mg/dL).

Insulin intensification: At the end of each 8-week period, insulin treatment was intensified in a stepwise manner by adding an additional injection of BIAsp 30 depending on whether subjects achieved the pre-defined glycaemic target (haemoglobin A1c [HbA1c]) <7.0%). Subjects had the possibility of receiving up to 3 daily injections of BIAsp 30.

Subjects continued pre-trial treatment with metformin and SU throughout the trial.

| | |
|-----------------------|-------------|
| Reporting group title | Basal-bolus |
|-----------------------|-------------|

Reporting group description:

Subjects received s.c. injections of IGlax during a 32-week treatment period (divided into 4 periods of 8 weeks each). Subjects started with 1 daily injection of IGlax (administered at same point of time every day) with starting dose of 10 units.

Insulin titration: Subjects underwent a weekly insulin dose titration during the entire treatment period in order to achieve the pre-meal SMPG target of 4.4–6.1 mmol/L (80–110 mg/dL).

Insulin intensification: At the end of each 8-week period, insulin treatment was intensified in a stepwise manner by adding an additional injection of IAsp depending on whether subjects achieved the pre-defined glycaemic target (HbA1c <7.0%). Subjects had the possibility of receiving 1 daily injection of IGlax plus up to 3 daily injections of IAsp.

Subjects continued their pre-trial treatment with metformin and SU throughout the trial.

Primary: Change from baseline in HbA1c

| | |
|-----------------|-------------------------------|
| End point title | Change from baseline in HbA1c |
|-----------------|-------------------------------|

End point description:

Change in HbA1c from baseline (week 0) to week 32. Analysis was performed on the full analysis set.

| | |
|----------------|---------|
| End point type | Primary |
|----------------|---------|

End point timeframe:

After 32 weeks of treatment

| End point values | BIAsp 30 | Basal-bolus | | |
|--------------------------------------|--------------------|--------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 164 ^[1] | 164 ^[2] | | |
| Units: Percentage of HbA1c | | | | |
| arithmetic mean (standard deviation) | -1.16 (± 0.98) | -1.3 (± 0.9) | | |

Notes:

[1] - Week 32 data after application of Last observation carried forward; 164 subjects contributed

Statistical analyses

| | |
|---|-------------------------|
| Statistical analysis title | BIAsp 30 vs Basal-bolus |
| Statistical analysis description: | |
| Analysis was performed using mixed model repeated measurements (MMRM) including treatment, region, and strata as fixed effects, HbA1c at baseline as covariate, interactions between all fixed effects and visit and using an unstructured residual covariance matrix. Below, 'treatment difference' refers to "BIAsp 30 minus Basal-bolus. | |
| Comparison groups | BIAsp 30 v Basal-bolus |
| Number of subjects included in analysis | 328 |
| Analysis specification | Pre-specified |
| Analysis type | other |
| P-value | = 0.0435 |
| Method | Mixed models analysis |
| Parameter estimate | Treatment difference |
| Point estimate | 0.18 |
| Confidence interval | |
| level | 95 % |
| sides | 2-sided |
| lower limit | 0.01 |
| upper limit | 0.36 |

Secondary: HbA1c < 7.0% without severe hypoglycaemic episodes (yes/no)

| | |
|--|---|
| End point title | HbA1c < 7.0% without severe hypoglycaemic episodes (yes/no) |
| End point description: | |
| Percentage of subjects with HbA1c below 7.0% after 32 weeks of randomised treatment without treatment emergent severe hypoglycaemic episodes during the last 12 weeks of treatment. Subjects withdrawn before 32 weeks were handled as non-responders. Severe hypoglycaemic episode was defined as an episode requiring assistance of another person to actively administer carbohydrate, glucagon, or take other corrective actions. Plasma glucose (PG) concentrations may not be available during an event, but neurological recovery following the return of PG to normal is considered sufficient evidence that the event was induced by a low PG concentration. Analysis was performed on the full analysis set. | |
| End point type | Secondary |
| End point timeframe: | |
| After 32 weeks of treatment | |

| End point values | BIAsp 30 | Basal-bolus | | |
|-------------------------------|-----------------|-----------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 168 | 167 | | |
| Units: Percentage of subjects | | | | |
| number (not applicable) | | | | |
| Yes | 42.3 | 56.3 | | |
| No | 57.7 | 43.7 | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Number of treatment emergent hypoglycaemic episodes classified according to the ADA and the Novo Nordisk definitions

| | |
|-----------------|--|
| End point title | Number of treatment emergent hypoglycaemic episodes classified according to the ADA and the Novo Nordisk definitions |
|-----------------|--|

End point description:

Hypoglycaemic episodes were classified as severe, Asymptomatic, Documented symptomatic, Pseudo, and Probable symptomatic as per ADA classification. As symptoms of hypoglycaemia occur below a PG level of 3.1 mmol/L, (56 mg/dL) Novo Nordisk classification included hypoglycaemia with plasma glucose (PG) levels below 3.1 mmol/L (56 mg/dL) in the definition of blood glucose confirmed hypoglycaemia. Hence, Novo Nordisk classification included following types of hypoglycaemia in addition to ADA classification: Severe hypoglycaemia, Symptomatic blood glucose confirmed hypoglycaemia, Asymptomatic blood glucose confirmed hypoglycaemia, Severe or blood glucose confirmed symptomatic hypoglycaemia, Blood glucose confirmed hypoglycaemia, and Severe or blood glucose confirmed hypoglycaemia. Reported data represents total of all hypoglycaemic episodes. Analysis was performed on the safety analysis set (all subjects receiving at least one dose of the investigational product or its comparator).

| | |
|----------------|-----------|
| End point type | Secondary |
|----------------|-----------|

End point timeframe:

During 32 weeks of treatment

| End point values | BIAsp 30 | Basal-bolus | | |
|-------------------------------|-----------------|-----------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 166 | 166 | | |
| Units: Hypoglycaemic episodes | | | | |
| ADA classification | 1650 | 1841 | | |
| Novo Nordisk classification | 1650 | 1841 | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Total daily insulin dose

| | |
|-----------------|--------------------------|
| End point title | Total daily insulin dose |
|-----------------|--------------------------|

End point description:

Total daily insulin dose in the basal bolus treatment group and in BIAsp 30 treatment group at each week of each treatment. Analysis was performed on the safety analysis set.

| | |
|----------------|-----------|
| End point type | Secondary |
|----------------|-----------|

End point timeframe:

During 32 weeks of treatment

| End point values | BIAsp 30 | Basal-bolus | | |
|--------------------------------------|-----------------|-----------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 166 | 166 | | |
| Units: U/kg | | | | |
| arithmetic mean (standard deviation) | | | | |
| Week 1 (n=164, 165) | 0.157 (± 0.038) | 0.127 (± 0.026) | | |
| Week 2 (n=162, 165) | 0.187 (± 0.053) | 0.167 (± 0.042) | | |
| Week 3 (n=163, 164) | 0.214 (± 0.07) | 0.197 (± 0.061) | | |
| Week 4 (n=160, 161) | 0.238 (± 0.088) | 0.224 (± 0.076) | | |
| Week 5 (n=158, 158) | 0.259 (± 0.102) | 0.244 (± 0.088) | | |
| Week 6 (n=157, 161) | 0.28 (± 0.114) | 0.264 (± 0.1) | | |
| Week 7 (n=155, 161) | 0.296 (± 0.131) | 0.281 (± 0.11) | | |
| Week 8 (n=155, 161) | 0.308 (± 0.145) | 0.296 (± 0.119) | | |
| Week 9 (n=154, 159) | 0.369 (± 0.172) | 0.339 (± 0.137) | | |
| Week 10 (n=154, 159) | 0.397 (± 0.199) | 0.365 (± 0.16) | | |
| Week 11 (n=154, 159) | 0.421 (± 0.224) | 0.391 (± 0.182) | | |
| Week 12 (n=153, 160) | 0.443 (± 0.245) | 0.413 (± 0.202) | | |
| Week 13 (n=150, 158) | 0.456 (± 0.267) | 0.425 (± 0.214) | | |
| Week 14 (n=151, 158) | 0.472 (± 0.277) | 0.439 (± 0.228) | | |
| Week 15 (n=151, 159) | 0.487 (± 0.295) | 0.455 (± 0.237) | | |
| Week 16 (n=151, 159) | 0.501 (± 0.308) | 0.468 (± 0.248) | | |
| Week 17 (n=149, 156) | 0.528 (± 0.324) | 0.496 (± 0.27) | | |
| Week 18 (n=150, 157) | 0.546 (± 0.334) | 0.516 (± 0.294) | | |
| Week 19 (n=149, 157) | 0.557 (± 0.353) | 0.532 (± 0.316) | | |
| Week 20 (n=148, 155) | 0.569 (± 0.367) | 0.544 (± 0.32) | | |
| Week 21 (n=149, 155) | 0.588 (± 0.387) | 0.563 (± 0.347) | | |
| Week 22 (n=149, 156) | 0.602 (± 0.401) | 0.58 (± 0.359) | | |

| | | | | |
|----------------------|-----------------|-----------------|--|--|
| Week 23 (n=148, 156) | 0.607 (± 0.411) | 0.59 (± 0.373) | | |
| Week 24 (n=148, 156) | 0.615 (± 0.426) | 0.605 (± 0.386) | | |
| Week 25 (n=147, 154) | 0.628 (± 0.435) | 0.618 (± 0.398) | | |
| Week 26 (n=147, 156) | 0.643 (± 0.454) | 0.643 (± 0.434) | | |
| Week 27 (n=149, 155) | 0.661 (± 0.472) | 0.653 (± 0.452) | | |
| Week 28 (n=149, 155) | 0.671 (± 0.487) | 0.664 (± 0.466) | | |
| Week 29 (n=149, 155) | 0.688 (± 0.509) | 0.674 (± 0.484) | | |
| Week 30 (n=149, 155) | 0.692 (± 0.511) | 0.682 (± 0.497) | | |
| Week 31 (n=149, 155) | 0.703 (± 0.525) | 0.693 (± 0.515) | | |
| Week 32 (n=153, 155) | 0.7 (± 0.542) | 0.708 (± 0.537) | | |

Statistical analyses

No statistical analyses for this end point

Adverse events

Adverse events information

Timeframe for reporting adverse events:

From first randomised treatment (week 0) to last randomised treatment (week 32) + 7 days.

Adverse event reporting additional description:

Safety analysis set included all subjects receiving at least one dose of the investigational product or its comparator. All the adverse events mentioned here were treatment emergent (an event that has an onset date on or after the first day of exposure to randomised treatment, and no later than 7 days after the last day of randomised treatment).

| | |
|-----------------|------------|
| Assessment type | Systematic |
|-----------------|------------|

Dictionary used

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|-----------------|--------|
| Dictionary name | MedDRA |
|-----------------|--------|

| | |
|--------------------|----|
| Dictionary version | 19 |
|--------------------|----|

Reporting groups

| | |
|-----------------------|----------|
| Reporting group title | BIAsp 30 |
|-----------------------|----------|

Reporting group description:

Subjects received s.c. injection of BIAsp 30 (a mixture of soluble IAsp 30% and protaminated IAsp 70%) during a 32-week treatment period (divided into 4 periods of 8 weeks each). Subjects started treatment with 1 daily injection of BIAsp 30 (starting dose 12 unit) with the largest meal.

Insulin titration: Subjects underwent a weekly insulin dose titration during the entire treatment period in order to achieve the pre-meal SMPG target of 4.4–6.1 mmol/L (80–110 mg/dL).

Insulin intensification: At the end of each 8-week period, insulin treatment was intensified in a stepwise manner by adding an additional injection of BIAsp 30 depending on whether subjects achieved the pre-defined glycaemic target (HbA1c <7.0%). Subjects had the possibility of receiving up to 3 daily injections of BIAsp 30.

Subjects continued their pre-trial treatment with metformin and SU throughout the trial.

| | |
|-----------------------|-------------|
| Reporting group title | Basal-bolus |
|-----------------------|-------------|

Reporting group description:

Subjects received s.c. injections of IGLar during a 32-week treatment period (divided into 4 periods of 8 weeks each). Subjects started with 1 daily injection of IGLar (administrated at same point of time every day) with starting dose of 10 units.

Insulin titration: Subjects underwent a weekly insulin dose titration during the entire treatment period in order to achieve the pre-meal SMPG target of 4.4–6.1 mmol/L (80–110 mg/dL).

Insulin intensification: At the end of each 8-week period, insulin treatment was intensified in a stepwise manner by adding an additional injection of IAsp depending on whether subjects achieved the pre-defined glycaemic target (HbA1c <7.0%). Subjects had the possibility of receiving 1 daily injection of IGLar plus up to 3 daily injections of IAsp.

Subjects continued their pre-trial treatment with metformin and SU throughout the trial.

| Serious adverse events | BIAsp 30 | Basal-bolus | |
|---|------------------|------------------|--|
| Total subjects affected by serious adverse events | | | |
| subjects affected / exposed | 14 / 166 (8.43%) | 12 / 166 (7.23%) | |
| number of deaths (all causes) | 0 | 1 | |
| number of deaths resulting from adverse events | 0 | 0 | |
| Neoplasms benign, malignant and unspecified (incl cysts and polyps) | | | |

| | | | |
|--|-----------------|-----------------|--|
| Invasive breast carcinoma subjects affected / exposed | 1 / 166 (0.60%) | 0 / 166 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Injury, poisoning and procedural complications | | | |
| Fall | | | |
| subjects affected / exposed | 0 / 166 (0.00%) | 1 / 166 (0.60%) | |
| occurrences causally related to treatment / all | 0 / 0 | 0 / 1 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Femur fracture | | | |
| subjects affected / exposed | 1 / 166 (0.60%) | 0 / 166 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Hip fracture | | | |
| subjects affected / exposed | 0 / 166 (0.00%) | 1 / 166 (0.60%) | |
| occurrences causally related to treatment / all | 0 / 0 | 0 / 1 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Road traffic accident | | | |
| subjects affected / exposed | 1 / 166 (0.60%) | 0 / 166 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Thermal burn | | | |
| subjects affected / exposed | 1 / 166 (0.60%) | 0 / 166 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Vascular disorders | | | |
| Deep vein thrombosis | | | |
| subjects affected / exposed | 0 / 166 (0.00%) | 1 / 166 (0.60%) | |
| occurrences causally related to treatment / all | 0 / 0 | 0 / 1 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Hypertension | | | |
| subjects affected / exposed | 1 / 166 (0.60%) | 0 / 166 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |

| | | | |
|---|-----------------|-----------------|--|
| Cardiac disorders | | | |
| Angina pectoris | | | |
| subjects affected / exposed | 2 / 166 (1.20%) | 0 / 166 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 2 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Atrial fibrillation | | | |
| subjects affected / exposed | 1 / 166 (0.60%) | 0 / 166 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Nervous system disorders | | | |
| Cerebellar infarction | | | |
| subjects affected / exposed | 0 / 166 (0.00%) | 1 / 166 (0.60%) | |
| occurrences causally related to treatment / all | 0 / 0 | 0 / 1 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 1 | |
| Diabetic neuropathy | | | |
| subjects affected / exposed | 1 / 166 (0.60%) | 0 / 166 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Hypoglycaemic seizure | | | |
| subjects affected / exposed | 0 / 166 (0.00%) | 3 / 166 (1.81%) | |
| occurrences causally related to treatment / all | 0 / 0 | 1 / 8 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Hypoglycaemic unconsciousness | | | |
| subjects affected / exposed | 0 / 166 (0.00%) | 2 / 166 (1.20%) | |
| occurrences causally related to treatment / all | 0 / 0 | 3 / 3 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Eye disorders | | | |
| Cataract | | | |
| subjects affected / exposed | 1 / 166 (0.60%) | 1 / 166 (0.60%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 1 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Retinal detachment | | | |

| | | | |
|---|-----------------|-----------------|--|
| subjects affected / exposed | 1 / 166 (0.60%) | 0 / 166 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Gastrointestinal disorders | | | |
| Gastritis erosive | | | |
| subjects affected / exposed | 0 / 166 (0.00%) | 1 / 166 (0.60%) | |
| occurrences causally related to treatment / all | 0 / 0 | 0 / 1 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Inguinal hernia | | | |
| subjects affected / exposed | 1 / 166 (0.60%) | 0 / 166 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Pancreatitis acute | | | |
| subjects affected / exposed | 1 / 166 (0.60%) | 1 / 166 (0.60%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 1 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Respiratory, thoracic and mediastinal disorders | | | |
| Acute respiratory failure | | | |
| subjects affected / exposed | 1 / 166 (0.60%) | 0 / 166 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Chronic obstructive pulmonary disease | | | |
| subjects affected / exposed | 1 / 166 (0.60%) | 0 / 166 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Respiratory failure | | | |
| subjects affected / exposed | 1 / 166 (0.60%) | 0 / 166 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Restrictive pulmonary disease | | | |
| subjects affected / exposed | 1 / 166 (0.60%) | 0 / 166 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |

| | | | |
|---|-----------------|-----------------|--|
| Hepatobiliary disorders | | | |
| Cholangitis | | | |
| subjects affected / exposed | 1 / 166 (0.60%) | 0 / 166 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Cholecystitis acute | | | |
| subjects affected / exposed | 1 / 166 (0.60%) | 0 / 166 (0.00%) | |
| occurrences causally related to treatment / all | 0 / 1 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Skin and subcutaneous tissue disorders | | | |
| Diabetic foot | | | |
| subjects affected / exposed | 0 / 166 (0.00%) | 2 / 166 (1.20%) | |
| occurrences causally related to treatment / all | 0 / 0 | 0 / 2 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Infections and infestations | | | |
| Anal abscess | | | |
| subjects affected / exposed | 0 / 166 (0.00%) | 1 / 166 (0.60%) | |
| occurrences causally related to treatment / all | 0 / 0 | 0 / 1 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Cellulitis | | | |
| subjects affected / exposed | 0 / 166 (0.00%) | 1 / 166 (0.60%) | |
| occurrences causally related to treatment / all | 0 / 0 | 0 / 1 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |
| Metabolism and nutrition disorders | | | |
| Hypoglycaemia | | | |
| subjects affected / exposed | 2 / 166 (1.20%) | 0 / 166 (0.00%) | |
| occurrences causally related to treatment / all | 2 / 2 | 0 / 0 | |
| deaths causally related to treatment / all | 0 / 0 | 0 / 0 | |

Frequency threshold for reporting non-serious adverse events: 5 %

| Non-serious adverse events | BIAsp 30 | Basal-bolus | |
|---|-------------------|-------------------|--|
| Total subjects affected by non-serious adverse events | | | |
| subjects affected / exposed | 37 / 166 (22.29%) | 40 / 166 (24.10%) | |
| Nervous system disorders | | | |

| | | | |
|---|---|---|--|
| Headache subjects affected / exposed occurrences (all) | 12 / 166 (7.23%) 24 | 15 / 166 (9.04%) 27 | |
| Gastrointestinal disorders Diarrhoea subjects affected / exposed occurrences (all) | 10 / 166 (6.02%) 19 | 11 / 166 (6.63%) 12 | |
| Musculoskeletal and connective tissue disorders Arthralgia subjects affected / exposed occurrences (all) Back pain subjects affected / exposed occurrences (all) | 11 / 166 (6.63%) 16 11 / 166 (6.63%) 13 | 6 / 166 (3.61%) 7 8 / 166 (4.82%) 9 | |
| Infections and infestations Nasopharyngitis subjects affected / exposed occurrences (all) Upper respiratory tract infection subjects affected / exposed occurrences (all) | 21 / 166 (12.65%) 31 11 / 166 (6.63%) 15 | 18 / 166 (10.84%) 27 11 / 166 (6.63%) 13 | |

More information

Substantial protocol amendments (globally)

Were there any global substantial amendments to the protocol? No

Interruptions (globally)

Were there any global interruptions to the trial? No

Limitations and caveats

None reported