



## Clinical trial results:

### Perioperative fluid management in patients receiving major abdominal surgery – Effects of normal saline versus an acetate buffered balanced infusion solution on the necessity of catecholamines for cardiocirculatory support

#### Summary

|                          |                |
|--------------------------|----------------|
| EudraCT number           | 2014-004867-19 |
| Trial protocol           | AT             |
| Global end of trial date | 28 April 2016  |

#### Results information

|                                   |  |
|-----------------------------------|--|
| Result version number             | v1 (current)                             |
| This version publication date     | 26 October 2017                          |
| First version publication date    | 26 October 2017                          |
| Summary attachment (see zip file) | Summary (KATECHOL_Abstract_Eudract.docx) |

#### Trial information

##### Trial identification

|                       |             |
|-----------------------|-------------|
| Sponsor protocol code | v1330032015 |
|-----------------------|-------------|

##### Additional study identifiers

|                                    |   |
|------------------------------------|---|
| ISRCTN number                      | - |
| ClinicalTrials.gov id (NCT number) | - |
| WHO universal trial number (UTN)   | - |

Notes:

#### Sponsors

|                              |   |
|------------------------------|---|
| Sponsor organisation name    | Medical University of Vienna  |
| Sponsor organisation address | Waehringerguertel 18-22, Vienna, Austria,   |
| Public contact               | Head of Department, Clinic for General Anesthesiology, Intensive Care and Pain Management, 0041 140100, anesthesie@meduniwien.ac.at |
| Scientific contact           | Head of Department, Clinic for General Anesthesiology, Intensive Care and Pain Management, 0041 140100, anesthesie@meduniwien.ac.at |

Notes:

#### Paediatric regulatory details

|  |    |
|--|----|
| Is trial part of an agreed paediatric investigation plan (PIP)       | No |
| Does article 45 of REGULATION (EC) No 1901/2006 apply to this trial? | No |
| Does article 46 of REGULATION (EC) No 1901/2006 apply to this trial? | No |

Notes:

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**Results analysis stage**

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|  |                |
|--|----------------|
| Analysis stage                                       | Final          |
| Date of interim/final analysis                       | 28 August 2017 |
| Is this the analysis of the primary completion data? | Yes            |
| Primary completion date                              | 28 April 2016  |
| Global end of trial reached?                         | Yes            |
| Global end of trial date                             | 28 April 2016  |
| Was the trial ended prematurely?                     | Yes            |

Notes:

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**General information about the trial**

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Main objective of the trial:

In this study we want to clarify whether a balanced type fluid solution for perioperative fluid management of patients receiving major abdominal surgery is associated with a lower incidence of need for catecholamines for hemodynamic stability than use of isotonic saline.

Protection of trial subjects:

Patients were monitored closely during and after operation.

Background therapy: -

Evidence for comparator: -

|   |               |
|---|---------------|
| Actual start date of recruitment                          | 01 March 2015 |
| Long term follow-up planned                               | No            |
| Independent data monitoring committee (IDMC) involvement? | Yes           |

Notes:

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**Population of trial subjects**

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**Subjects enrolled per country**

|                                      |             |
|--------------------------------------|-------------|
| Country: Number of subjects enrolled | Austria: 60 |
| Worldwide total number of subjects   | 60          |
| EEA total number of subjects         | 60          |

Notes:

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**Subjects enrolled per age group**

|   |    |
|---|----|
| In utero                                  | 0  |
| Preterm newborn - gestational age < 37 wk | 0  |
| Newborns (0-27 days)                      | 0  |
| Infants and toddlers (28 days-23 months)  | 0  |
| Children (2-11 years)                     | 0  |
| Adolescents (12-17 years)                 | 0  |
| Adults (18-64 years)                      | 45 |
| From 65 to 84 years                       | 15 |
| 85 years and over                         | 0  |

## Subject disposition

### Recruitment

Recruitment details:

All patients scheduled for open elective major abdominal surgery and expected to last a minimum of 2 hours were included in the study.

### Pre-assignment

Screening details:

Major general surgery includes complex visceral resection, partial or total colectomy, stomach surgery, small bowel resection, open gall-bladder resection, splenectomy, adrenalectomy and regional lymphnode dissection, major urological or gynecological surgery.

### Period 1

|                              |                                 |
|------------------------------|---------------------------------|
| Period 1 title               | periooperative (overall period) |
| Is this the baseline period? | Yes                             |
| Allocation method            | Randomised - controlled         |
| Blinding used                | Double blind                    |
| Roles blinded                | Subject, Investigator           |

### Arms

|  |                   |
|--|-------------------|
| Are arms mutually exclusive?           | Yes               |
| <b>Arm title</b>                       | 0.9% NaCl         |
| Arm description: -                     |                   |
| Arm type                               | Active comparator |
| Investigational medicinal product name | 0.9% NaCl         |
| Investigational medicinal product code |                   |
| Other name                             | normal saline     |
| Pharmaceutical forms                   | Infusion          |
| Routes of administration               | Intravenous use   |

Dosage and administration details:

During the perioperative periode patients received a baseline infusion and fluid resuscitation with the study fluid.

|  |                   |
|--|-------------------|
| <b>Arm title</b>                       | acetate-buffered  |
| Arm description: -                     |                   |
| Arm type                               | Active comparator |
| Investigational medicinal product name | Elomel isoton     |
| Investigational medicinal product code |                   |
| Other name                             |                   |
| Pharmaceutical forms                   | Infusion          |
| Routes of administration               | Intravenous use   |

Dosage and administration details:

During the perioperative period patients received a continous infusion and fluid resuscitation with the study fluid.

| <b>Number of subjects in period 1</b> | 0.9% NaCl | acetate-buffered |
|---------------------------------------|-----------|------------------|
| Started                               | 30        | 30               |
| Completed                             | 30        | 30               |

## Baseline characteristics

## End points

### End points reporting groups

|                                |                  |
|--------------------------------|------------------|
| Reporting group title          | 0.9% NaCl        |
| Reporting group description: - |                  |
| Reporting group title          | acetate-buffered |
| Reporting group description: - |                  |

### Primary: need for vasocative agents

|                        |                                 |
|------------------------|---------------------------------|
| End point title        | need for vasocative agents      |
| End point description: |                                 |
| End point type         | Primary                         |
| End point timeframe:   | during the perioperative period |

| End point values            | 0.9% NaCl       | acetate-buffered |  |  |
|-----------------------------|-----------------|------------------|--|--|
| Subject group type          | Reporting group | Reporting group  |  |  |
| Number of subjects analysed | 30              | 30               |  |  |
| Units: 1                    | 97              | 67               |  |  |

### Statistical analyses

|   |                              |
|---|------------------------------|
| Statistical analysis title              | Wilcoxon                     |
| Comparison groups                       | 0.9% NaCl v acetate-buffered |
| Number of subjects included in analysis | 60                           |
| Analysis specification                  | Pre-specified                |
| Analysis type                           | equivalence                  |
| P-value                                 | < 0.05                       |
| Method                                  | Wilcoxon (Mann-Whitney)      |

### Secondary: cumulative dose of vasoactive agents

|                        |                                      |
|------------------------|--------------------------------------|
| End point title        | cumulative dose of vasoactive agents |
| End point description: |                                      |
| End point type         | Secondary                            |
| End point timeframe:   | perioperative period                 |

| End point values                | 0.9% NaCl                      | acetate-buffered                   |  |  |
|---------------------------------|--------------------------------|------------------------------------|--|--|
| Subject group type              | Reporting group                | Reporting group                    |  |  |
| Number of subjects analysed     | 30                             | 30                                 |  |  |
| Units: ng/ml/min                |                                |                                    |  |  |
| number (confidence interval 5%) | 0.000502<br>(0.0004 to 0.0006) | 0.000044<br>(0.000034 to 0.000058) |  |  |

### Statistical analyses

No statistical analyses for this end point

### Secondary: changes in electrolyte and acid base status

|                        |   |
|------------------------|---|
| End point title        | changes in electrolyte and acid base status |
| End point description: |   |
| End point type         | Secondary                                   |
| End point timeframe:   |   |
| perioperative periode  |   |

| End point values            | 0.9% NaCl       | acetate-buffered |  |  |
|-----------------------------|-----------------|------------------|--|--|
| Subject group type          | Reporting group | Reporting group  |  |  |
| Number of subjects analysed | 30              | 30               |  |  |
| Units: mmol/l               |                 |                  |  |  |
| number (not applicable)     | 30              | 0                |  |  |

### Statistical analyses

No statistical analyses for this end point

### Secondary: unexpected ICU transfers

|                        |                          |
|------------------------|--------------------------|
| End point title        | unexpected ICU transfers |
| End point description: |                          |
| End point type         | Secondary                |
| End point timeframe:   |                          |
| perioperative period   |                          |

| <b>End point values</b>     | 0.9% NaCl       | acetate-<br>buffered |  |  |
|-----------------------------|-----------------|----------------------|--|--|
| Subject group type          | Reporting group | Reporting group      |  |  |
| Number of subjects analysed | 30              | 30                   |  |  |
| Units: count                | 1               | 1                    |  |  |

### Statistical analyses

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No statistical analyses for this end point



## Adverse events

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### Adverse events information<sup>[1]</sup>

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Timeframe for reporting adverse events:

From the start of anesthesia to the end of anesthesia.

|                 |            |
|-----------------|------------|
| Assessment type | Systematic |
|-----------------|------------|

### Dictionary used

|                 |        |
|-----------------|--------|
| Dictionary name | MedDRA |
|-----------------|--------|

|                    |   |
|--------------------|---|
| Dictionary version | 1 |
|--------------------|---|

Frequency threshold for reporting non-serious adverse events: 5 %

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#### Notes:

[1] - There are no non-serious adverse events recorded for these results. It is expected that there will be at least one non-serious adverse event reported.

Justification: No serious adverse events were recorded: In this trial, the following events were considered to be efficacy and safety outcomes and are not considered an SAE: hypotension, shock, need for intropes, need for kolloid fluids, need for blood transfusion, need for expected and unexpected intensive care unit transfer.

## More information

### Substantial protocol amendments (globally)

Were there any global substantial amendments to the protocol? No

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### Interruptions (globally)

Were there any global interruptions to the trial? No

### Limitations and caveats

None reported