



Clinical trial results:

A randomised controlled trial to assess the clinical and cost effectiveness of topical lactic acid gel for treating second and subsequent episodes of bacterial vaginosis

Summary

| | |
|--------------------------|------------------|
| EudraCT number | 2016-004483-19 |
| Trial protocol | GB |
| Global end of trial date | 26 February 2020 |

Results information

| | |
|--------------------------------|------------------|
| Result version number | v1 (current) |
| This version publication date | 18 December 2021 |
| First version publication date | 18 December 2021 |

Trial information

Trial identification

| | |
|-----------------------|---------|
| Sponsor protocol code | RRK5908 |
|-----------------------|---------|

Additional study identifiers

| | |
|------------------------------------|----------------|
| ISRCTN number | ISRCTN14161293 |
| ClinicalTrials.gov id (NCT number) | - |
| WHO universal trial number (UTN) | - |

Notes:

Sponsors

| | |
|------------------------------|--|
| Sponsor organisation name | University Hospitals Birmingham NHS Foundation Trust |
| Sponsor organisation address | 1st Floor Institute of Translational Medicine, Mindelsohn Way, Edgbaston, Birmingham, United Kingdom, B15 2TH |
| Public contact | VITA Trial Manager, Nottingham Clinical Trials Unit, vita@nottingham.ac.uk |
| Scientific contact | Professor Jonathan Ross (Chief Investigator for VITA trial), University Hospitals Birmingham NHS Foundation Trust, Jonathan.Ross@uhb.nhs.uk |

Notes:

Paediatric regulatory details

| | |
|--|----|
| Is trial part of an agreed paediatric investigation plan (PIP) | No |
| Does article 45 of REGULATION (EC) No 1901/2006 apply to this trial? | No |
| Does article 46 of REGULATION (EC) No 1901/2006 apply to this trial? | No |

Notes:

Results analysis stage

| | |
|--|------------------|
| Analysis stage | Final |
| Date of interim/final analysis | 04 March 2020 |
| Is this the analysis of the primary completion data? | No |
| Global end of trial reached? | Yes |
| Global end of trial date | 26 February 2020 |
| Was the trial ended prematurely? | Yes |

Notes:

General information about the trial

Main objective of the trial:

The principle objective of the study is to determine whether intravaginal lactic acid gel is better than oral metronidazole for symptomatic resolution of recurrent bacterial vaginosis.

Protection of trial subjects:

None required.

Background therapy:

None.

Evidence for comparator:

The control group received a 7 day course of twice daily 400mg oral metronidazole. This was chosen as the comparator because it is recommended as first line therapy in the UK national BV treatment guideline, active against a wide range of the anaerobic bacteria associated with BV, and commonly used in clinical practice supported by evidence from randomised controlled trials.

| | |
|---|-------------------|
| Actual start date of recruitment | 01 September 2017 |
| Long term follow-up planned | No |
| Independent data monitoring committee (IDMC) involvement? | Yes |

Notes:

Population of trial subjects

Subjects enrolled per country

| | |
|--------------------------------------|---------------------|
| Country: Number of subjects enrolled | United Kingdom: 518 |
| Worldwide total number of subjects | 518 |
| EEA total number of subjects | 0 |

Notes:

Subjects enrolled per age group

| | |
|---|-----|
| In utero | 0 |
| Preterm newborn - gestational age < 37 wk | 0 |
| Newborns (0-27 days) | 0 |
| Infants and toddlers (28 days-23 months) | 0 |
| Children (2-11 years) | 0 |
| Adolescents (12-17 years) | 3 |
| Adults (18-64 years) | 515 |
| From 65 to 84 years | 0 |

Subject disposition

Recruitment

Recruitment details:

Recruitment took place between October 2017 and June 2019. The original planned end of recruitment was November 2019. Recruitment finished early after the DMC reviewed unblinded trial data at a planned meeting, and recommended early stopping as the primary question had been answered; this was agreed by the TSC. There were no safety concerns.

Pre-assignment

Screening details:

3141 approached. Of these 2618 did not participate: Did not have history of BV = 695; Receiving antibiotics/antifungals = 418; Not interested = 248; Using topical antibiotics/antifungals = 209; Takes too much time = 192; No staff available = 178; No current clinical diagnosis of BV = 83; Other = 595.

Pre-assignment period milestones

| | |
|------------------------------|---------------------|
| Number of subjects started | 3141 ^[1] |
| Number of subjects completed | 518 |

Pre-assignment subject non-completion reasons

| | |
|----------------------------|---------------------------------|
| Reason: Number of subjects | Consent withdrawn by subject: 2 |
| Reason: Number of subjects | Did not participate: 2618 |
| Reason: Number of subjects | inclusion criteria: 3 |

Notes:

[1] - The number of subjects reported to have started the pre-assignment period are not the same as the worldwide number enrolled in the trial. It is expected that these numbers will be the same.

Justification: These are the numbers initially approached; less people took part in the trial for the reasons given.

Period 1

| | |
|------------------------------|--------------------------------|
| Period 1 title | overall trial (overall period) |
| Is this the baseline period? | Yes |
| Allocation method | Randomised - controlled |
| Blinding used | Single blind |
| Roles blinded | Data analyst ^[2] |

Blinding implementation details:

Data analyst remained blinded until after database lock.

Arms

| | |
|------------------------------|---------------|
| Are arms mutually exclusive? | Yes |
| Arm title | Metronidazole |

Arm description:

Metronidazole tablets; 400 mg to be taken orally twice daily, approximately 12 hours apart, for 7 days.

| | |
|--|-------------------|
| Arm type | Active comparator |
| Investigational medicinal product name | Metronidazole |
| Investigational medicinal product code | |
| Other name | |
| Pharmaceutical forms | Tablet |
| Routes of administration | Oral use |

Dosage and administration details:

Metronidazole tablets; 400 mg to be taken orally twice daily, approximately 12 hours apart, for 7 days.

| | |
|------------------|------------------------------|
| Arm title | Intravaginal lactic acid gel |
|------------------|------------------------------|

Arm description:

Lactic acid gel; 5ml to be inserted into the vagina before bedtime each day for 7 days.

| | |
|--|---------------------|
| Arm type | Experimental |
| Investigational medicinal product name | Lactic acid gel 5ml |
| Investigational medicinal product code | |
| Other name | |
| Pharmaceutical forms | Vaginal gel |
| Routes of administration | Vaginal use |

Dosage and administration details:

5ml gel administered through an intravaginal tube applicator, once daily before bed, for 7 days

Notes:

[2] - The roles blinded appear inconsistent with a simple blinded trial.

Justification: This is an open label trial, but the analysing statistician and laboratory staff remained blinded to treatment until after the database lock.

| Number of subjects in period 1 | Metronidazole | Intravaginal lactic acid gel |
|---|---------------|------------------------------|
| Started | 259 | 259 |
| week 2 | 258 | 257 |
| month 3 | 256 | 256 |
| month 6 | 256 | 256 |
| Completed | 256 | 256 |
| Not completed | 3 | 3 |
| Consent withdrawn by subject | 3 | 2 |
| Dissatisfied with efficacy of treatment | - | 1 |

Baseline characteristics

Reporting groups

| | |
|---|------------------------------|
| Reporting group title | Metronidazole |
| Reporting group description: Metronidazole tablets; 400 mg to be taken orally twice daily, approximately 12 hours apart, for 7 days. | |
| Reporting group title | Intravaginal lactic acid gel |
| Reporting group description: Lactic acid gel; 5ml to be inserted into the vagina before bedtime each day for 7 days. | |

| Reporting group values | Metronidazole | Intravaginal lactic acid gel | Total |
|--|---------------|------------------------------|-------|
| Number of subjects | 259 | 259 | 518 |
| Age categorical | | | |
| Units: Subjects | | | |
| In utero | 0 | 0 | 0 |
| Preterm newborn infants (gestational age < 37 wks) | 0 | 0 | 0 |
| Newborns (0-27 days) | 0 | 0 | 0 |
| Infants and toddlers (28 days-23 months) | 0 | 0 | 0 |
| Children (2-11 years) | 0 | 0 | 0 |
| Adolescents (12-17 years) | 3 | 0 | 3 |
| Adults (18-64 years) | 256 | 259 | 515 |
| From 65-84 years | 0 | 0 | 0 |
| 85 years and over | 0 | 0 | 0 |
| Age continuous | | | |
| Age at consent (must be at least 16) | | | |
| Units: years | | | |
| arithmetic mean | 29.0 | 29.4 | - |
| standard deviation | ± 8.41 | ± 8.12 | - |
| Gender categorical | | | |
| Units: Subjects | | | |
| Female | 259 | 259 | 518 |
| Male | 0 | 0 | 0 |
| Ethnicity | | | |
| Categories were combined to aid anonymity. | | | |
| Units: Subjects | | | |
| White | 125 | 126 | 251 |
| Black | 89 | 78 | 167 |
| Other | 45 | 54 | 99 |
| Not recorded | 0 | 1 | 1 |

End points

End points reporting groups

| | |
|---|------------------------------|
| Reporting group title | Metronidazole |
| Reporting group description: Metronidazole tablets; 400 mg to be taken orally twice daily, approximately 12 hours apart, for 7 days. | |
| Reporting group title | Intravaginal lactic acid gel |
| Reporting group description: Lactic acid gel; 5ml to be inserted into the vagina before bedtime each day for 7 days. | |
| Subject analysis set title | Safety set |
| Subject analysis set type | Safety analysis |
| Subject analysis set description: Treatment received at baseline (metronidazole or lactic acid gel) | |
| Subject analysis set title | As randomised |
| Subject analysis set type | Full analysis |
| Subject analysis set description: Participants analysed as randomised (metronidazole or lactic acid gel) | |

Primary: Resolution of BV symptoms by week 2

| | |
|--|-------------------------------------|
| End point title | Resolution of BV symptoms by week 2 |
| End point description: BV symptoms resolved within 2 weeks (yes/no) | |
| End point type | Primary |
| End point timeframe: Week 2 (within 2 weeks of starting treatment) | |

| End point values | Metronidazole | Intravaginal lactic acid gel | | |
|-----------------------------|--------------------|------------------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 204 ^[1] | 205 ^[2] | | |
| Units: people | | | | |
| yes | 143 | 97 | | |
| no | 61 | 108 | | |

Notes:

[1] - Treatment as randomised, responses by questionnaire and phonecall.

[2] - Treatment as randomised, responses by questionnaire and phonecall

Statistical analyses

| | |
|---|--|
| Statistical analysis title | Primary outcome adjusted risk difference |
| Statistical analysis description: A generalised estimating equation with site as panel variable and adjusted for number of BV episodes in 12 months before baseline (0, 1-3, >3) and female partner in 12 months before baseline (yes/no). | |
| Comparison groups | Metronidazole v Intravaginal lactic acid gel |

| | |
|---|----------------------------|
| Number of subjects included in analysis | 409 |
| Analysis specification | Pre-specified |
| Analysis type | superiority |
| Parameter estimate | Adjusted risk difference |
| Point estimate | -23.2 |
| Confidence interval | |
| level | 95 % |
| sides | 2-sided |
| lower limit | -32.3 |
| upper limit | -14 |
| Variability estimate | Standard error of the mean |

Secondary: Time to first recurrence of BV

| | |
|---|--------------------------------|
| End point title | Time to first recurrence of BV |
| End point description: | |
| A new episode of BV symptoms in those whose BV symptoms resolved within 2 weeks of starting treatment. | |
| Note: in the analysis the upper confidence bound that was not calculable, due to the censored observations, has been represented by 99999 since the system would not allow it to be left blank. | |
| End point type | Secondary |
| End point timeframe: | |
| Between 2 weeks and 6 months | |

| End point values | Metronidazole | Intravaginal lactic acid gel | | |
|----------------------------------|-------------------|------------------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 73 ^[3] | 50 ^[4] | | |
| Units: days | | | | |
| median (confidence interval 95%) | 92 (71 to 188) | 124 (74 to 99999) | | |

Notes:

[3] - As randomised. Data from questionnaires

[4] - As randomised, data from questionnaires.

| | |
|-----------------------------------|--|
| Attachments (see zip file) | Kaplan Meier plot: time to recurrence of symptoms/VITA |
|-----------------------------------|--|

Statistical analyses

No statistical analyses for this end point

Secondary: Number of episodes of BV symptoms within 6 months

| | |
|---|---|
| End point title | Number of episodes of BV symptoms within 6 months |
| End point description: | |
| Number of new episodes of BV symptoms within 6 months for participants whose symptoms resolved within 2 weeks | |
| End point type | Secondary |

End point timeframe:

2 weeks to 6 months

| End point values | Metronidazole | Intravaginal lactic acid gel | | |
|---------------------------------------|-------------------|------------------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 48 ^[5] | 29 ^[6] | | |
| Units: episodes | | | | |
| median (inter-quartile range (Q1-Q3)) | 1 (0 to 3) | 1 (0 to 2) | | |

Notes:

[5] - Only those with episode data at both 3 and 6 months are included.

[6] - Only those with episode data at both 3 and 6 months are included.

Statistical analyses

| Statistical analysis title | Comparison of number of new episodes |
|--|--|
| Statistical analysis description: | |
| Negative binomial regression presenting adjusted incidence rate ratio. Adjusted for: site, number of BV episodes in 12 months before baseline, female partner in 12 months before baseline | |
| Comparison groups | Metronidazole v Intravaginal lactic acid gel |
| Number of subjects included in analysis | 77 |
| Analysis specification | Pre-specified |
| Analysis type | superiority ^[7] |
| Parameter estimate | Adjusted incidence rate ratio |
| Point estimate | 0.97 |
| Confidence interval | |
| level | 95 % |
| sides | 2-sided |
| lower limit | 0.56 |
| upper limit | 1.69 |

Notes:

[7] - Uses medians. Only CI, not p-values presented.

Secondary: Number of BV treatment courses within 6 months

| End point title | Number of BV treatment courses within 6 months |
|---|--|
| End point description: | |
| Number of participant reported BV treatment courses between week 2 and 6 months per participant, for those who resolved by 2 weeks and had treatment data at both 3 and 6 months. | |
| End point type | Secondary |
| End point timeframe: | |
| 2 weeks to 6 months | |

| End point values | Metronidazole | Intravaginal lactic acid gel | | |
|---------------------------------------|-----------------|------------------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 59 | 35 | | |
| Units: treatment course | | | | |
| median (inter-quartile range (Q1-Q3)) | 1 (0 to 3) | 1 (0 to 2) | | |

Statistical analyses

| Statistical analysis title | Comparison of number of BV treatment courses |
|---|--|
| Statistical analysis description: | |
| Negative binomial regression, presenting adjusted incidence rate ratio. Adjusted for: site, number of BV episodes in 12 months before baseline, female partners in 12 months before baseline. | |
| Comparison groups | Metronidazole v Intravaginal lactic acid gel |
| Number of subjects included in analysis | 94 |
| Analysis specification | Pre-specified |
| Analysis type | superiority |
| Parameter estimate | Adjusted incidence rate ratio |
| Point estimate | 1.03 |
| Confidence interval | |
| level | 95 % |
| sides | 2-sided |
| lower limit | 0.53 |
| upper limit | 2.01 |

Secondary: Microbiological resolution of BV at week 2

| End point title | Microbiological resolution of BV at week 2 |
|--|--|
| End point description: | |
| Microbiological resolution of BV (grade 0, 1, 2 or U) on microscopy of vaginal smears at Week 2 in those with positive baseline smear for BV (grade 3) using central lab results | |
| End point type | Secondary |
| End point timeframe: | |
| week 2, for those with microbiologically confirmed BV (Ison-Hay 3) at baseline | |

| End point values | Metronidazole | Intravaginal lactic acid gel | | |
|-----------------------------|-----------------|------------------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 77 | 73 | | |
| Units: people | | | | |
| yes | 59 | 31 | | |
| no | 18 | 42 | | |

Statistical analyses

| | |
|--|--|
| Statistical analysis title | Comparison of microbiological resolution of BV |
| Statistical analysis description: Generalised estimating equation adjusted for: site and female partners in in 12 months before baseline; adding number of episodes in 12 months before baseline or vaginal douching causes the analysis to not converge. | |
| Comparison groups | Metronidazole v Intravaginal lactic acid gel |
| Number of subjects included in analysis | 150 |
| Analysis specification | Pre-specified |
| Analysis type | superiority |
| Parameter estimate | Adjusted risk difference |
| Point estimate | -34.3 |
| Confidence interval | |
| level | 95 % |
| sides | 2-sided |
| lower limit | -49.1 |
| upper limit | -19.5 |

Secondary: Prevalence of STIs at week 2

| | |
|--|------------------------------|
| End point title | Prevalence of STIs at week 2 |
| End point description: STIs included are gonorrhoea, chlamydia and trichomoniasis. Yes= have at least one of these STIs. Only includes data from sample kits that were known to be in date. | |
| End point type | Secondary |
| End point timeframe: week 2 | |

| End point values | Metronidazole | Intravaginal lactic acid gel | | |
|-----------------------------|-----------------|------------------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 108 | 111 | | |
| Units: people | | | | |
| yes | 5 | 1 | | |
| no | 103 | 110 | | |

Statistical analyses

| | |
|---|--|
| Statistical analysis title | Analysis of prevalence of STI at Week 2 |
| Statistical analysis description: logit model adjusted for: site (panel variable) and baseline STI (12 in the metronidazole group and 3 in the lactic acid group); these are the only covariates that can be included without collinearity problems. | |
| Comparison groups | Metronidazole v Intravaginal lactic acid gel |

| | |
|---|---------------------|
| Number of subjects included in analysis | 219 |
| Analysis specification | Pre-specified |
| Analysis type | superiority |
| Parameter estimate | Adjusted odds ratio |
| Point estimate | 0.15 |
| Confidence interval | |
| level | 95 % |
| sides | 2-sided |
| lower limit | 0.01 |
| upper limit | 1.6 |

Secondary: Time to resolution of BV symptoms

| | |
|--|-----------------------------------|
| End point title | Time to resolution of BV symptoms |
| End point description: Time in days to resolution of BV symptoms. | |
| End point type | Secondary |
| End point timeframe: 6 months | |

| End point values | Metronidazole | Intravaginal lactic acid gel | | |
|-----------------------------|--------------------|------------------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 192 ^[8] | 179 ^[9] | | |
| Units: days | | | | |
| median (standard error) | 14 (± 0.65) | 14 (± 3.41) | | |

Notes:

[8] - Where resolution known, but date missing time substituted with 14. If not yet resolved time censored

[9] - Where resolution known, but date missing time substituted with 14. If not yet resolved time censored

Statistical analyses

| | |
|---|--|
| Statistical analysis title | Analysis: median time to resolution of BV symptoms |
| Statistical analysis description: quantile (median) regression adjusted for: site, number of BV episodes in 12 months before baseline, female partner in 12 months before baseline, vaginal douching | |
| Comparison groups | Metronidazole v Intravaginal lactic acid gel |
| Number of subjects included in analysis | 371 |
| Analysis specification | Pre-specified |
| Analysis type | superiority |
| Parameter estimate | Adjusted median difference |
| Point estimate | 0 |
| Confidence interval | |
| level | 95 % |
| sides | 2-sided |
| lower limit | -1.9 |
| upper limit | 1.9 |

Secondary: Nausea

| | |
|-----------------|--------|
| End point title | Nausea |
|-----------------|--------|

End point description:

Nausea in the first 2 weeks as reported on the week 2 participant questionnaire. Incidence, severity, start time, duration and resolution were also reported, but only incidence given here.
Treatment as received.

| | |
|----------------|-----------|
| End point type | Secondary |
|----------------|-----------|

End point timeframe:

first 2 weeks

| End point values | Metronidazole | Intravaginal lactic acid gel | | |
|-----------------------------|-----------------|------------------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 153 | 157 | | |
| Units: people | | | | |
| yes | 50 | 13 | | |
| no | 103 | 144 | | |

Statistical analyses

No statistical analyses for this end point

Secondary: vomiting

| | |
|-----------------|----------|
| End point title | vomiting |
|-----------------|----------|

End point description:

Vomiting in the first 2 weeks as reported on the week 2 participant questionnaire. Incidence, severity, start time, duration and resolution were also reported, but only incidence given here.
Treatment as received.

| | |
|----------------|-----------|
| End point type | Secondary |
|----------------|-----------|

End point timeframe:

first 2 weeks

| End point values | Metronidazole | Intravaginal lactic acid gel | | |
|-----------------------------|-----------------|------------------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 150 | 154 | | |
| Units: people | | | | |
| yes | 9 | 2 | | |
| no | 141 | 152 | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Taste changes

End point title | Taste changes

End point description:

Taste changes in the first 2 weeks as reported on the week 2 participant questionnaire. Incidence, severity, start time, duration and resolution were also reported, but only incidence given here. Treatment as received.

End point type | Secondary

End point timeframe:

first 2 weeks

| End point values | Metronidazole | Intravaginal lactic acid gel | | |
|-----------------------------|-----------------|------------------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 155 | 158 | | |
| Units: people | | | | |
| yes | 28 | 2 | | |
| no | 127 | 156 | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Vaginal irritation

End point title | Vaginal irritation

End point description:

Vaginal irritation in the first 2 weeks as reported on the week 2 participant questionnaire. Incidence, severity, start time, duration and resolution were also reported, but only incidence given here. Treatment as received.

End point type | Secondary

End point timeframe:

within 2 weeks

| End point values | Metronidazole | Intravaginal lactic acid gel | | |
|-----------------------------|-----------------|------------------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 154 | 159 | | |
| Units: people | | | | |
| yes | 44 | 34 | | |
| no | 110 | 125 | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Abdominal pain

| | |
|---|----------------|
| End point title | Abdominal pain |
| End point description: Abdominal pain in the first 2 weeks as reported on the week 2 participant questionnaire. Incidence, severity, start time, duration and resolution were also reported, but only incidence given here. Treatment as received. | |
| End point type | Secondary |
| End point timeframe: within 2 weeks | |

| End point values | Metronidazole | Intravaginal lactic acid gel | | |
|-----------------------------|-----------------|------------------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 154 | 159 | | |
| Units: people | | | | |
| yes | 31 | 27 | | |
| no | 123 | 132 | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Diarrhoea

| | |
|--|-----------|
| End point title | Diarrhoea |
| End point description: Diarrhoea in the first 2 weeks as reported on the week 2 participant questionnaire. Incidence, severity, start time, duration and resolution were also reported, but only incidence given here. Treatment as received. | |
| End point type | Secondary |
| End point timeframe: within 2 weeks | |

| End point values | Metronidazole | Intravaginal lactic acid gel | | |
|-----------------------------|-----------------|------------------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 154 | 159 | | |
| Units: people | | | | |
| yes | 31 | 9 | | |
| no | 123 | 150 | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Adherence to treatment

| | |
|------------------------|---|
| End point title | Adherence to treatment |
| End point description: | Percentage of treatment received - out of 14 possible doses of metronidazole and 7 of lactic acid - participant reported by questionnaire. Treatment as received. |
| End point type | Secondary |
| End point timeframe: | 7 days of treatment (usually starting on day of randomisation) |

| End point values | Metronidazole | Intravaginal lactic acid gel | | |
|--------------------------------------|------------------|------------------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 157 | 161 | | |
| Units: percentage | | | | |
| arithmetic mean (standard deviation) | 94 (\pm 18.4) | 95 (\pm 12.9) | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Quality adjusted life years

| | |
|------------------------|--|
| End point title | Quality adjusted life years |
| End point description: | SF-6D utility scores were derived from the SF12 responses at baseline, 2 weeks, 3 months and 6 months, and used to obtain QALYs. |
| End point type | Secondary |
| End point timeframe: | over 6 months |

| End point values | Metronidazole | Intravaginal lactic acid gel | | |
|--------------------------------------|----------------------|------------------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 61 | 48 | | |
| Units: years | | | | |
| arithmetic mean (standard deviation) | 0.351 (\pm 0.030) | 0.348 (\pm 0.028) | | |

Statistical analyses

| Statistical analysis title | Comparison of QALYs |
|---|--|
| Statistical analysis description: | |
| Health outcomes (QALYs) were compared between treatment groups, in an ITT analysis of cost utility. | |
| Comparison groups | Metronidazole v Intravaginal lactic acid gel |
| Number of subjects included in analysis | 109 |
| Analysis specification | Pre-specified |
| Analysis type | superiority |
| Parameter estimate | Mean difference |
| Point estimate | -0.003 |
| Confidence interval | |
| level | 95 % |
| sides | 2-sided |
| lower limit | -0.013 |
| upper limit | 0.009 |

Secondary: Mean cost per participant at 6 months

| End point title | Mean cost per participant at 6 months |
|--|---------------------------------------|
| End point description: | |
| Mean cost per participant at 6 months (Comparative cost effectiveness of using intravaginal lactic acid gel versus oral metronidazole tablets at 6 months). | |
| No analysis: Cost per QALY gained not presented as ICER dominated (intravaginal lactic acid gel was found to be less effective and more costly than metronidazole at 6 months) | |
| End point type | Secondary |
| End point timeframe: | |
| 6 months | |

| End point values | Metronidazole | Intravaginal lactic acid gel | | |
|--------------------------------------|------------------------|------------------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 69 | 54 | | |
| Units: pounds sterling | | | | |
| arithmetic mean (standard deviation) | 214.48 (\pm 302.45) | 273.08 (\pm 366.14) | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Cost per participant

| | |
|---|----------------------|
| End point title | Cost per participant |
| End point description: Cost per participant (Comparative cost effectiveness of using intravaginal lactic acid gel versus oral metronidazole tablets at 2 weeks) | |
| End point type | Secondary |
| End point timeframe: 2 weeks | |

| End point values | Metronidazole | Intravaginal lactic acid gel | | |
|--------------------------------------|-----------------------|------------------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 143 | 151 | | |
| Units: Pounds sterling | | | | |
| arithmetic mean (standard deviation) | 48.00 (\pm 112.68) | 55.38 (\pm 134.89) | | |

Statistical analyses

No statistical analyses for this end point

Secondary: Cost per participant with resolved BV

| | |
|---|---------------------------------------|
| End point title | Cost per participant with resolved BV |
| End point description: Cost per participant with resolved BV (Comparative cost effectiveness of using intravaginal lactic acid gel versus oral metronidazole tablets at 2 weeks) | |
| End point type | Secondary |
| End point timeframe: 2 weeks | |

| End point values | Metronidazole | Intravaginal lactic acid gel | | |
|---|------------------------|------------------------------|--|--|
| Subject group type | Reporting group | Reporting group | | |
| Number of subjects analysed | 259 | 259 | | |
| Units: Pounds sterling | | | | |
| arithmetic mean (confidence interval 95%) | 86.94 (2.16 to 331.83) | 147.00 (3.29 to 548.04) | | |

Statistical analyses

| Statistical analysis title | Cost-effectiveness comparison |
|-----------------------------------|-------------------------------|
|-----------------------------------|-------------------------------|

Statistical analysis description:

Difference in cost per participant with resolved BV. A sampling distribution for the incremental cost-effectiveness ratio was simulated based on a bootstrapped sample. The 2.5 and 97.5 percentiles for the ratio were used to establish the 95% confidence interval for the distribution.

| | |
|---|--|
| Comparison groups | Metronidazole v Intravaginal lactic acid gel |
| Number of subjects included in analysis | 518 |
| Analysis specification | Pre-specified |
| Analysis type | equivalence |
| Parameter estimate | Mean difference |
| Point estimate | 60.06 |
| Confidence interval | |
| level | 95 % |
| sides | 2-sided |
| lower limit | -142.94 |
| upper limit | 180.54 |

Adverse events

Adverse events information^[1]

Timeframe for reporting adverse events:

Six side effects were collected by questionnaire during the first 2 weeks of the trial - reported as secondary endpoints. Serious adverse events were collected throughout the trial, though there were none.

Adverse event reporting additional description:

Side effects of nausea, vomiting, abnormal taste changes, vaginal irritation, abdominal pain and diarrhoea were recorded by the participant on the 2 week questionnaire - see secondary end points. Serious adverse events were identified from hospitalisations and other healthcare service use reported on all 3 questionnaires during the trial

| | |
|-----------------|------------|
| Assessment type | Systematic |
|-----------------|------------|

Dictionary used

| | |
|-----------------|--------------------|
| Dictionary name | No coding required |
|-----------------|--------------------|

| | |
|--------------------|-----|
| Dictionary version | N/A |
|--------------------|-----|

Frequency threshold for reporting non-serious adverse events: 5 %

Notes:

[1] - There are no non-serious adverse events recorded for these results. It is expected that there will be at least one non-serious adverse event reported.

Justification: The safety profiles of the interventions in this trial are well characterised. Metronidazole was used for its licensed indication and lactic acid gel was used within its intended use covered by the CE-mark. In order to provide secondary outcome data to compare tolerability of the two treatments, only specified Adverse Reactions (ARs) experienced during treatment with either lactic acid gel or metronidazole were reported (see secondary outcomes).

More information

Substantial protocol amendments (globally)

Were there any global substantial amendments to the protocol? No

Interruptions (globally)

Were there any global interruptions to the trial? No

Limitations and caveats

Limitations of the trial such as small numbers of subjects analysed or technical problems leading to unreliable data.

The trial was terminated early (518 randomised out of a proposed 1900), because the primary objective had been answered. This meant that data were limited for answering the secondary outcomes.

Notes: